

# ILLINOIS REGION VIII EMERGENCY MEDICAL SERVICES

# STANDING MEDICAL ORDERS

THESE STANDING MEDICAL ORDERS HAVE BEEN DEVELOPED AND APPROVED THROUGH A COLLABORATIVE PROCESS INVOLVING THE REGION VIII EMS RESOURCE HOSPITALS

CENTRAL DUPAGE EMS SYSTEM

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GOOD SAMARITAN EMS SYSTEM EDWARD HOSPITAL EMS SYSTEM

LOYOLA UNIVERSITY MEDICAL CENTER EMS SYSTEM

#### THESE SMO'S SHALL BE UTILIZED:

- ★ as written orders of a physician for treatment to be administered by authorized members of the Region 8 EMS Systems, as circumstances allow, for the treatment of the ill or injured patient.
- ★ as the prehospital standing medical orders to be initiated by System EMTs or Pre-Hospital RNs until such time that online Medical Direction is established. If online Medical Direction communications cannot be established, EMS providers shall continue to provide treatment to the degree authorized by the EMS Medical
- ★ in disaster situations as the standing medical orders for patient treatment, given that usual and customary forms of communication are not possible, in accordance with area-wide disaster plans.
- ★ as the standard operating procedures to be used by ECRNs when directing prehospital care.

System members are authorized to carry out these procedures to the extent necessitated by patient condition. Medical Direction contact should be established as soon as practicable, without endangering the patient. In some circumstances, early contact with Medical Direction can be beneficial to minimizing the time to definitive care, and these SMO's are designated as Time Sensitive by the clock graphic

It is recognized that hospice patients, patients with valid DNR/POLST orders, patients who have not responded to ALS procedures, or patients involved in a mass casualty incident (MCI) present unique circumstances that may, in the medical opinion of the Medical Direction Physician, justify deviation from these procedures, including bypassing the closest destination.

Standing Orders that are not labeled either ADULT or PEDIATRIC have elements applying to all age groups. Unless otherwise noted, PEDIATRIC patients are  $\leq$  15 years.

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### EFFECTIVE DATE: JULY 1, 2023

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#### THESE STANDING MEDICAL ORDERS ASSUME THAT CERTAIN TASKS WILL BE DONE SIMULTANEOUSLY BY EMS PROVIDERS. THE ORDER IN WHICH THE TASKS APPEAR IS NOT NECESSARILY IN THE ORDER OF NEED OR IMPORTANCE.

GENEDAL	OUTLINE FOR RADIO REPORT		
GENERAL	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: 04/01/2023	

- 1. TRANSMIT THE FOLLOWING, BEING AS CONCISE AS POSSIBLE:
- 2. Agency Name, Unit Number/Call Sign, desired destination (if different than hospital being contacted), level of care being provided
- 3. Patient age, sex, and approximate weight
- 4. Level of consciousness and orientation <u>ADULT GLASGOW COMA SCALE</u> score or <u>PEDIATRIC GLASGOW COMA SCALE</u> score
- 5. Chief complaint/Primary impression, including:
  - Symptoms
  - Mechanism of trauma/pertinent scene information
  - Pertinent negatives/associated complaints
- 6. Vital Signs
  - Blood Pressure
  - Heart Rate
  - ECG Interpretation, including 12 lead findings (if applicable)
  - Respiratory Rate
  - SpO<sub>2</sub> (if applicable)
  - EtCO<sub>2</sub> (if applicable)
  - Temperature
  - Pain Score (0-10, Wong Baker)
- 7. Cincinnati Stroke Scale/NIH Stroke Scale findings
- 8. Last Known Well (if applicable)
- 9. Blood Glucose Levels
- 10. Pupils
- 11. Lung Sounds
- 12. Skin Parameters
- 13. History
- 14. Medications
- 15. Allergies
- 16. Interventions
- 17. Medications Given
- 18. Disposition
- 19. Destination
- 20. ETA

## NOTE: When using System-specific standing orders or procedures, contact the responsible Resource Hospital



#### **GENERAL PATIENT ASSESSMENT**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### BLS / ALS

- 1. Assess and secure scene safety
- 2. Use situationally-appropriate personal protective equipment (PPE) and procedures on all patients
  - Consider **EMERGING INFECTIOUS DISEASE GUIDANCE** for all patients with complaint and symptom profiles that are similar to those diseases

#### ADULT

#### 3. Adult Initial Assessment

- Airway establish and maintain an airway. Consider **<u>SPINE MOTION</u> <u>RESTRICTION</u>** as indicated.
- Breathing assess; assist or provide ventilations as indicated; assess lung sounds
- Circulation check pulse and control hemorrhage
- Disability neurologic
  - A Alert
  - o V responds to Verbal stimuli
  - P responds to Painful stimuli
  - $\circ$  U Unresponsive
- Expose and examine as indicated
- Identify priority transports

#### 4. Focused History and Physical Exam

- SAMPLE history
  - Signs & Symptoms, Systematic head-to-toe assessment including <u>ADULT</u> <u>GLASGOW COMA SCALE</u> score or <u>PEDIATRIC GLASGOW COMA SCALE</u> score
  - $\circ$  Allergies
  - Medications
  - o Pertinent Medical History
  - o Last oral intake, Last Menstrual Period
  - Events leading to present condition
- Initial set of vital signs
- Rate pain 0-10 scale
- 5. Detailed Physical Exam (patient and injury specific when appropriate)
- 6. Ongoing Assessment
  - Reassess ABCDs

GENERAL	CONSIDERATIONS FOR PATIENTS WITH SPECIAL HEALTHCARE NEEDS		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

- Track Adults and Children with Special Healthcare Needs in your service area and become familiar with both the patient as well as their anticipated emergency care needs
- Refer to patient's emergency care plan formulated by their medical providers, if available. Understanding the patient's baseline will assist in determining the significance of altered physical findings. Parents or caregivers are the best source of information on:

 $\circ$  medications

obaseline vitals

ofunctional level/normal mentation

olikely medical complication

oequipment operation and troubleshooting

oemergency procedures

- Regardless of underlying conditions, assess in a systematic and thorough manner. Use parents/caregivers/home health nurses as medical resources
- Be prepared for differences in airway anatomy, physical development, cognitive development, and possible existing surgical alterations or mechanical adjuncts. Common home therapies include:
  - respiratory support (oxygen, apnea monitors, pulse oximeters, tracheostomies, and mechanical ventilators)
  - cardiac devices (LVADs, continuous infusions), nutrition therapy (nasogastric or gastrostomy feeding tubes)

ointravenous therapy (central venous catheters)

ourinary catheterization or dialysis (continuous ambulatory peritoneal dialysis)

obiotelemetry

oostomy care

orthotic devices

ocommunication or mobility devices

ohospice care

- Communicate with the patient in an age-appropriate manner. Maintain communication with and remain sensitive to the parents/caregivers and the patient
- The most common emergency encountered with pediatric patients is respiratory related, so familiarity with respiratory emergency interventions, adjuncts, and treatment is important and appropriate

GENERAL	STREAMLINED COMMUNICATION (FOR BLS CALLS ONLY)		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

- 1. Name and vehicle number of provider
- 2. Patient age and gender
- 3. Chief complaint/mechanism of injury
- 4. SMO being followed
- 5. Any deviation from SMO or unusual circumstances
- 6. ETA

GENEDAL	INITIATION OF ALS CARE		
GENERAL	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023	

- ALS Care should be initiated according to the following guidelines:
- 1. Patient with abnormal vital signs, regardless of complaints. The following are guidelines for adults:
  - Pulse <60 or >130 BPM; or irregularity
  - Respiratory rate <10 or >30; or irregularity
  - Systolic blood pressure <90 or >200 mmHg
- 2. Any patient with a potential life-threatening condition which exists or might develop during transport. Examples of situations in which ALS care is usually indicated include, but are not limited to:
  - Altered Mental Status and/or Unconsciousness
  - Chest Pain
  - Palpitations
  - Seizures
  - Neurologic Deficit/Stroke
  - Syncope or Near Syncope
  - Abdominal Pain
  - Shortness of Breath/Difficulty Breathing
  - Vaginal Bleeding
  - Complication of Pregnancy or Emergency Childbirth
  - GI Bleeding
  - Trauma
  - Overdose/Poisoning
- 3. In an uncooperative patient, the requirements to initiate assessment and full ALS service may be waived in favor of assuring that the patient is transported to an appropriate medical facility. Document clearly the reasons ALS care was aborted.
- 4. Discontinuing / downgrading levels of care shall only be performed with online Medical Direction.
- 5. WHEN IN DOUBT, CONSULT WITH MEDICAL DIRECTION.
- 6. Normal Saline should be given at a rate and volume necessary to maintain adequate SBP (>90 mmHg for adults, ((age in years x 2) + 70) for pediatrics). If age <12 or >60 and/or known cardiac history, check lung sounds every 200 mL.
- 7. Drug Administration Guidelines for Pediatric Patients:
  - When calculating drug dosages for pediatric patients, the maximum individual and total doses should not exceed the respective adult doses. This does not apply to IV fluid boluses (where the pediatric dose of 20 mL/kg may exceed the 200 mL adult dose).
- 8. Drug Administration Guidelines for all age ranges:
  - Any SMO reference to slow medication administration means the medication is to be given over 2 minutes.

CENEDAL	LOAD-AND-GO SITUATIONS		
GENERAL	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

- This SMO applies if circumstances demand hospital care for patient stability.
- In certain circumstances, a patient's condition may require EMS providers to omit or abbreviate certain procedures described in these SMOs.
- The decision to deviate from Standing Medical Orders must be documented thoroughly.
- This Standing Medical Order does not imply that the rate of speed of transport is accelerated, but rather, there is emphasis on rapid patient packaging and limited on-scene time (barring prolonged extrication).
  - Any deviation from Standing Medical Orders must be based on the medical judgment of the EMS provider treating the patient.

GENERAL	WITHHOLDING OR WITHDRAWING OF RESUSCITATIVE EFFORTS		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: N/A	

#### BLS / ALS

- 1. If at any time you are not certain which of these policies apply, begin treatment and contact Medical Direction for orders.
- 2. Emotional support should be provided to significant others.
- 3. Disposition of the patient will be handled according to local and county requirements.
- 4. Use of SMO must be guided by a physician. Contact should be established via telemetry radio or cellular phone. Note: MERCI radio or private phone may be used in extenuating circumstances.
- 5. Patients may be pronounced dead by an ED physician. The time of pronouncement should be documented on the patient care report (PCR).

#### <u>ALS</u>

- 6. Thoroughly document all circumstances surrounding the use of this procedure.
- 7. Attach a copy of the ECG rhythm strip to the provider copy of the PCR. If someone represents themselves as having Power of Attorney to direct medical care of a patient and/or a document referred to as a Living Will is present, follow these guidelines:

#### **POWER OF ATTORNEY FOR HEALTHCARE**

- 8. POLST/DNR requests can only be honored by EMS providers if a **written POLST/DNR order**, signed by the patient's Attending Practitioner, is presented.
- 9. Healthcare decisions other than POLST/DNR may be made by the Power of Attorney for Healthcare, if the document provides for this. If in doubt, begin treatment and contact Medical Direction.
- 10. Bring any documents presented to the hospital.

#### LIVING WILL / SURROGATES

- 8. POLST/DNR requests can only be honored by EMS providers if a **written POLST/DNR order**, signed by the patient's Attending Practitioner, is presented.
- 9. Living Wills <u>may not</u> be honored by EMS providers. Begin or continue treatment. Contact Medical Direction, explain the situation, and follow any orders received.
- 10. There are **no situations** in which a surrogate can directly give instructions to EMS providers. Begin or continue treatment. Contact Medical Direction, explain the situation and follow any orders received.

#### BLS / ALS

#### POLST / DNR ORDERS / WITHHOLDING TREATMENT

- 8. Confirm the validity of the POLST/DNR order according to System-specific policy. Call Medical Direction if any item is missing. Components of a valid POLST/DNR Order:
  - Must be a written document that has not been revoked
  - It must contain all of the following:
    - $\circ$  Name of patient
    - Resuscitation Orders (section A of the POLST form) or the equivalent language in a previous DNR form (the words "Do Not Resuscitate", "Withhold Treatment")
    - Two signatures required

#### • Evidence of consent – any one of the following:

- Signature of the patient, or
- Signature of Legal Guardian, or
- Signature of Durable Power of Attorney for Health Care Agent, or
- Signature of surrogate decision maker under the Illinois Health Care Surrogate Act
- Signature of Attending Practitioner physician, licensed resident (second year or higher), advanced practice nurse or physician assistant
- Effective date (date the practitioner signed the order)
- 9. If the POLST/DNR order is valid, resuscitative efforts will be withheld. Follow any and all specific orders found on the POLST/DNR order
- 10. In the event the patient has a valid POLST/DNR order but IS NOT in cardiac or respiratory arrest with a decompensating condition, begin <u>ADULT INITIAL MEDICAL CARE</u>, if you are considering intubation contact Medical Direction. If unable to contact Medical Direction, follow appropriate SMO
- 11. If resuscitative efforts were begun prior to the POLST/DNR form being present, efforts may be withdrawn once the validity of the order is confirmed. Contact Medical Direction and follow any orders received
- 12. The Illinois POLST form is preferred, but POLST / DNR forms from other states or entities are acceptable provided they meet the minimum criteria defined above.

#### BLS / ALS

#### **OBVIOUSLY DEAD PATIENTS / "TRIPLE ZERO"**

- 8. Obviously dead patients are those found to be non-breathing, pulseless, asystolic, and have one or more of the following long-term indications of death. No resuscitative efforts are to be initiated for the patients listed below:
  - Decapitation
  - Rigor Mortis without hypothermia
  - Profound dependent lividity
  - Decomposition
  - Mummification/putrefaction
  - Incineration
  - Frozen state
- 9. For patients appearing to be obviously dead but not listed above, contact Medical Direction and explain the situation. Indicate that you have a "Triple Zero". Follow any orders received.
- 10. Document pronouncement time and physician name.

#### BLS / ALS

#### HOSPICE PATIENTS NOT IN ARREST

8. If patients are registered in a hospice program, initiate BLS care and immediately contact Medical Direction for orders on treatment and disposition. Inform Medical Direction of the presence of written treatment orders and/or valid POLST/DNR orders.

#### ALS

#### PATIENTS IN PERSISTENT ASYSTOLE / PEA

Note: An order from a physician is required before stopping treatment under this SMO.

- 8. Provide patient care, per ADULT ASYSTOLE / PEA SMO, based on the patient's condition
- 9. Contact Medical Direction and explain the events of the call. Report treatments administered and any patient responses
  - Confirm all of the following:
    - $_{\odot}$  The patient is an adult, is normothermic, and experienced an arrest unwitnessed by EMS
    - $\circ$  The patient remains in asystole or PEA

#### o Confirm ADEQUATE AIRWAY and VASCULAR ACCESS

 $\circ$  Drug therapy, defibrillation, and CPR attempts have been carried out according to SMO

- Waveform capnography under 10 mmHg for more than 20 minutes and/or duration of pulselessness (if available)
- If the physician determines it is appropriate, he or she may give the order to discontinue medical treatment. It is not necessary that all four above criteria be met.
- Only an ED physician may make the determination to withdraw resuscitative efforts.
- Consult with Medical Direction for disposition of patient. Record time of pronouncement and physician name
- 10. If the physician gives the order to continue resuscitative efforts until you reach the hospital, treat per appropriate SMO
- 11. If unable to establish communications with Medical Direction, resuscitative efforts should continue until the patient reaches the hospital

#### BLS / ALS

#### **BLUNT TRAUMATIC ARREST**

8. Blunt trauma patient without vital signs upon arrival, may be considered for withholding resuscitative efforts with approval of Medical Direction

GENERAL	DEFIBRILLATION AN ENERGY DO	ID CARDIOVERSION SING GUIDE
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

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Manufacturer	Medtronic ADAPTIV®	Philips SMART®	Zoll®
Energy Waveform	Biphasic Truncated Exponential (BTE)	Biphasic Truncated Exponential (BTE)	Rectilinear Biphasic (RB)
Adult Defibrillation Initial Shock (AD1)	200 J		120 J
Adult Second Shock (AD2)	300 J	All shocks at 150 J	150 J
Adult Third and Subsequent Shocks (AD3)	360 J		200 J
Adult Synchronized Cardioversion Initial Dose	100 J	100 J	100 J
Adult Synchronized Cardioversion Dose Progression	150 J, 200 J, 300 J, 360 J	150 J, 200 J	120 J, 150 J, 200 J
Pediatric Defibrillation Initial Shock Dose	2 J/kg	2 J/kg	2 J/kg
Pediatric Defibrillation Subsequent Shocks Dose	4 J/kg	4 J/kg	4 J/kg
Pediatric Synchronized Cardioversion Initial Dose	1 J/kg	1 J/kg	1 J/kg
Pediatric Synchronized Cardioversion Dose Progression	2 J/kg, 4 J/kg	2 J/kg, 2 J/kg	2 J/kg, 4 J/kg

EMERGING INFECTIOUS DISEASE GUIDANCE			
PPROVED FOR USE BY:	ALL SYSTEMS		
EVIEWED: 04/01/2023	REVISED: N/A		
2	GUIDA PPROVED FOR USE BY: REVIEWED: 04/01/2023		

	Influenza-Like Illness (ILI)	Ebola (EVD)	Middle East Respiratory Syndrome (MERS-CoV)	Severe Acute Respiratory Syndrome (SARS-CoV)
Onset	Sudden	Symptoms appear 2-21 days after exposure (average 9 days)	Symptoms appear following close contact with infected host, 2-13 days after contact (average 5 days)	The incubation period is typically 2-7 days, although as long as 14 days has been reported.
Signs & Symptoms	Fever, chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headache, fatigue, vomiting and diarrhea	Fever, severe headache, muscle pain, vomiting, diarrhea, stomach pain, unexplained bleeding and bruising	Fever, chills / rigors, headache, nonproductive cough, dyspnea, muscle pain. Can be asymptomatic.	Initially fever. Headache, overall feeling of discomfort, body and muscle aches, respiratory symptoms, diarrhea. After 2- 7 days, may develop dry cough. Most develop pneumonia.

Transmission	Mainly droplet contact from sneezing, coughing or talking. Less common is droplet on a surface.	Direct contact with body or body fluids (including but not limited to feces, saliva, urine, emesis, semen). Infected persons are not contagious until symptomatic.	Travel within 14 days to or contact with someone who has traveled to affected area, or with infected person. Close contact while not applying strict hygiene standards.	Direct contact with respiratory secretions or body fluids of infected person, including droplet contact through close proximity.
PPE	Surgical or N95 mask and gloves. Place surgical mask on pt.	Ebola-level PPE includes isolation suit, PAPR / N- 95 mask with surgical hood / CBRN mask, double-gloving, rubber boots or surgical shoe covers, CDC guidelines for donning / doffing.	Gown, goggles, PAPR / N-95 / CBRN mask, surgical mask with visor (over N-95 if used), double gloving, standard + contact + airborne isolation precautions. Place surgical mask on pt.	Gown, goggles, PAPR / N-95 / CBRN mask, surgical mask with visor (over N-95 if used), double gloving, standard + contact + airborne isolation precautions. Place surgical mask on pt.
BLS	IMC, appropriate PPE	IMC, isolation, early Medical Direction notification.	IMC, isolation, early MC notification.	IMC, isolation, early MC notification.
ALS	IMC, appropriate PPE, consider treating for dehydration.	IMC, isolation, early MC notification. Treat per SMOs, but no procedures in a moving ambulance.	IMC, isolation, early MC notification. Treat per SMOs,	IMC, isolation, early MC notification. Treat per SMOs,
<b>PIPS Required</b>	No	Yes	No	No
Cleaning	All surfaces cleaned and disinfected.	Vehicle decon per CDC guidelines.	Vehicle decon per CDC guidelines.	Vehicle decon per CDC guidelines.

PIPS = Patient Isolation Packaging System

	ADULT G		COMA	SCA	LE (		
ADOLI	APPROVED FOR USE BY:			ALL SYSTEMS			
CTIVE: 04/02/2019	REVIEWED: 0	4/01/2023		Revis	BED: N/		
					-		
		Spontaneous			4		
EVE OP	ENING	To voice			3		
		To pain			2		
		None			1		
				1			
					5		
			Confused speech		4		
VERBAL RESPONSE		Inappropriate	Inappropriate words		3		
			Incomprehensible sounds		2		
			None		1		
		Obeys comm	ands		6		
		Localizes pain			5		
	SDONSE	Withdraws to pain			4		
	MOTOR RESPONSE		Abnormal flexion to pain		3		
		Abnormal extension			2		
		None			1		
			1				
TOTAL GLASGOW COME SCALE SCORE: 3 – 15					15		

PEDIAT	PEDIATRIC GLASGOW COMA SCALE (PGCS)							
			APPROVED FOR USE BY:				<b>N</b> S	
EFFECTIVE: 04/	02/2019	R	REVIEWED: 0	4/01/2023		Revised: N/	Ά	
	Age >1 Year			Age ≤ 1 Year		Score		
	Spontaneou	sly		Spontan	eous	ly	4	
	To Verbal Co	ommar	nd	To Shout	t		3	
Eye Opening	To Pain			To Pain			2	
	No Respons	е		No Resp	onse	)	1	
	Obeys Com	mands		Spontan	eous		6	
	Localizes Pa	ain		Localizes	s Pai	n	5	
Motor	Flexion – Wi	ithdraws		Flexion – Withdraws		4		
Response Decorticate		Posturing		Decorticate Posturing		3		
	Decerebrate Posturing			Decerebrate Posturing			2	
	No Respons	e No		No Resp	Response		1	
	Age >5 Ye	ears	Age 2 –	5 Years	Α	ge 0 – 23 Months		
	Oriented		Appropriate Words / Phrases		ate Smiles / Coos Phrases Appropriately		5	
	Disoriented / Confused	1	Inapprop Words	oriate	Cries but is Consolable		4	
Verbal Response	Inappropriate Words	e	Persistent Cries and Screams		ent Cries reams Persistent Inappropriate Crying and/or Screaming		3	
	Incomprehei Sounds	nsible	Grunts No Response		Grunts, Agitated, or Restless		ints, Agitated, or stless	2
	No Respons	e			No	Response	1	
TOTAL PEDIATRIC GLASGOW COME SCALE SCORE:							3 – 15	

D	U		

#### **AIRWAY OBSTRUCTION**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### BLS / ALS

#### 1. ADULT INITIAL MEDICAL CARE

- 2. Determine responsiveness and ability to speak
- 3. Position patient to open airway:
  - If unconscious: use head tilt/chin lift
  - If suspected cervical spine injury: use modified jaw thrust
- 4. Assess breathlessness/degree of airway impairment

#### 5. Monitor for:

- Cardiac dysrhythmias and/or arrest
- EtCO<sub>2</sub> waveform changes (if available)

<u>CO</u>	NSCIOUS				
Able to Speak	<u>Unable to Speak</u>	UNCONSCIOUS			
Do not interfere with patient's own attempts to clear airway	<ul> <li>5 abdominal thrusts with patient standing or sitting <u>OR</u></li> <li>5 chest thrusts if patient in 2<sup>nd</sup> – 3<sup>rd</sup> trimester of pregnancy or morbidly obese</li> <li>Repeat if no response</li> <li>If successful: complete ADULT INITIAL MEDICAL CARE, and transport</li> <li>Still Obstructed</li> <li>While transporting, continue any of the above steps you are reasonably able to perform</li> </ul>	<ul> <li>Any time the efforts to clear the airway are successful, complete <u>ADULT INITIAL</u>.</li> <li><u>MEDICAL CARE</u>, and transport.</li> <li>Attempt to ventilate. If obstructed: <ul> <li>Attempt to clear away in the presence of visible airway obstruction unless contraindicated</li> <li>Consider suction</li> <li>If still obstructed and unconscious, repeat above steps until airway is clear</li> </ul> </li> <li><u>ALS</u> <ul> <li>Visualize airway with laryngoscope and attempt to clear using Magill forceps and/or suction</li> <li>Still obstructed: Attempt forced ventilation</li> </ul> </li> <li>Still obstructed: Attempt forced ventilation</li> <li>Still obstructed: Attempt forced ventilation</li> <li>Still obstructed: Attempt to place ET tube but unable to achieve chest rise, consider advancing the ET tube to push foreign body into right main stem bronchus, then pull tube back and attempt ventilation</li> <li>Still obstructed: Perform CRICOTHYROIDOTOMY with HIGH FiO<sub>2</sub> VENTILATION and transport</li> </ul>			

ADULT	ASTHMA or COPD WITH WHEOULTREACTIVE LOWER AIRW			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: 04/01/2023		

#### BLS / ALS

#### 1. ADULT INITIAL MEDICAL CARE

• Consider possibility of congestive heart failure/pulmonary edema in the wheezing patient. Refer to <u>ADULT PULMONARY EDEMA SMO</u> as indicated.

#### <u>BLS</u>

- 2. If patient has prescribed inhaler, determine time of last usage. If appropriate, assist patient with prescribed inhaler. At discretion of Medical Direction, additional doses of inhaler may be given
- 3. Reassess patient's respiratory status and begin transport
- 4. ALBUTEROL (VENTOLIN®) 2.5 mg (3 mL) via nebulizer per System-specific procedure



ALBUTEROL / **IPRATROPIUM** (DUONEB®) 2.5 – 3.0 mg / 0.5 mg via IN-LINE nebulizer



**IN-LINE** nebulizer



0

R



#### Note:

- If intubated, respiratory rate may need to be **decreased** to achieve a target EtCO<sub>2</sub> value of 35-45 mmHg
- CPAP per System-specific procedure with SAME in-line beta agonist treatment used prior unless contraindicated. Terbutaline NOT authorized for nebulizer use.  $\circ$  Max PEEP of 10 cmH<sub>2</sub>0.

o If patient becomes unstable (SBP <100 mmHg) lower PEEP.

o If patient continues to worsen, remove CPAP.

 $\odot$  If GCS  $\leq$  10 or deteriorating GCS, remove CPAP

ADULT	PARTIAL UPPER AIRWAY OBSTRUCT			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A		

#### BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
- 2. Prepare intubation/cricothyroidotomy/suction equipment

ALS					
<u>STABLE</u>	UNSTABLE				
No cyanosis, effective air exchange	Cyanosis, marked stridor or respiratory distre- severely diminished or absent breath sound evidence of inadequate air exchange, bradycardic, altered mental status, retraction ineffective air exchange, actual or impendir respiratory arrest				
NORMAL SALINE 6 mL via nebulizer may repeat x 1	BREATHING	APNEIC			
If wheezing, refer to <u>ADULT</u> <u>ASTHMA/COPD WITH WHEEZING</u> <u>/REACTIVE LOWER AIRWAY</u> <u>DISEASE.</u> Do not delay transport waiting for a response	EPINEPHRINE (ADRENALIN®) <u>1:1000</u> 3 mg (3 mL) via nebulizer	<ul> <li>HIGH FiO2 VENTILATION</li> <li>Attempt</li> <li>ENDOTRACHEAL</li> <li>INTUBATION x 1 if</li> <li>unable to ventilate</li> <li>If intubation</li> <li>unsuccessful,</li> <li>perform</li> <li>CRICOTHYROID-</li> <li>OTOMY per System-</li> <li>specific procedure</li> </ul>			

ADULT	DRUG ASSISTED INTU				
	APPROVED FOR USE BY:				

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

ALL SYSTEMS

BATION

#### <u>ALS</u>

This SMO is to be used for patients >15 years of age. IF <15 YEARS OF AGE, SEE PEDIATRIC DRUG ASSISTED INTUBATION SMO

The following are situations which may require the use of this SMO to facilitate intubation:  $\circ$  Glasgow Coma Scale score of  $\leq 8$ 

- Imminent respiratory arrest or imminent tracheal/laryngeal closure due to severe edema secondary to trauma or anaphylaxis
- Flail chest and/or open chest wounds with cyanosis and a respiratory rate <10 or >30

#### 1. ADULT INITIAL MEDICAL CARE

- 2. Prepare patient and equipment for procedure:
  - Position patient in sniffing position unless cervical spine injury suspected
  - HIGH FiO<sub>2</sub> VENTILATION prior to and in-between steps of this procedure as able
- 3. Give sedation. **Choose only 1** medication to use for sedation based on patient condition:

KETAMINE (KETALAR®)		ETOMIDATE (AMIDATE®)		MIDAZOLAM (VERSED®)		
Use with caution in STEMI patients due to potential increase in heart rate		Do NOT use in septic patients		For use when Etomidate is not available and/or Ketamine contraindicated or not available		
INITIAL DOSE:	0	INITIAL DOSE:	0	INITIAL DOSE:		
2 mg/kg Slow IV/IO, Max dose 500 mg	R	R	R	0.6 mg/kg Slow IV/IO, Max dose 40 mg	R	5 mg Slow IV/IO
REPEAT DOSE:		REPEAT DOSE:		REPEAT DOSE:		
1 mg/kg Slow IV/IO, Max dose 250 mg		None		After 5 minutes, if SBP ≥90 mmHg: 2 mg slow IV/IO x 1		

- 4. Attempt oral or oral in-line intubation via System-specific procedure
- 5. After passing of tube, verify placement:
  - Adequate chest expansion bilaterally and symmetrically
  - Positive bilateral breath sounds
  - Negative epigastric sounds
  - Waveform capnography, end tidal CO<sub>2</sub> detector and/or esophageal detection device per System-specific procedure
- 6. Secure endotracheal tube and reassess placement
- 7. Continuous waveform EtCO<sub>2</sub> monitoring (if available)

If unsuccessful intubation, continue High FiO<sub>2</sub> ventilation, contact Medical Direction, and be prepared for alternative/rescue airway device use or CRICHOTHYROIDOTOMY per System-specific procedure.

	<b>POST-INTUBATION SEDATION</b>		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 07/01/2023	Reviewed: N/A	Revised: N/A	

This SMO is to be used for patients >15 years of age.

IF <15 YEARS OF AGE, SEE PEDIATRIC DRUG ASSISTED INTUBATION SMO

 Following successful endotracheal intubation, give sedation to facilitate continued mechanical or manual ventilation. Choose one medication to use; do <u>NOT</u> switch between sedatives.

KETAMINE (KETALAR®)		MIDAZOLAM (VERSED®)		
Do not use if SBP >180 mmHg <u>INITIAL DOSE:</u> 50 mg SLOW IV/IO over 60 seconds		Do not use if SBP <90 mmHg		
		INITIAL DOSE:		
		2 mg SLOW IV/IO over 60 seconds		
REPEAT DOSE:		REPEAT DOSE:		
50 mg SLOW IV/IO over 60 seconds every 5 minutes up to 200 mg post-intubation total		2 mg SLOW IV/IO over 60 seconds every 2 minutes up to 10 mg total		

ADULT	<u>ASYSTOLE / PULSELESS ELECTRICAL</u> <u>ACTIVITY (PEA)</u>			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: N/A		

1. High Quality Continuous CPR until defibrillator available for rhythm check

- While patient is pulseless, CPR should be continuous except for pausing for ventilation (unless intubated), or rhythm check.
- Rhythm checks should be less than 10 seconds and pulse checks only if an organized rhythm is observed
- Search for potentially reversible causes:

Possible Cause	Field Treatment
Cardiogenic Shock	CARDIOGENIC SHOCK SMO
Heart Failure	PULMONARY EDEMA SMO
Hypovolemia	IV fluid bolus(es)
Hypoxemia	Ventilations with high FiO <sub>2</sub> , verify ET tube placement
Hypoglycemia	DIABETIC / GLUCOSE EMERGENCIES SMO
Hyperthermia	HEAT EMERGENCIES SMO
Hypothermia	COLD EMERGENCIES SMO
Hyperkalemia	HYPERKALEMIA SMO
Side effects of medications / overdose	ADULT TOXICOLOGICAL SMOS
Tamponade (cardiac)	IV fluid bolus(es) to optimize preload
Tension Pneumothorax	Pleural decompression of affected side

- 2. Give EPINEPHRINE (ADRENALIN®) 1:10,000 1 mg IV/IO
- 3. REPEAT EPINEPHRINE (ADRENALIN®) every 3-5 minutes while pulseless
- 4. After 4<sup>th</sup> EPINEPHRINE (ADRENALIN®) give SODIUM BICARBONATE 8.4% 50 mEq, IV/IO unless contraindicated.
- 5. If return of spontaneous circulation (ROSC) occurs, refer to <u>ADULT RETURN OF</u> <u>SPONTANEOUS CIRCULATION SMO</u>
- 6. If patient remains in persistent asystole, consider withdrawal of resuscitation per **WITHDRAWING OF RESUSCITATIVE EFFORTS SMO**
- 7. Notes:
  - Flush all IV/IO push meds with 20 mL IV fluid
  - If EtCO<sub>2</sub> has a sudden rise and reading is above 30 mmHg, PEA is <u>unlikely</u> and ROSC may have occurred.

	BRADYDYSRHYTHMIAS		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

STABLE: alert, oriented, normotensive

#### 1. ADULT INITIAL MEDICAL CARE

• Anticipate the need for transcutaneous pacing (TCP)

**UNSTABLE:** altered mental status with hypoperfusion (SBP <90 mmHg)

#### 2. ATROPINE 0.5 mg rapid IV/IO

- May **REPEAT** <u>ATROPINE</u> every 3-5 minutes up to 3 mg until pacing available.
- 3. If patient remains hypotensive and pulse <60 BPM: initiate **TRANSCUTANEOUS PACING (TCP)** at an initial rate of 70 BPM per System-specific procedure.
- 4. If patient remains symptomatic (whether or not HR >60), give <u>DOPAMINE</u> (INTROPIN®) 5 – 10 mcg/kg/min IVPB.

#### Notes:

- If patient is symptomatic, **do not delay pacing** while awaiting IV access or **atropine** to take effect
- Use <u>ATROPINE</u> with EXTREME CAUTION in cardiac ischemia or STEMI / infarction, to avoid worsening ischemia or infarction (especially in advanced heart blocks)
- Do not give lidocaine to patients in AV blocks or IVR

ADULT	CARDIOGENIC SHOCK		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: 04/01/2023	

- 1. ADULT INITIAL MEDICAL CARE, with HIGH FiO2 or VENTILATION
- 2. If hypovolemic and/or dehydrated and lungs are clear, <u>NORMAL SALINE</u> IV fluid bolus 200 mL x 2
- 3. Treat underlying dysrhythmias per appropriate SMO
- 4. If pulse >60 BPM, begin <u>DOPAMINE (INTROPIN®)</u> at 5 mcg/kg/min and increase every 3 min to achieve systolic BP ≥90 mmHg to a maximum of 20 mcg/kg/min.

Body Weight		DOPAMINE DOSING CHART Must use Microdrip (60 gtts/mL) IV tubing			
		5 mcg/kg/min	10 mcg/kg/min	15 mcg/kg/min	20 mcg/kg/min
Lbs	Kg	gtts/min	gtts/min	gtts/min	gtts/min
80	36	7	14	20	27
100	45	9	17	26	34
120	55	10	20	31	41
140	64	12	24	36	48
160	73	14	27	41	55
180	82	15	31	46	61
200	91	17	34	51	68
220	100	19	38	56	75
240	109	20	41	61	82
260	118	22	44	66	89
280	127	24	48	72	95
300	136	26	51	77	102

Individual dosage requirements may vary widely. The above drip rates cover a dosage range of 5 – 20 mcg/kg/min. This chart applies **ONLY** to a concentration of 1600 mcg/mL (typically 800 mg/500 mL or 400 mg/250 mL and with **60 gtt** tubing

Note:

If pulse rate <60, treat per <u>ADULT BRADYDYSRHYTHMIAS SMO</u>

#### IV INFUSION BY WEIGHT CALCULATION

Volume on Hand (mL) x Desired Dose x Patient Weight x GTTS Set (60, 20, 10, etc.) Drug on Hand (mg or mcg) x Time in Minutes

ADULT	LEFT VENTRICULAR ASSIST DEVIC (LVAD)	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

#### BLS / ALS

#### 1. ADULT INITIAL MEDICAL CARE

- 2. Assess patient condition
  - Check for pulses, if pulses absent, the NIBP may be *inaccurate*
  - Check the percutaneous lead for damage or signs of infection at insertion site, ensure site is covered with sterile materials
  - Check for any and all audible and visual alarms on control module
    - Patient should have a device reference guide available, if none can be found contact Medical Direction
  - If patient unable to communicate with crew, attempt to utilize family member or care giver for history and device assistance
- 3. If patient is stable contact the patients LVAD coordinator if not already done

#### 4. Assess LVAD equipment:

- Wires and connectors are undamaged
- No warning lights or audible alarm from control module
- Check battery levels
- Check the patients "VAD" bag for extra equipment
- If the patient has the display screen attached, record the findings and convey them to Medical Direction and patients LVAD coordinator
  - Normal flows: 4-8 L/min (RPM x Power)
  - Normal RPM: 8,000-10,000 (average)
  - Normal power: <10 watts</li>
- 5. If alarm sounds, check control unit and treat cause per reference guide if available

#### <u>ALS</u>

- 6. If pump fails, a red "broken heart" symbol (HeartMate LVAS) will illuminate and audible alarm will sound
  - Replace all batteries (1 at a time)
  - If still no change after replacing batteries, switch to back up control unit if available
  - If no unit display is attached, attach pump to display monitor
  - If cardiac arrest occurs after these steps, initiate CPR and follow appropriate SMO
- 7. If the patient experiences **arrhythmias** follow the appropriate SMO (**defib pads should be placed anterior/posterior**)
- 8. If cardiac arrest occurs attempt to treat underlying **arrhythmias** per appropriate SMO with electrical and drug therapy **PRIOR** to CPR (CPR may be immediately started if cardiac arrest occurs if patient is unresponsive with fatal arrhythmia in the presence of a total LVAD failure or cut/severed drive line).

#### Note:

• Bring any and all additional LVAD equipment with the patient to the ED. Do NOT restart device if off for more than 5 minutes

ADULT	NON-TRAUMATIC CARDIAC ARREST (EDWARD EMS ONLY)		
	APPROVED FOR USE BY:	EDWARD EMSS ONLY	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

#### ALS

- 1. Verify pulselessness
- 2. If arrest is **witnessed** by EMS providers, **DEFIBRILLATE** as soon as available.
- 3. Perform High Quality Continuous Manual CPR until a mechanical compression device is applied to patient. While patient is pulseless, CPR should be continuous except for pausing for CPR Pad placement, anterior/posterior defib pad placement, placing patient on a mechanical compression device and for rhythm checks. Rhythm checks should be less than 10 seconds if not utilizing the "SEE THRU CPR" on the ZOLL X Series Monitor.
- 4. Place patient on a mechanical compression device set for continuous compressions, if available
- 5. ALL CLOTHING WILL BE REMOVED FROM THE WAIST UP prior to placing patient on a mechanical compression device.
  - Resume Manual compressions if the mechanical compression device stops working
- 6. Insert properly sized I-Gel as the front-line airway
- 7. Passive Oxygenation at 8 LPM for up to 2 minutes if manpower is limited
- 8. Assist ventilations with BVM when manpower is available.
- 9. Attach an impedance threshold device (ITD) to I-Gel, followed by Capnography sensor, the viral filter and then BVM.
- 10. ITD should be removed if at any time CPR has stopped for more than 10 seconds or if ROSC has been achieved and the patient has a pulse
- 11. "Heads-up" CPR at 30°
- 12. Establish IV/IO access
- 13. Defibrillate at recommended energy if rhythm is shockable (VF or Pulseless VT) and Capnography is 20 or above.
- 14. Resume CPR for 2 minutes
- 15. EPINEPHRINE (ADRENALIN®) 1:10,000 1 mg IV/IO if capnography is 20 or above. After 2 minutes of CPR, DEFIBRILLATE at maximum energy if capnography is 20 or above.
- 16. <u>AMIODARONE (CORDARONE®)</u> **300 mg IV/IO**. After 2 minutes of CPR, **DEFIBRILLATE** at maximum energy if capnography is 20 or above.
- EPINEPHRINE (ADRENALIN®) 1:10,000 1 mg IV/IO. If capnography is 20 or above. After 2 minutes of CPR, <u>DEFIBRILLATE</u> at maximum energy if capnography is 20 or above.
- 18. <u>AMIODARONE (CORDARONE®)</u> **150 MG IV/IO** as repeat dose. After 2 minutes of CPR, **DEFIBRILLATE** at maximum energy if capnography is 20 or above.
- Repeat EPINEPHRINE/CPR/DEFIBRILLATION sequence every 2-3 minutes as long as pulseless rhythm persists and patient's capnography is 20 or above. After 4th EPINEPHRINE give <u>SODIUM BICARBONATE 8.4%</u> 50 mEq IV/IO.
- If VF converts to a supraventricular rhythm with a pulse and has not received >300 mg of AMIODARONE, begin an <u>AMIODARONE (CORDARONE®)</u> infusion of 150 mg/100 mL over 10 minutes.

- Flush all IV/IO push meds with 20 mL IV fluid
- For AMIODARONE shortages, <u>LIDOCAINE (XYLOCAINE®)</u> is the alternate. 1 mg/kg IV/IO (100 mg max single dose), re-bolus at 0.5 mg/kg IV/IO (50 mg max single dose), up to 3 mg/kg (300 mg) max total dose.
- If using LIDOCAINE and patient experiences ROSC, bolus LIDOCAINE 1 mg/kg IV/IO (100 mg max single dose); after ten minutes re-bolus 0.5 mg/kg (50 mg max single dose). May repeat bolus every 10 min as needed.

For defibrillation and cardioversion energy settings, refer to DEFIBRILLATION & CARDIOVERSION ENERGIES

# EDWARD EMSS ONLY

ADULT	POLYMORPHIC VENTRICULAR TACHYCARDIA WITH A PULSE (TORSADES DE POINTES)		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: N/A	

#### 1. ADULT INITIAL MEDICAL CARE, with HIGH FiO2

2. Treatment based on patient condition:

<u>ST/</u>	BLE	UNST	ABLE
Alert, oriented, normotensive		Altered mental status and/or signs of hypoperfusion (SBP <90 mmHg), heart rate >150 BPM	
MAGNESIUM SULFATE 2 g IV/IO over 2 minutes		Sustained polymorphic VT: DEFIBRILLATE at recommended initial energy MAGNESIUM SULFATE 2 g IV/IO over 2 minutes	
<b>Improvement</b>	No Improvement	Improvement	No Improvement
Monitor and reassess patient while following appropriate SMO Improvement	Contact Medical Direction	Monitor and reassess patient while following appropriate SMO	MAGNESIUM SULFATE 2 g IV/IO over 2 minutes x 1 after 5 minutes No Improvement Repeat DEFIBRILLATE at recommended energy. Check rhythm and pulse between shocks

#### Note:

 Polymorphic VT/Torsades de Pointes typically presents in a recurring pattern of selfterminating, hemodynamically unstable wide complex tachycardia in context of a



known or suspected long QT abnormality, often with an underlying associated bradycardia.

- Polymorphic VT cannot be synchronized reliably because of the differing characteristics of each QRS complex and requires high-energy unsynchronized defibrillation.
- If polymorphic VT becomes pulseless or deteriorates to ventricular fibrillation (VF), defibrillate immediately per <u>VENTRICULAR FIBRILLATION / PULSELESS</u> <u>VENTRICULAR TACHYCARDIA SMO.</u>
|  | <u>RETURN C</u>  | RETURN OF SPONTANEOUS CIRCULATION |                    |                                  |  |  |
|--|--|-----------------------------------|--------------------|----------------------------------|--|--|
| ADULI  |  |                                   |                    | <u>50)</u>                       |  |  |
|  | Approved   | ROVED FOR USE BY:                 |                    | ALL SYSTEMS                      |  |  |
| EFFECTIVE: 07/01/2023  | Review   | NEC                               | ): N/A             | REVISED: 03/25/2024              |  |  |
| ALS  |  |                                   |                    |                                  |  |  |
| 1. ADULT INITIAL MEDICAL CA  | ARE  |                                   |                    |                                  |  |  |
| 2. Elevate Head-of-bed to 15-30  | <sup>°</sup> , unless SBP <90  | 0 m                               | imHg               |                                  |  |  |
| 3. Ensure adequate airway and ventilation. If patient remains unresponsive, consider placing advanced                |  |                                   |                    |                                  |  |  |
| airway if not already done so.   |  |                                   |                    |                                  |  |  |
| <ul> <li>Maintain ventilation to target</li> </ul>   | <ul> <li>Maintain ventilation to target normal EtCO<sub>2</sub> range of 35 – 45 mmHg. Do NOT hyperventilate.</li> </ul> |                                   |                    |                                  |  |  |
| <ul> <li>If patient begins to regain consciousness and advanced airway is in place, consider <u>ADULT</u></li> </ul> |  |                                   |                    |                                  |  |  |
| POST-INTUBATION SEDATION SMO if SBP >90 mmHg.  |  |                                   |                    |                                  |  |  |
| 4. If patient presented in shockal   | ole rhythm (VF or  | Pu                                | Iseless VT), and   | has not already received         |  |  |
| maximum doses of Amiodaror   | ie or Lidocaine, ir  | nitia                             | ate antiarrhythmic | c infusion using same medication |  |  |
|  |  |                                   |                    |                                  |  |  |
| AMIODARONE (CORDARONE®) LIDOCAINE (XYLOCAINE®)   |  |                                   |                    |                                  |  |  |
|  | If AMIODARONE not available:   |                                   |                    |                                  |  |  |
| If 450 mg total dose has <u>NOT</u> been given   |  |                                   |                    |                                  |  |  |
| already:   |  | R                                 | 1 mg/kg IV/        | IO (100 mg max single dose);     |  |  |
|  |  |                                   | after ten min      | utes re-bolus 0.5 mg/kg (50 mg   |  |  |
| 150 mg / 100 mL over 10 minutes  |  |                                   | Max you and        | max single dose)                 |  |  |
|  |  |                                   | way repeat         | bolus every 10 min as needed.    |  |  |

- 5. If not already obtained, check blood glucose. If <60 mg/dL, refer to ADULT DIABETIC/GLUCOSE EMERGENCIES.
- 6. NORMAL SALINE IV FLUID BOLUS to maintain SBP >90 mmHg or MAP >65 mmHg; repeat as necessary.
  - Titrate infusion rate based on clinical presentation and SPB ≥90 mmHg.
  - Reassess vital signs every 5 minutes and closely monitor for respiratory changes.
  - Unless patient is hypothermic, the use of warm fluids is not recommended for post-arrest care

CDHEMS / EDWARD EMS PROVIDERS	GOOD SAMARITAN EMS / LOYOLA EMS PROVIDERS
<ul> <li>7. For persistent hypotension despite fluid administration (≥500 mL total fluid given), <u>EPINEPHRINE (ADRENALIN®)</u> 100 mcg (1 mL of a 1:10,000 pre-fill syringe) SLOW IV/IO with normal saline running at wide open rate. May repeat every 3 – 5 minutes x 2.</li> <li>8. If SBP remains &lt;90 mmHg despite Epinephrine, refer to <u>ADULT CARDIOGENIC SHOCK SMO</u> for <u>DOPAMINE (INTROPIN®)</u> dosing.</li> </ul>	7. If SBP remains <90 mmHg despite Epinephrine, refer to <u>ADULT CARDIOGENIC</u> <u>SHOCK SMO</u> for <u>DOPAMINE (INTROPIN®)</u> dosing.
<ul> <li>8. Obtain 12-Lead EKG</li> <li>Notify Medical Direction immediately if indic</li> </ul>	ations of ST-segment elevation / STEMI present

- Notify Medical Direction immediately if indications of ST-segment elevation / STEMT pre
   9. Ensure normothermia. Do not initiate external cooling.
- 10. If patient becomes pulseless, refer to appropriate cardiac arrest SMO:
  - ADULT ASYSTOLE / PEA
  - ADULT VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA



## <u>BLS / ALS</u>

**STABLE:** alert, oriented, normotensive or hypertensive

#### 1. ADULT INITIAL MEDICAL CARE

- Place patient in High Fowler's position, if systolic BP >100 mmHg
- Consider need and method of delivery of supplemental oxygen

## <u>ALS</u>

<u>STABLE</u>	UNSTABLE
Alert, oriented, normotensive, or hypertensive	Altered mental status and/or signs of hypoperfusion
<ul> <li>If systolic BP &gt;140 mmHg, give <u>NITROGLYCERIN (NITROSTAT®)</u> 0.4 mg SL</li> <li>CPAP per System-specific procedure unless contraindicated. Max PEEP of 10 cmH20. If patient becomes unstable (SBP &lt;100 mmHg) lower PEEP. If patient continues to worsen, remove CPAP. If <u>GCS ≤ 10</u> or deteriorating GCS remove CPAP.</li> </ul>	<ul> <li>•HIGH FiO₂ or VENTILATION</li> <li>•Determine pulse rate         <ul> <li>If Pulse &lt;60 BPM: treat per <u>ADULT</u> <u>BRADYDYSRHYTHMIAS SMO</u></li> <li>If Pulse ≥60 BPM: treat per <u>ADULT</u> <u>CARDIOGENIC SHOCK SMO</u></li> </ul> </li> </ul>
<ul> <li>If systolic BP ≥140 mmHg, repeat <u>NITROGLYCERIN (NITROSTAT®)</u> 0.4 mg SL; may repeat q five minutes if systolic BP ≥140 mmHg</li> </ul>	

## **CPAP Inclusion Criteria**:

#### **Respiratory Distress AND 2 or more of the following:**

- Retractions/accessory muscle use
- Respiratory rate >25

- $_{\circ}$  Exam consistent with pulmonary edema
- Bilateral or diffuse rales/crackles

∘ SpO<sub>2</sub> <90%

#### Note:

Oral medications for erectile dysfunction (Viagra®, Levitra®, Cialis®, Adcirca®, Staxyn®, sildenafil, tadalafil, vardenafil) or pulmonary hypertension (Revatio®, Adempas®, sildenafil, riociguat) may potentiate the effect of nitrates. Consult Medical Direction prior to administering nitroglycerin in these situations.

ADULT	PULSELESS POLYMORPHIC VENTRICULAR TACHYCARDIA (TORSADES DE POINTES)		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: 03/25/2024	

## <u>ALS</u>

- 1. Verify pulselessness
- 2. If arrest is witnessed by EMS providers, <u>DEFIBRILLATE</u> as soon as available. If defibrillator is not immediately available, perform precordial thump
- 3. High Quality Continuous CPR until defibrillator available
  - While patient is pulseless, CPR should be continuous except for pausing for ventilation (unless intubated or supraglottic airway in place), rhythm check or shock delivery.
  - Rhythm checks should be less than 10 seconds and pulse checks only if an organized rhythm is observed
- 4. **DEFIBRILLATE** at recommended initial energy
- 5. **Resume CPR immediately following defibrillation**. After 2 minutes, pause CPR and check rhythm and pulse
  - If pulseless, resume CPR and <u>DEFIBRILLATE</u> at second recommended energy as soon as defibrillator charged
  - If rhythm converted after defibrillation, treat per appropriate SMO
- 6. If pulseless, resume CPR. Maintain adequate ventilation, if needed place advanced airway. Establish IV/IO ACCESS.
- 7. <u>MAGNESIUM SULFATE</u> 2 g IV/IO diluted in 10mL normal saline over <u>2 minutes</u>. After 2 minutes of CPR, **DEFIBRILLATE** if indicated at maximum energy.
- 8. EPINEPHRINE (ADRENALIN®) 1:10,000 1 mg IV/IO. After 2 minutes of CPR, DEFIBRILLATE at maximum energy. Repeat every 3-5 minutes as indicated.
- 9. **DEFIBRILLATE** if indicated at maximum energy.
- 10. Repeat **EPINEPHRINE/CPR/DEFIBRILLATION** sequence every 2-3 minutes as long as pulseless rhythm persists.
- 11. After 4th **EPINEPHRINE** administer **SODIUM BICARBONATE 50 mEq IV/IO** unless contraindicated.

## Note:

- Flush all IV/IO push meds with 20 mL IV fluid
- Defibrillation sequence is CPR → Rhythm Check → CPR (defibrillator charging or medication administration) → Shock
- If Polymorphic VT persists, may repeat <u>MAGNESIUM SULFATE</u> 2g IV/IO x 1 after 5 minutes to a total of 4 g IV/IO.

For defibrillation and cardioversion energy settings, please refer to DEFIBRILLATION & CARDIOVERSION ENERGIES



ADUL	DULT SUPRAVENTRICULAR TACHYCAR (NARROW COMPLEX, RATE >150 BPM			
		Appro	OVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019 REVIE			WED: 04/01/2023	REVISED: N/A
ALS 1. ADULT INITIAL • Start IV in p 2. Valsalva maner 3. Search for pote • Pain • And	<u>MEDICAL</u> proximal vein uver while pro ntially reverse emia	CARE eparing med sible causes	dication : ○ Heart failure	<ul> <li>Amphetamines</li> </ul>
◦ Fever ◦ Anx	iety		<ul> <li>Myocardial ischemia</li> </ul>	<ul> <li>Cardiorespiratory compromise</li> </ul>
◦ Dehydration ◦ Cocaine uses		<b>.</b>	$\circ$ Hypoperfusion	<ul> <li>Body temperature extremes</li> </ul>
<ul> <li>Medications (Caffeine, -</li> <li>Sepsis pills, thyroid meds, decongestants)</li> </ul>		feine, diet s,	<ul> <li>History of dysrhythmia</li> </ul>	
Rate Problem	Tachycardia	a causing de	ecreased cardiac outpu	ut, treat per this SMO
Pump Problem	HR >100 with signs of left ventricular failure, refer to <u>CARDIOGENIC</u> SHOCK or <u>PULMONARY EDEMA</u>			
Volume or Vessel Problem	n Vessel Refer to ALLERGIC REACTION – NON-ANAPHYLAXIS / ALLERGIC REACTION – ANAPHYLAXIS or SEPSIS			
Metabolic Problem	Refer to DI	ABETIC / G CIES, or <u>S</u> E	LUCOSE EMERGENO PSIS	SIES TOXICOLOGIC
Temperature Problem	Treat per <u>HEAT EMERGENCIES SMO</u> / <u>COLD EMERGENCIES</u> or <u>SEPSIS</u>			

<u>STABLE</u>	UNSTABLE
Alert, oriented, normotensive	Altered mental status and signs of hypoperfusion (SBP <90 mmHg)
ADENOSINE (ADENOCARD®) 6 mg RAPID IV with 10 mL NS flush	SYNCHRONIZED CARDIOVERSION AT 100 J
IF NO CHANGE IN RHYTHM:	IF RHYTHM DOES NOT CONVERT:
ADENOSINE (ADENOCARD®) 12 mg RAPID IV with 10 mL NS flush	SYNCHRONIZED CARDIOVERSION at recommended energy. Check rhythm and pulse between shocks
IF NO CHANGE IN RHYTHM AFTER 2 <sup>ND</sup>	IF RHYTHM DOES NOT CONVERT AFTER 2 <sup>ND</sup>
DOSE:	SHOCK:
ADENOSINE (ADENOCARD®) 12 mg RAPID IV with 10 mL NS flush	Consider <u>ADULT CARDIOGENIC SHOCK</u> <u>SMO</u> , or contact Medical Direction

Notes:

• ADENOSINE (Adenocard®) should not be given to irregular rapid rhythms

For defibrillation and cardioversion energy settings, please refer to **DEFIBRILLATION & CARDIOVERSION ENERGIES** 



## <u>BLS / ALS</u>

STABLE: alert, oriented, normotensive

## 1. ADULT INITIAL MEDICAL CARE

- Inquire about the patient's medication use. If any of the following have been taken in the past 48 hours withhold **NITROGLYCERIN (NTG)**:
- Sildenafil (Viagra®)
- o vardenafil (Levitra®, Staxyn®)

○ tadalafil (Cialis®)

- o sildenafil citrate (Revatio®)
   riociguat (Adempas®)
  - Hyperoxia should be avoided
- 2. Give ASPIRIN 324 mg (4 x 81 mg tablets) chewed and swallowed
  - unless contraindicated
  - may omit if patient has taken ≥324 mg aspirin within 8 hours
  - give aspirin to achieve a total dose of 324 mg within the last 8 hours

#### <u>BLS</u>

 If patient has physician-prescribed Nitroglycerin and has not taken the maximum dose, and if SBP >140 mmHg, patient may self-administer <u>NITROGLYCERIN (NITROSTAT®)</u> 0.4 mg SL X 1, unless contraindicated.

## <u>ALS</u>

- 4. **12-Lead ECG**. Obtain and review early, preferably with initial vital signs and <u>before</u> NTG administration.
  - If ST-segment elevation indicative of acute myocardial infarction (STEMI) seen, condition is considered TIME-SENSITIVE. Contact Medical Direction at the initial point of contact, as soon as a clinical impression has been formed from assessment findings. Communicate ECG to Medical Direction ASAP; transmit ECG (if System mandated) and/or relay ST-segment findings and machine interpretation
- 5. Maintain continuous ECG monitoring
- 6. If systolic BP >140 mmHg and symptomatic: <u>NITROGLYCERIN (NITROSTAT®)</u> 0.4 mg SL X 1; may repeat <u>NITROGLYCERIN (NITROSTAT®)</u> 0.4 mg SL X 1 in 5 minutes if systolic BP >140 mmHg and IV established (NOTE: Initial NTG may be given prior to IV start)
- 7. If patient has pain and systolic BP >100 mmHg, treat per ADULT PAIN CONTROL SMO

**UNSTABLE:** altered mental status and/or signs of hypoperfusion **BLS** 

## 1. ADULT INITIAL MEDICAL CARE

2. Initiate Expeditious Transport. Notify Medical Direction.

## <u>ALS</u>

- 3. If pulse <60 BPM, treat per ADULT BRADYDYSRHYTHMIA SMO,
- If pulse ≥60 BPM, treat per <u>ADULT CARDIOGENIC SHOCK SMO</u>,
- 5. Treat dysrhythmias per appropriate SMO

#### Special considerations:

- If ST-segment elevation in leads II, III, aVF (possible inferior wall MI), avoid lidocaine.
- Acute coronary syndrome (ACS) in patients <30 years old is uncommon and judgment should be used in implementing this protocol unless 12-lead ECG findings consistent with ACS are seen



LIDOCAINE

(XYLOCAINE®)

1 mg/kg IV/IO

(100 mg max single dose)

AMIODARONE (CORDARONE®) 300 mg IV/IO / PEA SMO

4. RHYTHM CHECK AFTER 2 MINUTES OF CPR							
VF / PULSELES	F / PULSELESS VT ASYSTO			)LI	E/PEA	ROSC	
DEFIBRILLATE at m energy Immediately resum for 2 Minutes, ma adequate ventila <u>EPINEPHRIN</u> (ADRENALIN®) 1: 1 mg IV/IO	ne C intai ation <u>E</u> 10,0	num PR in 0	Refer to ADULT ASYSTO SMO		to <u>FOLE / PEA</u> <u>)</u>	ADI S CIRC	Refer to <u>ULT RETURN OF</u> <u>PONTANEOUS</u> CULATION (ROSC) <u>SMO</u>
	5.	RHYTH	IM CHECK AF	ΤE	R 2 MINUTES	OF CPR	
<u>VF / PUI</u>	SEL		<u>'T</u>		ASYSTOLE /	PEA	ROSC
DEFIBRILLATE at maximum energy Immediately resume CPR for 2 minutes, maintain adequate ventilation. AMIODARONE (CORDARONE®) 150 mg IV/IO	OR	DEFI maxi CPR main v LI (XY 0.5 (50 m	EFIBRILLATE at naximum energy mediately resume PR for 2 minutes, aintain adequate ventilation. LIDOCAINE XYLOCAINE®) 0.5 mg/kg IV/IO 0 mg max single dose)		Refer to <u>ADULT ASYSTOLE</u> <u>/ PEA SMO</u>		Refer to ADULT RETURN OF SPONTANEOUS CIRCULATION (ROSC) SMO
	6.	RHYT	IM CHECK AF	TE	R 2 MINUTES	OF CPR	
VF / PULSELES	S VT		ASYSTO	)L	E/PEA		ROSC
DEFIBRILLATE at m energy Immediately resum for 2 Minutes, ma adequate ventila <u>EPINEPHRIN</u> (ADRENALIN®) 1: 1 mg IV/IO	ne C intai ation <u>E</u> 10,0	num PR in 00	Refe ADULT ASY <u>SM</u>		Refer to <u>LT ASYSTOLE / PEA</u> <u>SMO</u>		Refer to <u>ULT RETURN OF</u> <u>PONTANEOUS</u> CULATION (ROSC) <u>SMO</u>
	7.	RHYTH	IM CHECK AF	TE	R 2 MINUTES	OF CPR	
VF / PULSELES	<u>S VT</u>		ASYSTO	)LI	E / PEA		ROSC

DEFIBRILLATE at maximum energy Immediately resume CPR for 2 Minutes, maintain adequate ventilation EPINEPHRINE (ADRENALIN®) 1:10,000 1 mg IV/IO After 4 <sup>th</sup> EPINEPHRINE, administer SODIUM BICARBONATE 8.4% 50 mEq IV/IO NOTE: If using LIDOCAINE (Xylocaine®) and patient has not received max total dose, may repeat x 1 at 0.5 mg/kg, 50 mg max.	Refer to ADULT ASYSTOLE / PEA SMO	Refer to ADULT RETURN OF SPONTANEOUS CIRCULATION (ROSC) SMO
8. <b>RHYTI</b>	HM CHECK AFTER 2 MINUTES	S OF CPR
<u>VF / PULSELESS VT</u>	ASYSTOLE / PEA	ROSC
DEFIBRILLATE at maximum energy Repeat cycle of 2 minutes of CPR, EPINEPHRINE (Adrenaline®) 1:10,000 1 mg IV/IO and defibrillation until arrival at destination or termination of resuscitation. No further Amiodarone, Lidocaine, or Sodium Bicarbonate doses are authorized.	Refer to ADULT ASYSTOLE / PEA SMO	Refer to ADULT RETURN OF SPONTANEOUS CIRCULATION (ROSC) SMO

For defibrillation and cardioversion energy settings, please refer to DEFIBRILLATION & CARDIOVERSION ENERGIES

Д	D		

# WIDE COMPLEX TACHYCARDIA

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

## BLS / ALS

1. ADULT INITIAL MEDICAL CARE, with HIGH FiO2

## <u>ALS</u>

2. Treatment based on patient presentation:

<u>STABLE</u>	UNSTABLE
Alert, oriented, normotensive	Altered mental status and signs of hypoperfusion (SBP <90 mmHg), heart rate >150 BPM
Obtain 12-Lead ECG	SYNCHRONIZED CARDIOVERSION AT 100 J Do not delay cardioversion attempts for IV start.
AMIODARONE (CORDARONE®) 150 mg IV/IO over 10 min	AMIODARONE (CORDARONE®) 150 mg IV/IO over 10 min
NO CHANGE IN RHYTHM:	NO CHANGE IN RHYTHM:
Contact Medical Direction to consider ADENOSINE (ADENOCARD®).	Repeat SYNCHRONIZED CARDIOVERSION at recommended energy. Check rhythm and pulse between shocks

Note:

- If VT becomes pulseless or deteriorates to ventricular fibrillation (VF), defibrillate immediately per <u>VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA SMO</u>
- For defibrillation and cardioversion energy settings, please refer to <u>DEFIBRILLATION &</u>
   <u>CARDIOVERSION ENERGIES</u>

	INITIAL MEDICAL CARE			
ADOLI	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: N/A		

## BLS / ALS

- 1. Loosen tight clothing and reassure patient
- 2. Place patient in Semi-Fowler's position or position of comfort unless contraindicated
- 3. Enhance airway adequacy by suctioning and/or insertion of an oropharyngeal or nasopharyngeal airway as needed
- 4. Evaluate oxygen saturation and consider need for supplemental oxygen, especially for patients with dyspnea, suspected hypoxemia or altered mental status
- 5. Titrate oxygen administration based on respiratory assessment:

Respiratory Assessment / Findings	Oxygen Administration
Adequate rate/depth, minimal distress, mild hypoxia, baseline SpO <sub>2</sub> 92-94% (88-91% COPD)	Low FiO <sub>2</sub>
Adequate rate/depth, moderate/severe distress, SpO <sub>2</sub> <92% (<88% COPD)	High FiO <sub>2</sub>
Inadequate rate/depth with moderate/severe distress, unstable	High FiO <sub>2</sub> by BVM ventilation

Target SpO<sub>2</sub> 94 – 98%. If patient has a history of COPD, target SpO<sub>2</sub> of 92 – 98%

- 6. Hyperoxia contraindicated in uncomplicated myocardial infarction/STEMI, post-cardiac arrest, acute exacerbations of COPD, stroke, newly born/neonatal resuscitation.
- 7. If supplemental oxygen is used in these patients, the goal is to relieve hypoxemia without causing hyperoxia (target SpO<sub>2</sub> 94%, not 100%)
- 8. Waveform capnography (if available) for, but not limited to, spontaneously breathing patients with respiratory distress, metabolic disorders, altered mental status

- 1. Ensure patent airway; secure airway if patient condition warrants
  - If unable to intubate, consider use of alternate airway / rescue device
  - If intubated, waveform capnography should be utilized at all times
- 2. If altered mental status:
  - Place patient on side (vomiting precautions), unless contraindicated
  - Check glucose level. If glucose <60, treat per <u>ADULT DIABETIC / GLUCOSE</u> <u>EMERGENCIES</u>
- 3. Evaluate cardiac rhythm if indicated.
  - All ALS patients <u>do not necessarily</u> require continuous ECG monitoring or transmission of a strip to the telemetry base station; refer to system-specific policies
  - Obtain 12-lead ECG on all patients with cardiac-related complaints (pain, dysrhythmias) syncope and stroke
- Establish venous access via IV of <u>NORMAL SALINE</u> at 10 mL/hr with regular drip tubing or consider SALINE LOCK as indicated by patient condition. Attempt x 2 unless requested to continue or situation indicates. Use warmed IV fluid if available and not contraindicated (hyperthermic)
  - Per system-specific policy, **INTRAOSSEOUS ACCESS** may be utilized for patients who require emergent vascular access

- Continuing use of central venous access devices is acceptable for transport if initiated by RN or physician. Document the name of the on-scene healthcare provider or trained caregiver, i.e., parent. Contact Medical Direction prior to administration of any medications
- If patient encountered with continuous infusion devices or home medication devices, transport unaltered and contact Medical Direction
- PAIN CONTROL should be considered in the care of all patients. Ask patient to rate pain on a scale of 0-10
- 10. If patient is experiencing nausea or vomiting, consider giving <u>ONDANSETRON (ZOFRAN®)</u> ODT 4 mg tab or 4 mg slow IV x 1 dose only (if available)
- 11. Attempt to contact Medical Direction as soon as possible prior to transport. Relay assessment and treatment information, including patient response to treatment

Some patients with time-sensitive illness or injury will benefit from limiting scene time AND early notification of Medical Direction to mobilize hospital response teams. Contact Medical Direction at the initial point of contact, as soon as a clinical impression has been formed from assessment findings.

These patients include, but are not limited to, <u>STEMI FINDINGS IN SUSPECTED ACUTE CORONARY SYNDROMES, ABNORMAL</u> <u>STROKE SCALE IN STROKE, CARDIAC ARREST IN PREGNANCY</u>, and those meeting <u>TRAUMA CENTER BYPASS CRITERIA IN ADULT AND PEDIATRIC TRAUMA.</u>

- 12. Interpretation of ECG and vital signs a minimum of every 15 minutes and after each ALS intervention; a minimum of every 5 minutes if unstable
- 13. Transport to the closest appropriate hospital.
  - •By law, a physician must certify that the benefits outweigh the risks of transport to a facility other than the closest appropriate hospital, unless patient meets <u>CATEGORY</u> <u>I TRAUMA CRITERIA</u>
- 14. Pursuant to <u>Illinois Vehicle Code</u> Section 625 ILCS 5/11-1421, the use of visual and audible warning devices from the scene to the hospital is authorized by the EMS Medical Director when deemed necessary by the healthcare provider(s) caring for the patient (refer to System-specific policy)
- 15. Certain situations may require that treatment, which would normally be administered on the scene, be attempted while transporting to the hospital. The patient's condition or behavior, which necessitated abbreviated scene time, should be thoroughly documented.

ADULT	ACUTE ABDOMINAL PAIN			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023		

## BLS / ALS

## 1. ADULT INITIAL MEDICAL CARE

## <u>ALS</u>

- 2. Consider pain management if SBP >100 mmHg per ADULT PAIN CONTROL SMO
- 3. If patient is experiencing nausea or vomiting, administer ONDANSETRON (ZOFRAN®):

IV / IO	No IV / IO
4 mg SLOW push x 1	4 mg ODT x 1

UNSTABLE: altered mental status and/or signs of hypoperfusion

- Establish large bore IV while transporting. Administer <u>NORMAL SALINE</u> IV fluid boluses, repeat as necessary. Titrate infusion rate based on clinical presentation and SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes.
- 5. If suspected ruptured abdominal aortic aneurysm (mottling distal to mass / pain) or ectopic pregnancy, early aggressive fluid resuscitation should be considered to maintain a SBP of 90 mmHg.
- 6. If signs and symptoms of shock present, establish second IV.

7 A N			
	-	-	

# ALLERGIC REACTION: NON-ANAPHYLAXIS

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### WHEEZING, DIFFUSE HIVES, OR PRIOR HISTORY OF SYSTEMIC REACTION, <u>WITHOUT SIGNS OF HYPOPERFUSION</u>

#### BLS / ALS

#### 1. ADULT INITIAL MEDICAL CARE

2. Apply ice/cold pack to site as needed

3. DIPHENHYDRAMINE (BENADRYL®)				
50 mg slow IV/	IU/IM X one dose.			
	IF PATIENT CONDITION WORSENS			
IF CONDITION MAINTAINS OR IMPROVES	(Increased wheezing, hives, retching, vomiting or decreasing blood pressure)			
4. Monitor vital signs and patient condition and transport 5. Refer to <u>ALLERGIC REACTION:</u> <u>ANAPHYLAXIS SMO</u>				
If wheezing, refer to <u>ASTHMA OR COPD WITH WHEEZING / REACTIVE LOWER AIRWAY DISEASE SMO</u>				

ADULT	<b>ALLERGIC REACTION: ANAPHYLAXIS</b>			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023		

Multisystem reaction with signs of hypoperfusion (SBP <90 mmHg, mottling, pallor, etc.), vomiting, altered mental status or severe respiratory distress/wheezing/hypoxia

#### **BLS / ALS**

1. ADULT INITIAL MEDICAL CARE

#### <u>BLS</u>

- At the direction of Medical Control, give ONE DOSE <u>EPINEPHRINE (ADRENALIN®) 1:1,000</u>
   0.3 mg (0.3 mL) 1:1000 IM via auto-injector device per system specific protocol.
- 3. If wheezing, refer to ADULT ASTHMA OR COPD WITH WHEEZING / REACTIVE LOWER AIRWAY DISEASE SMO

NORMAL SALINE IV/IO Reassess vital signs every 5 minutes a	, tit and	rated to SBP ≥90 mmHg closely monitor for respiratory changes	
<u>EPINEPHRIN</u>	E (/	ADRENALIN®)	
If age >50 years and/or cardiac disease history, contact Medical Direction <b>PRIOR</b> to administration of Epinephrine			
<u>IV/IO</u>		IM	
<u>1:10,000 CONCENTRATION</u> 0.1 mg slow IV/IO every 3 minutes up to MAX TOTAL DOSE of 0.5 mg		1:1,000 CONCENTRATION	
		0.3 mg IM, May repeat x 1 in 3 minutes if needed	
DIPHENHYDRAM	IIN	E (BENADRYL®)	
<u>IV/IO</u>	0	IM	
50 mg SLOW push No repeat dose		50 mg No repeat dose	
If wheezing, refer to <u>ADULT ASTHMA OR COPD WITH WHEEZING / REACTIVE LOWER AIRWAY DISEASE</u> <u>SMO</u>			

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## **BEHAVIORAL EMERGENCIES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 01/22/2024

## BLS / ALS

- 1. Assess **SCENE AND PERSONAL SAFETY.** If concern for safety exists, immediately contact Law Enforcement. Above all, **DO NOTHING TO JEOPARDIZE YOUR OWN SAFETY**.
- 2. <u>ADULT INITIAL MEDICAL CARE,</u> as situation warrants.
  - Determine and document if patient is a threat to self or others, or if patient is unable to care or provide for self. Do not leave patient alone.
  - Protect patients from harm to self or others.
  - ALS may be waived in favor of basic transport if patient is uncooperative or dangerous.
- 3. Attempt to de-escalate, calm, and re-orient the patient as safely able. Do not participate in patient delusions or hallucinations.
- 4. If patient is combative, use restraints as necessary per System-specific policy.
- 5. Consider medical etiologies of behavior disorder and treat according to appropriate SMO:
  - Hypotension
  - Hypoxia
  - Substance Abuse / Overdose
  - Seizure / Postictal
  - Neurologic Disease (stroke, intracerebral hemorrhage, head injury, etc.)
  - Metabolic imbalance (hypoglycemia, thyroid disease, etc.)
- 6. Consult Medical Direction from the scene in **ALL** instances where refusal of transport is being considered, or in situations in which EMS in unable to access patient or provide care due to unsafe circumstances.

SEVERE ANXIETY OR AGITATION IN WHICH PHYSICAL RESTRAINT IS NOT FEASIBLE	
OR SUCCESSFUL, AND AFTER DE-ESCALATION ATTEMPTS	

<u>IV/IO</u>	<u>NO IV/IO</u>		
MIDAZOLAM (VERSED®)	<u>&lt; 70 KG BODY</u> <u>WEIGHT</u>	<u>≥ 70 KG BODY</u> <u>WEIGHT</u>	
<b>2 mg increments</b> IV/IO every 2 minutes up to 10 mg total as necessary.	MIDAZOLAM (VERSED®) 2.5 mg IM	MIDAZOLAM (VERSED®) 5 mg IM	

ADULT	<b>CHRONIC RENAL FAILURE / DIALYSIS</b>			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023		

## <u>BLS / ALS</u>

- 1. ADULT INITIAL MEDICAL CARE
- Do not take BP in same arm as shunt or fistula
- Control obvious hemorrhage from shunt or fistula (arterial bleeding) with tourniquet

- 2. IVs should not be attempted on the extremity with the shunt or fistula
- 3. When emergencies occur during dialysis, the staff may leave the access needles in place, and clamp the tubing. If this is the only accessible site, request their assistance to connect your IV tubing.

ALTERED MENTAL STATUS OR SIGNS OF HYPOPERFUSION	CARDIAC ARREST
<ul> <li>NORMAL SALINE IV FLUID BOLUSES, repeat as necessary. Titrate infusion rate based on clinical presentation and SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes.</li> <li>If widened QRS complex, suspect hyperkalemia and follow <u>ADULT</u> <u>SUSPECTED HYPERKALEMIA SMO</u></li> <li>If unresponsive to IV fluid bolus(es) or pulmonary edema present, treat per <u>ADULT CARDIOGENIC SHOCK SMO</u></li> </ul>	<ul> <li>Treat per appropriate cardiac arrest SMO:</li> <li>ADULT VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA</li> <li>ADULT ASYSTOLE / PEA</li> <li>ADULT PULSELESS POLYMORPHIC VENTRICULAR TACHYCARDIA</li> </ul>

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# **DIABETIC / GLUCOSE EMERGENCIES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
  - Check medication history and last oral intake
- Vomiting and seizure precautions
- 2. Check and record blood glucose level, if available
- 3. If blood sugar < 60 mg/dL and patient is alert with intact gag reflex, consider the administration of ORAL GLUCOSE (GLUTOSE 15®)

HYPOGLYCEMIA Blood Glucose < 60 mg/dl			
If patient has an existing insulin pump, PAUSE infusion.			
Be cautious to not remove infusion line from patient.			
If patient is able to, have them assist in disabling pump. Family may also be able to assist. Note: For other pumps not listed, look for a "pause" or "suspend" function.			
Medtronic ® MiniMed	OmniPod DASH®	Tandem T:SLIM®	
<ol> <li>From the main menu, select "SUSPEND" and press "ACT."</li> <li>SUSPEND will flash on the screen; press ACT again to stop the pump.</li> </ol>	<ol> <li>Tap the menu icon on the home screen.</li> <li>Tap "Suspend Insulin."</li> <li>Scroll to the desired duration of suspension (at least 1 hour).</li> <li>Tap "Suspend Insulin"</li> <li>Tap "Yes" to confirm.</li> </ol>	<ol> <li>From the home screen, select "OPTIONS."</li> <li>Tap "STOP INSULIN"</li> <li>Tap "STOP" to confirm.</li> </ol>	
Notify receiving facility tha	at patient's insulin pump has be suspension if applicable.	en stopped, and duration of	
<u>IV</u>	<u>/ IO</u>	<u>NO IV / IO</u>	
DEXTROSE 10%	DEXTROSE 50% (25G/50ML)	GLUCAGON (GLUCAGEN®)	
25g / 250mL       O       For use when Dextrose         10% not available       10% not available         Titrated to desired effect (improvement in mental status or blood glucose level)       0       R         Reassess blood glucose level at least every 10 minutes while dextrose is being administered.       1 mg IM x 1			
If altered mental status persists despite improvement in blood glucose level, refer to appropriate SMO.			

**HYPERGLYCEMIA** 

Blood Glucose > 180 mg/dL WITH signs of hyperglycemia / ketoacidosis

## <u>IV / IO</u>

**NORMAL SALINE IV/IO FLUID BOLUSES.** Titrate infusion rate based on clinical presentation. Reassess vital signs every 5 minutes and closely monitor for respiratory changes.

	HYPOVOLEMIC SHOCK	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS

EFFECTIVE: 07/01/2023

**REVIEWED: N/A** 

**REVISED: N/A** 

Consider in patients with non-traumatic hemorrhage including GI bleeding, ruptured ectopic pregnancy, ruptured aortic aneurysm, etc. If known or suspected traumatic injury with hypotension, refer to ADULT HEMORRHAGIC SHOCK SMO.

#### BLS / ALS

#### 1. ADULT INITIAL MEDICAL CARE

• Be alert for significant bleeding and/or amputations. For complete or partial extremity trauma, apply tourniquet(s). If needed, refer to <u>ADULT TRAUMA SMOs.</u>

#### <u>ALS</u>

#### 2. Attempt VASCULAR ACCESS IV/IO while transporting.

3. Treat according to SBP:

SBP ≥90 mmHg	SBP <90 mmHg
TKO fluid infusion rate. If SBP decreases to <90 mmHg, initiate fluid bolus.	Titrate IV fluid for a SBP of 90 mmHG (Unless signs and symptoms of herniation are present, then SBP target of 110 mmHg should be attempted).

	PAIN CONTROL	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

#### BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
- 2. If minor pain
  - consider ice packs as needed or appropriate

## <u>ALS</u>

3. If pain is moderate to severe, and SBP ≥100 mmHg, consider one of the below. Once a medication is chosen, continue with that medication unless approved by Medical Direction:

<u>15 – 65 YEARS OF AGE</u>				
		<u>MORPHINE</u>	KETOROLAC (TORADOL®)	
<u>FENTANYL</u> (SUBLIMAZE®)	<u>KETAMINE</u> (KETALAR®)	For use when Fentanyl and Ketamine NOT available	For use when Fentanyl, Ketamine, and Morphine NOT available	
	INITIAL	DOSE		
1 mcg/kg IV/IO/IN up to 100 mcg∗	0.1 mg/kg IV/IO up to 30 mg	2 mg IV/IO	15 mg IM or SLOW IV/IO	
	REPEA	T DOSE		
0.5 mcg/kg IV/IO/IN up to 50 mcg★	0.05 mg/kg IV/IO up to 15 mg	2 mg every 5 min up 10 mg	NONE	
	<u>&gt;65 YEAR</u>	<u>S OF AGE</u>		
	<u>&gt;65 YEAR</u>	<u>S OF AGE</u> <u>MORPHINE</u>	KETOROLAC (TORADOL®)	
FENTANYL (SUBLIMAZE®)	<u>&gt;65 YEAR</u> <u>KETAMINE</u> (KETALAR®)	S OF AGE <u>MORPHINE</u> For use when Fentanyl and Ketamine NOT available	KETOROLAC (TORADOL®) For use when Fentanyl, Ketamine, and Morphine NOT available	
FENTANYL (SUBLIMAZE®)	<u>&gt;65 YEAR</u> <u>KETAMINE</u> (KETALAR®) <u>INITIAL</u>	S OF AGE MORPHINE For use when Fentanyl and Ketamine NOT available	KETOROLAC (TORADOL®) For use when Fentanyl, Ketamine, and Morphine NOT available	
FENTANYL (SUBLIMAZE®) 0.5 mcg/kg IV/IO/IN up to 50 mcg∗	<u>&gt;65 YEAR</u> <u>KETAMINE</u> (KETALAR®) <u>INITIAL</u> NONE	S OF AGE MORPHINE For use when Fentanyl and Ketamine NOT available DOSE 2 mg IV/IO	KETOROLAC (TORADOL®) For use when Fentanyl, Ketamine, and Morphine NOT available	
FENTANYL (SUBLIMAZE®) 0.5 mcg/kg IV/IO/IN up to 50 mcg∗	<u>&gt;65 YEAR</u> <u>KETAMINE</u> (KETALAR®) <u>INITIAL</u> NONE <u>REPEA</u>	S OF AGE MORPHINE For use when Fentanyl and Ketamine NOT available DOSE 2 mg IV/IO T DOSE	KETOROLAC (TORADOL®) For use when Fentanyl, Ketamine, and Morphine NOT available	

★For patient weights >20kg, ROUND FENTANYL (SUBLIMAZE®) dose to nearest 10 microgram number. Doses ending in 5 or higher round up, and doses ending in 4 or less round down. Any dose ≥20 mcg should be whole numbers ending in a '0'.

ADULT	SEIZURE / STATUS EPILEPTICUS (NON-TRAUMATIC)	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: 04/01/2019

## <u>BLS / ALS</u>

## 1. ADULT INITIAL MEDICAL CARE

#### Special Considerations:

o Clear and protect airway. Vomiting/aspiration precautions.

- o Protect the patient from injury. Do not place anything in mouth if seizing.
- $\circ \ensuremath{\mathsf{Position}}$  patient on side unless contraindicated
- Patients who are not actively seizing, but at risk for seizures due to underlying conditions, may not require benzodiazepine administration, but may benefit from antiepileptic medications (Levetiracetam (Keppra®) or Fosphenytoin (Cerebyx®)).
- 2. Check and record blood glucose level, if available.
  - If <60 mg/dL treat per ADULT DIABETIC / GLUCOSE EMERGENCIES

## <u>ALS</u>

3. If actively seizing, administer MIDAZOLAM (VERSED®):

IV / IO	IN / IM	
	< 70 kg Body Weight	≥ 70 kg Body Weight
<b>2 mg increments IV</b> every 2 minutes as needed to a	2.5 mg	5 mg
maximum of 10 mg total	If additional doses of IN/IM MIDAZOLAM (Versed®) are needed, contact Medical Direction.	

	<u>SEPSIS</u>	
ABOET	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

## BLS / ALS

## 1. ADULT INITIAL MEDICAL CARE

- 2. Remove excess clothing if hyperthermia present
- 3. Consider sepsis if the patient has a known or suspected infection and meets two or more of the following criteria:
  - Temperature of ≥100.4°F or ≤ 96.8°F
  - EtCO<sub>2</sub>  $\leq$  25 mmHg with square waveform
  - Shock index of ≥1 (HR ÷ SBP)
  - HR >90 bpm
- 4. Check and record blood glucose level, if available.
  - If <60 mg/dL, treat per ADULT DIABETIC / GLUCOSE EMERGENCIES

## <u>ALS</u>

- 5. Establish LARGE BORE VASCULAR ACCESS IV/IO x 2
- 6. If SBP <120 mmHg, administer NORMAL SALINE IV/IO via pressure bag
  - Attempt to administer at least **1000 mL normal saline** prior to ED arrival (attempt total recommended dose of 30 mL/kg to be continued in the ED if not completed in the field)
  - Reassess vital signs every 5 minutes and closely monitor for respiratory changes
  - If pulmonary edema occurs, reduce IV to TKO and treat per <u>ADULT PULMONARY</u>
     <u>EDEMA SMO</u> with the exception of **NITROGLYCERIN** if organ dysfunction is present
- 7. Inform Medical Direction of **SEPSIS ALERT** prior to arrival

## NOTE:

- ETOMIDATE (AMIDATE®) should be avoided in sepsis patients due to adrenal insufficiency
- Organ dysfunction is characterized by an SBP <100 mmHg or a MAP of <65mmHg
- If hyperthermia is present warm fluids should be avoided
- Document amount of fluid given during care and transport
- When giving IV fluid bolus, only one infusion needs to be via pressure bag



# **STROKE (NON-TRAUMATIC)**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

## <u>BLS / ALS</u>

## 1. ADULT INITIAL MEDICAL CARE

- Limit scene time
- Contact Medical Direction at the initial point of contact, as soon as a clinical impression has been formed from assessment findings.
- ADULT SPINE MOTION RESTRICTION for unconscious patient with suspected trauma
- Ascertain and record time when last at baseline/Last Known Well (LKW)
- Check and record blood glucose level. If <60 mg/dL, treat per <u>ADULT DIABETIC /</u> <u>GLUCOSE EMERGENCIES SMO</u>
- 2. Protect airway, suction as necessary.
- 3. Maintain head and neck in neutral alignment. **DO NOT** flex neck. If systolic BP >90 mmHg, elevate head of bed 15-30°.
- Assess and record neurological status using <u>GLASGOW COMA SCORE</u> and note any changes.
- 5. Assess patient using the **Cincinnati Prehospital Stroke Scale (CPSS)**, **F.A.S.T.**, or **NIH** per system specific procedures and document new findings:
  - New Facial Droop (have patient show teeth or smile)
  - New Arm Drift (patient closes eyes and hold both arms out)
  - New Speech Deficit (have patient say "You can't teach an old dog new tricks.")
- 6. Transport patients with an unobtainable or normal **Cincinnati Prehospital Stroke Scale** with any of the following symptoms to the closest Stroke Center (Comprehensive or Primary):
  - New onset of sudden or persistent language deficiency
  - New onset of sudden unilateral numbness or weakness
  - New onset of severe sudden headache with vomiting with or without severe hypertension (systolic BP >200 mmHg)
  - New onset of sudden and persistent alteration of mental status
  - New onset of severe and sudden loss of balance/new onset ataxia
  - New onset of sudden visual field loss in one or both eyes

- 7. If <u>GCS ≤ 8,</u> secure airway; refer to <u>ADULT DRUG ASSISTED INTUBATION SMO</u>
- 8. Establish IV, limit IV attempts to 2
- 9. If seizure activity, refer to ADULT SEIZURES / STATUS EPILEPTICUS SMO
- 10. Contact Medical Direction early and communicate time when patient was last at baseline/Last Known Well (if known)
- 11. Obtain 12-lead ECG

	SUSPECTED HY	SUSPECTED HYPERKALEMIA	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: N/A	
BLS / ALS			
<ol> <li>ADULT INITIAL MEDICAL CARE</li> <li>Common complaints may include:</li> </ol>			

○ Generalized fatigue ○ Weakness ○ Palpitations ○ Paresthesia / paralysis

• Predisposing conditions may include:

 Acute / Chronic renal failure
 Potassium supplements, potassium-sparing diuretics, NSAIDs, beta-blockers, digoxin, digitalis glycosides

- $\circ$ Rhabdomyolysis, burns, crush injuries
- o Metabolic acidosis, DKA, catabolic states

## <u>ALS</u>

2. Treatment based on patient condition:

STAE	<u>BLE</u>	UNSTABLE
Normal 12 lead ECG	<u>12-lead with Peaked T</u> <u>Wave</u>	Altered mental status and/or hypoperfusion with a widened
		QRS, complete loss of P wave or sine wave
Monitor patient	ALBUTEROL 5.0 mg (6 mL) via nebulizer, may repeat x 1	
	1 mEq/kg IV/IO, up to 50 mEq	SODIUM BICARBONATE 8.4% 50 mEq IV/IO

3. If cardiac arrest occurs treat per appropriate SMO



ADULT	SYNCOPE / NEAR SYNCOPE NON-TRAUMATIC LOSS OF CONSCIOUSNESS	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: 04/01/2023

## BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
- 2. Check and record blood glucose level. If <60 mg/dL, treat per <u>ADULT DIABETIC /</u> <u>GLUCOSE EMERGENCIES</u>

- 3. Anticipate underlying etiologies and treat according to appropriate SMO:
  - Metabolic <u>ADULT DIABETIC / GLUCOSE EMERGENCIES</u>, or <u>TOXICOLOGIC</u> <u>EMERGENCIES SMO</u>
  - Cardiac Appropriate Cardiac SMO
  - Hypovolemia Fluid resuscitation
  - CNS Disorder Appropriate Medical or Trauma SMO
  - Vasovagal ADULT INITIAL MEDICAL CARE

<u>STABLE</u>	UNSTABLE
Alert, oriented, normotensive	Persistent altered mental status or signs of hypoperfusion
	Continuous monitoring, including 12-Lead, and waveform capnography (if available)
Continuous monitoring, including 12-Lead, and waveform capnography (if available)	NORMAL SALINE IV/IO fluid boluses to maintain SBP ≥90 mmHg Reassess vital signs every 5 minutes and closely monitor for respiratory changes

ADULT	BETA BLOCKER OVERDOSE		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

Examples:

<u>"-olol" medications; Atenolol (Tenormin®), Carvedilol, Metoprolol (Lopresor®, Toprol</u> <u>XL®), Propranolol (Inderal®); Nebivolol (Bystolic®)</u>

## BLS / ALS

1. ADULT INITIAL MEDICAL CARE

STABLE	UNSTABLE
Alert, oriented, normotensive	Hypoperfusion associated with bradycardia
Continuous monitoring	GLUCAGON (GLUCAGEN®) 1 mg slow IV. May repeat x 1
	If no response, consider TRANSCUTANEOUS PACING (TCP)



	<b>CALCIUM CHANNEL BLOCKER OVERDOSE</b>		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: N/A	

Examples:

Amlodipine (Norvasc®), Diltiazem (Cardizem®), Nifedipine (Adalat®), Verapamil (Isoptin®), Nicardipine (Cardene®)

## <u>BLS / ALS</u>

1. ADULT INITIAL MEDICAL CARE

#### ALS

<u>STABLE</u>	UNSTABLE
Alert, oriented, normotensive	Hypoperfusion associated with bradycardia
Continuous monitoring	GLUCAGON (GLUCAGEN®) 1 mg slow IV. May repeat x 1
	If no response, consider TRANSCUTANEOUS PACING (TCP)



ADULT	CARBON MONOXIDE EXPOSURE	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

## <u>BLS / ALS</u>

- 1. ADULT INITIAL MEDICAL CARE
- 2. HAZMAT precautions as indicated
- 3. HIGH FiO<sub>2</sub> or VENTILATION
  - Consider cyanide poisoning
  - Do not rely on pulse oximetry
  - Keep patient as quiet as possible to minimize tissue oxygen demand

## ALS (with SPCO monitoring capabilities)

0-3%	3-12% <u>WITHOUT</u> Symptoms		>12%	
			<u>GCS &gt;8</u>	<u>GCS ≤ 8</u>
Normal Range Normal Range Signs and CO readings every 5-10 minutes	100% O2 via NRB mask and transport to the closest appropriate facility Reassess vital signs and CO readings every 5-10 minutes	100% O2 via NRB	ADULT DRUG ASSISTED INTUBATION SMO	
		Reassess vital signs and CO readings every 5-10 minutes	Contact Medical Direction for consideration of bypass to facility with a hyperbaric chamber	

4. Patients with the following CO readings should be transported with or without symptoms of CO poisoning:

- Adults with CO of ≥25%
- Pediatric patients with CO of  $\geq$ 15%
- Pregnant patients with a CO of  $\geq$ 15%
- Any patient with advanced airway or acute mental status change and a CO of ≥15%

	CLUB DRUGS		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

EXAMPLES:

GHB (Liquid G, Liquid Ecstasy), Ketamine (Special K, Vitamin K, Super K), MDMA (Ecstasy, XTC, ADAM, E), Foxy Methoxy, AMT, Coricidin (Triple-C)

#### **BLS / ALS**

- 1. ADULT INITIAL MEDICAL CARE
- 2. Contact Medical Direction for suspected use of club drugs



	CYANIDE EXPOSURE		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023	

#### **BLS / ALS**

## 1. ADULT INITIAL MEDICAL CARE

2. HAZMAT precautions as indicated

## Signs of Cyanide Poisoning

- o Altered Mental Status
- o Confusion, Disoriented
- o Tachypnea/Hyperpnea (early)
- o Bradypnea/Apnea (late)
- $_{\odot}$  Seizures or Coma
- Mydriasis (dilated pupils)
- Hypertension (early) / Hypotension (late)
- o Cardiovascular collapse
- ∘ Vomiting

## <u>ALS</u>

- 3. Consider NIPPV / CPAP, per System-specific procedure
- Consider ADVANCED AIRWAY if the patient has <u>GCS ≤ 8</u>, inhalation burns, bradypnea or tachypnea, hoarse voice and/or impending airway closure
- 5. Consider 12-Lead ECG
- If signs and symptoms consistent with cyanide poisoning and if available, administer <u>HYDROXOCOBALAMIN (CYANOKIT®)</u> packaged as 2.5 g in 100 mL, concentration of 25 mg/mL) 5 g over 15 min (15 mL/min)
  - Medication requires its own dedicated IV line
    - $_{\odot}$  Do not use existing IV for administration
    - Do not piggyback infusion
- 7. If hypotensive or pulseless, **<u>NORMAL SALINE</u>** 1,000 mL IV bolus.
  - If pulseless, refer to appropriate cardiac arrest SMO:

 OADULT VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA
 OADULT ASYSTOLE / PEA
 OADULT POLYMORPHIC VENTRICULAR TACHYCARDIA - PULSELESS

## Symptoms of Cyanide Poisoning

- o Headache
- $\circ \, \text{Confusion}$
- $\circ$  Dyspnea
- $\circ$  Chest Tightness
- o Nausea

# **CYCLIC ANTIDEPRESSANTS OVERDOSE**

APPROVED FOR USE BY: REVIEWED: 04/01/2023

ALL SYSTEMS

EFFECTIVE: 04/02/2019

**Examples:** 

**REVISED: N/A** 

Amitriptyline (Elavil®), Desipramine (Norpramin®), Imipramine (Tofranil®), Nortriptyline (Pamelor®), Doxepine (Sinequan®), Clomipramine (Anafranil®), Amoxapine (Asendin®)

#### **BLS / ALS**

1. ADULT INITIAL MEDICAL CARE

#### ALS

<u>STABLE</u>	UNSTABLE
Alert, oriented, normotensive, normal QRS complex	Hypoperfusion with wide QRS complex
Continuous monitoring	<u>NORMAL SALINE</u> 1,000 mL IV bolus
Continuous monitoring	SODIUM BICARBONATE 8.4% 1 mEq/kg IV/IO, max single dose of 50
	mEq



ADULT

## **NERVE GAS AUTO-INJECTOR GUIDELINES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### Purpose:

To provide Illinois EMS agencies with guidelines on the appropriate use of nerve agent kits (**Mark 1** / **DuoDote**). Kits contains antidotes to be used in instances of exposure to nerve agents (Sarin, Soman, Tabun, VX) or to muscarinic agents (lorsban, Cygon, Delnav malathion, Supracide parathion, Carbopenthion).

#### Key Provisions:

Only those licensed EMS providers that are governed by the State of Illinois EMS Act (210 ICLS 50) are authorized by any EMS Medical Director to utilize the special equipment and medications needed in WMD incidents, including **Mark 1/DuoDote** auto-injectors. When appropriate conditions warrant, contact Medical Direction. Other organized response teams not governed by the EMS Act may use the **Mark 1/DuoDote** auto-injectors on themselves or other team members when acting under the Illinois Emergency Management Agency Act (20 ILCS 3305).

#### **Guidelines:**

- 1. To utilize these kits, you must be an EMS agency or provider within an Illinois EMS System and participate within an EMS disaster preparedness plan
- 2. The decision to utilize the Mark 1/DuoDote antidote is authorized by this State protocol
- 3. At a minimum, an EMS provider must be an Illinois EMT at any level, including First Responder with additional training in the use of the auto-injector
- 4. THE MARK 1 KIT IS NOT TO BE USED FOR PROPHYLAXIS. The injectors are antidotes, not a preventative device. The Mark 1/DuoDote kit may be self-administered if you become exposed and are symptomatic. Exit immediately to the Safe Zone for further medical attention
- 5. Use of the Mark 1 kit is to be based on signs and symptoms of the patient. The suspicion or identified presence of a nerve agent is not sufficient reason to give these medications
- 6. Atropine may be given IV or IM in situations where Mark 1/DuoDote kits are not available
- 7. If available, diazepam (Valium) or midazolam (Versed) may be cautiously given under Medical Direction or by Standing Medical Orders, if convulsions are not controlled
- 8. When the nerve agents have been ingested, exposure may continue for some time due to slow absorption from the lower bowel. Fatal relapses have been reported after initial improvement. Continual medical monitoring and transport is mandatory.
- 9. If dermal exposure has occurred, decontamination is critical and should be done with standard decontamination procedures. Patient monitoring should be directed to the signs and symptoms, as with all nerve or muscarinic exposures. Continual medical monitoring and transport is mandatory.

#### Mnemonic for Nerve Agent exposure:

Salivation (excessive production of saliva) Lacrimation (excessive tearing) Urination (uncontrolled urine production) Defecation (uncontrolled bowel movement) Gastrointestinal distress (cramps) Emesis (excessive vomiting) Breathing difficulty Arrhythmias Miosis (pinpoint pupils)

EXPOSURE	CLINICAL	TREATMENT
No signs or symptoms	None	Remove to Safe Zone, decontaminate, observe and transport
Mild Exposure	SOB, wheezing, runny nose	One kit or atropine 2 mg IV/IM and 2-PAM 600 mg IM (1g IV)
Moderate Exposure	Vomiting, diarrhea, pinpoint pupils, drooling	1-2 kits or atropine 2-4 mg IV/IM and 2-PAM 600- 1200 mg IM (1g IV)
Severe Exposure	Unconsciousness, paralysis, cyanosis, seizures	Three kits or atropine 6 mg IV/IM and 2-PAM 1800 mg IM or 2-PAM 1g IV repeated twice at hourly intervals. Diazepam or Midazolam per Medical Direction.

2-PAM solution needs to be prepared from the ampule containing 1g of desiccated 2-PAM: inject 3 mL of saline, 5% dextrose, or distilled or sterile water into ampule and shake well. The resulting solution is 3.3 mL of 300 mg/mL.

	OPIOID OVERDOSE		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

#### Examples:

Meperidine (Demerol®), Fentanyl (Duragesic®, Sublimaze®), Hydrocodone/APAP (Vicodin®, Lortab®, Norco®), Hydromorphone (Dilaudid®), Oxycodone/APAP (Percocet®), Oxycodone (OxyContin®), Heroin, Methadone, Codeine, Morphine

## BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
- 2. If breathing is adequate, place on side and monitor vital signs.

## <u>BLS</u>

- 3. Protect airway, HIGH FiO₂ or VENTILATION
- If breathing is NOT adequate, or patient is apneic <u>NALOXONE (NARCAN®)</u> 2 mg IN every 2 minutes up to 12 mg IN until adequate respirations return. If needed contact Medical Direction for additional doses.

## <u>ALS</u>

- 5. Protect airway, HIGH FiO2 or VENTILATION
- 6. If breathing is **NOT** adequate, or patient is apneic:

INADEQUATE RESPIRATIONS	APNEIC
NALOXONE (NARCAN®) 1 mg IV/IO (2 mg IN) every 1-2 minutes up	NALOXONE (NARCAN®) 2 mg IV/IO/IN every 1-2 minutes up to 12 mg IV/IO/IN until adequate respirations return.
respirations return.	If patient remains apneic after 12 mg consider placement of advanced airway
If needed contact Medical Direction for additional doses.	per <u>ADULT DRUG ASSISTED INTUBATION</u> <u>SMO</u> if needed.
	If needed, contact Medical Direction for additional doses.

#### NOTE:

- Inadequate respirations defined as EtCO2 <30 mmHg or >50 mmHg or rate <10
- Additional PPE should be considered on suspected overdose calls when white powder is noted, or the presence of FENTANYL or CARFENTANIL is suspected.



	MUSCARINIC AGENT EXPOSURE		
ADOLI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

#### EXAMPLES:

Pesticides, Nerve agents, Carbamates, Acetylcholinesterase inhibitors

## BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
- 2. HAZMAT precautions as indicated

#### <u>ALS</u>

<u>STABLE</u>	UNSTABLE			
Alert, oriented, normotensive	Signs and Symptoms of Toxicity (DUMBELS or SLUDGEBAM)			
<ul> <li>Continuous monitoring</li> <li>Notify Medical Direction or receiving facility</li> </ul>	ATROPINE 2 mg rapid IV/IO Repeat ATROPINE 2 mg rapid IV/IO every 3 minutes until condition improves (no dose limit)			
	Continuous monitoring     Notify Medical Direction or receiving facility			

## Signs and Symptoms of Organophosphate / Muscarinic Toxicity

<b>D</b> - Diarrhea		<b>S</b> - Salivation (excessive production of saliva)
<b>U</b> - Urination		L - Lacrimation (excessive tearing)
M - Miosis		<b>U</b> - Urination (uncontrolled urine production)
<b>B</b> - Bronchorrea / Bronchospasm		<b>D</b> - Defecation (uncontrolled bowel movements)
<b>B -</b> Bradycardia	OR	<b>G</b> - Gastrointestinal distress (cramps)
E - Emesis		<b>E</b> - Emesis
L - Lacrimation		<b>B</b> - Breathing Difficulty

S - Salivation

- A Arrhythmias
- M Miosis (pinpoint pupils)



	SODIUM CHANNEL BLOCKER OVERDOSE		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

Examples:

Diphenhydramine (Benadryl®), Phenytoin (Dilantin®), Lidocaine (Xylocaine®)

## BLS / ALS

1. ADULT INITIAL MEDICAL CARE

<u>STABLE</u>	UNSTABLE	
Alert, oriented, normotensive, normal QRS complex	Hypoperfusion with wide QRS complex	
<ul> <li>Continuous monitoring</li> </ul>	• <u>NORMAL SALINE</u> 1,000 mL IV bolus • <u>SODIUM BICARBONATE 8.4%</u> 1 mEq/kg IV/IO, max single dose of 50 mEq	


	COLD EMERGENCIES	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

## 1. ADULT INITIAL MEDICAL CARE OR ADULT INITIAL TRAUMA CARE

MILD / MODERATE HYPOTHERMIA	SEVERE HYPOTHERMIA
Conscious or altered sensorium, shivering	Poor muscle control or rigidity, simulating rigor mortis. There will be <u>no</u> shivering. Sensorium - confused, withdrawn, disoriented or comatose.
<ul> <li>Check blood glucose level if available. If &lt;60 mg/dL, treat per <u>DIABETIC / GLUCOSE</u> <u>EMERGENCIES</u></li> <li>Rewarm patient: <ul> <li>Place patient in a warm environment.</li> <li>Remove wet clothing.</li> <li>Apply hot packs, wrapped in towels to axilla, groin, neck, thorax. Wrap patient in blankets</li> </ul> </li> </ul>	<ul> <li>Check blood glucose level if available. If &lt;60 mg/dL, treat per DIABETIC / GLUCOSE EMERGENCIES</li> <li>Rewarm patient: <ul> <li>Place patient in a warm environment.</li> <li>Remove wet clothing.</li> <li>Apply hot packs, wrapped in towels to axilla, groin, neck, thorax. Wrap patient in blankets</li> </ul> </li> </ul>
	<ul> <li>TRIPLE ZERO CANNOT BE CONFIRMED IN THE FIELD ON THESE PATIENTS</li> <li>Check pulse for 30-60 seconds.         <ul> <li>Anticipate bradycardia.</li> </ul> </li> <li>Begin CPR if pulseless.         <ul> <li>If defibrillation indicated by rhythm / AED, DEFIBRILLATE at 360 J (or initial biphasic shock at recommended energy) x 1 only and resume CPR.</li> <li>Subsequent defibrillation attempts, and all medications, should be delayed until core temperature has been raised to ≥86° F by active rewarming</li> </ul> </li> </ul>
	<ul> <li>Follow appropriate Cardiac SMO</li> <li>Transport patient in supine position, handle gently to avoid precipitating VF or PVT</li> </ul>

#### NOTE:

- EtCO<sub>2</sub> readings may be low due to decreased metabolic activity.
- Warm fluid should be used if available

	ADULT DIVING / SCUBA EMERGENCIES	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	REVIEWED: N/A REVISED: N/A	

Consider decompression illness if any of the following are present, regardless of a reported safe dive, within 24-hours of a SCUBA event, or air travel after diving. Attempt to rule out other underlying conditions (infection, significant trauma, etc.).

Neurological Dysfunction:	Bladder, bowel, gait or coordination, reflexes, mental status, vision, hearing, consciousness, strength, vertigo, paresthesia, numbness, tingling, altered sensation
Cardiopulmonary:	Cough, hemoptysis, dyspnea, voice change
Pain:	Aches, cramps, discomfort, joint pain, pressure, spasm, stiffness
Skin:	Edema, itching, rash, burning sensations, marbling
Others:	Dizziness, fatigue, headache, nausea/vomiting, chills, diaphoresis, malaise, restlessness

## <u>BLS / ALS</u>

## 1. ADULT INITIAL MEDICAL CARE or ADULT INITIAL TRAUMA CARE

- Assess dive history
  - $\circ~$  Time of dive
  - $\circ$  Length of dive
  - o Depth
  - o Any problems encountered during dive
- 2. Ensure adequate ventilation, HIGH FLOW O2 if indicated
- 3. Contact Medical Direction regarding transport to a hyperbaric chamber
- 4. Initiate transport
  - Keep patient supine or in lateral recovery position

## <u>ALS</u>

- 5. Establish VASCULAR ACCESS IV/IO
- 6. If needed, refer to ADULT DRUG ASSISTED INTUBATION SMO
- 7. Consider analgesia, if appropriate. Refer to ADULT PAIN CONTROL SMO

If assistance is needed, contact the Divers Alert Network (DAN) at (919) 684-8111

	<b>FROSTBITE</b>	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. ADULT INITIAL TRAUMA CARE or ADULT INITIAL MEDICAL CARE
- 2. Rapidly rewarm frozen areas with tepid water
- Hot packs wrapped in a towel may be used
- DO NOT RUB or massage frozen tissue
- DO NOT thaw if there is a chance of refreezing
- 3. **HANDLE SKIN LIKE A BURN**. Protect with light, dry sterile dressings. Do not let affected skin surfaces rub together.
- 4. If in pain and systolic BP >100 mmHg, pain control per ADULT PAIN CONTROL SMO.

	HEAT EMERGENCIES	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023

- ADULT INITIAL MEDICAL CARE or ADULT INITIAL TRAUMA CARE
   Move patient to a cool environment. DO NOT massage cramped muscles

HEAT CRAMPS / TETANY	HEAT EXHAUSTION / HEAT STROKE
	Remove as much clothing as possible to facilitate cooling
If patient awake, alert, and has intact gag reflex, may give oral fluids.	<ul> <li>Initiate rapid cooling:         <ul> <li>Cold packs to lateral chest wall, groin, axilla, carotid arteries, temples, behind knees</li> <li>Sponge or mist with cool water and fan, or cover body with wet sheet and fan body</li> <li>Discontinue cooling if shivering occurs</li> </ul> </li> <li>Check blood glucose level if available. If &lt;60 mg/dL, treat per <u>ADULT DIABETIC /</u><u>GLUCOSE EMERGENCIES</u></li> </ul>
	ALS
	NORMAL SALINE IV fluid boluses, repeat as necessary. Titrate infusion rate based on clinical presentation and SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes

ADULT	HIGH ALTITUDE EMERGENCIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	23 REVIEWED: N/A REVISED: N/A	

Consider altitude illness in any patient with recent travel to altitudes >8000 feet above sea level, or those with recent travel in unpressurized aircraft at altitudes >5000 feet. Descent from altitude is the primary preventative measure for lessening the severity of illness.

ACUTE MOUNTAIN SICKNESS	HIGH ALTITUDE CEREBRAL EDEMA (HACE)	HIGH ALTITUDE PULMONARY EDEMA (HAPE)
Headache, Nausea/Vomiting, Lethargy, Dizziness	Headache, Nausea/Vomiting, Lethargy, Dizziness, Unstable Gait, Drowsiness, Confusion, Coma	Cough, Dyspnea, Cyanosis, Hyperthermia, Pink/Frothy Sputum
	BLS / ALS	
ADULT INITIAL MEDICAL CA	RE or ADULT INITIAL TRAUM	IA CARE
• HIGH FLOW O2		
Assess history of travel to	altitude	
Alliude reached     Time spont		
Symptom onset time		
Be alert for possible signif	ficant trauma: patients experient	cing HACE and the associated
altered mental status may	make poor decisions in their at	tempt to descend
Refer to appropriate trauma SM	/IO as needed	
<ul> <li>Consider analgesia if SBP &gt;100 mmHg. Refer to <u>ADULT PAIN CONTROL SMO</u></li> </ul>		
Refer to appropriate trauma SN	/IO as needed	
<ul> <li>If significant pulmonary edema is present, refer to <u>ADULT PULMONARY EDEMA SMO</u>.</li> </ul>		
	ALS	ALS
	Ensure adequate ventilation.	
Secure airway as needed.		
RETER TO ADULI DRUG Ensure adequate ventilat		Ensure adequate ventilation
SMO		Refer to ADULT DRUG
	Consider analgesia if	ASSISTED INTUBATION
	SBP >100 mmHg. Refer to	<u>SMO</u>
	ADULT PAIN CONTROL	
	<u>SMO</u>	

NOTE:

• Altitude-related illnesses are a rare occurrence in locations <5000 feet above sea level. In these areas, aircraft depressurization, sky-diving incidents, and patients returning from travel to altitude are the most common types of precipitating factors.



APPROVED FOR USE BY:

ALL SYSTEMS

#### EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

## BLS / ALS

#### 1. Scene Size-Up

- Assess scene and personal safety
- Use standard precautions on all patients

## 2. ADULT INITIAL MEDICAL CARE

- Confirm adequate airway
- High FiO<sub>2</sub>
- Check pulse and control hemorrhage as indicated
- Assess AVPU and monitor neurological status
- Apply sterile gauze dressing over wound
- Remove all jewelry and/or constrictive clothing

## 3. Special Considerations:

- Allow patient to lie flat and avoid as much movement as possible. Keep patient calm. Allow the bitten limb to rest at level of the patient's heart.
- Medical Direction should be contacted immediately whenever snakebite is suspected.
- Notify Medical Direction if antivenin is available at the scene.
- Request that Medical Direction contact toxicologist / Poison Control Center ASAP at 1-800-222-1222
- Notify Medical Direction of type of snake. If safe to do so, obtain photo of snake for identification.
- If compression wrap has been applied by special services staff (e.g., animal control or zoological park), do not remove.
- DO NOT apply ice, heat, tourniquet or incise wound. If any have already been applied prior to EMS arrival, remove from the patient.

## <u>ALS</u>

- Observe for respiratory compromise. Provide intervention, if necessary, per appropriate SMO.
- Evaluate cardiac rhythm. Treat dysrhythmias per appropriate SMO.
- Establish two large bore IVs of NORMAL SALINE in unaffected extremity.
- Use direct pressure to control hemorrhage if present. Avoid elevation of extremities.
- Reassess frequently for mental status changes.

#### Note:

• If transport time >15 minutes, consider contacting specialty transport. If antivenin is available, bring to ED with patient.

	INITIAL TRAUMA CARE	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023

- 1. SCENE SIZE UP
- 2. Assess and secure scene safety.
  - Use standard precautions on all patients
  - If indicated, follow department HazMat protocols
  - If a potential crime scene, make efforts to preserve integrity of possible evidence
  - Anticipate potential injuries based on the mechanism of energy transfer

## 3. PRIMARY ASSESSMENT:

BLS	ALS	
AIRWAY / C-SPINE		
Position airway / suction as needed	Position airway / suction as needed	
SPINE MOTION RESTRICTION SMO as indicated	SPINE MOTION RESTRICTION SMO as indicated	
	Refer to ADULT DRUG ASSISTED INTUBATION SMO as indicated	
BREATHING / VENTILATION		
Assist ventilations as indicated (if rate <10 or >30 breaths / minute)	Assist ventilations as indicated (if rate <10 or >30 breaths / minute)	
	Asses for signs of Tension Pneumothorax, decompress as indicated	
CIRCU	LATION	
If no pulse, begin CPR and follow <u>ADULT TRAUMATIC ARREST SMO</u>	If no pulse, begin CPR and follow <u>ADULT TRAUMATIC ARREST SMO</u>	
Control all external hemorrhage, for severe extremity hemorrhage, apply tourniquet	Control all external hemorrhage, for severe extremity hemorrhage, apply tourniquet	
DISABILITY / EXPOSE		
Calculate GCS, expose patient, and, if altered mental status, check blood glucose level.		

<u>TRANSPORT DECISION</u>: Once the initial assessment and resuscitative interventions are initiated, a decision must be made whether to continue with the rapid trauma survey and the need for additional interventions on scene, or to perform interventions while transporting. Document the patient condition(s) or behavior(s) that necessitated this decision. Transport to closest appropriate facility per <u>REGION 8 TRAUMA CENTER SYSTEM FIELD</u> <u>TRIAGE GUIDELINES</u>

## SECONDARY ASSESSMENT:

<u>BLS</u>	ALS
<b>RAPID TRAUMA SURVEY</b> (as allowed by time and patient condition) • Systematic head-to-toe assessment • SAMPLE history	<ul> <li>Recheck and record vital signs and patient condition at least every 15 minutes as able, and after each intervention. For unstable patients, more frequent reassessment may be needed. Note the time obtained.</li> <li>Altered Mental Status: Seizure and vomiting precautions. Check glucose level. If glucose &lt;60 mg/dL, treat per <u>ADULT</u> <u>DIABETIC EMERGENCIES SMO</u>.</li> <li>Consider need for supplemental oxygen, especially for patients with dyspnea, suspected hypoxemia or altered mental status</li> </ul>
Respiratory Assessment / Findings	Oxygen Administration
Adequate rate/depth, minimal distress, mild hypoxia, baseline SpO <sub>2</sub> 92-94% (88-91% COPD)	Low FiO <sub>2</sub>
Adequate rate/depth, moderate/severe distress, SpO <sub>2</sub> <92% (<88% COPD)	High FiO <sub>2</sub>
Inadequate rate/depth with moderate/severe distress, unstable	High FiO <sub>2</sub> by BVM ventilation
	<u>Attempt Vascular Access</u> NORMAL SALINE IV fluid boluses, repeat as necessary. Titrate infusion rate based on clinical presentation and SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes. Use warm fluids unless hyperthermic

Assess pain score on a scale from 0-10. Refer to <u>ADULT PAIN CONTROL SMO</u> as indicated.

ADULT & PEDS	FIELD TRIAGE GUIDELINES		$\bigcirc$
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

#### General Guidelines

It is MANDATORY for Medical Direction to notify the Trauma Surgeon immediately upon receiving the field report, if one of the following conditions exist:

- Sustained hypotension on two consecutive measurements five minutes apart

   Adult systolic BP ≤ 90 mmHg or lack of a radial pulse
- Cavity penetration of torso or neck

#### Refer to <u>SPECIALTY TRANSPORT / AEROMEDICAL</u> <u>EVACUATION</u> for guidance as needed.

The following patients or those who in the opinion of the American College of Surgeons Committee on Trauma are known to have an increased mortality/morbidity, if not treated at a Trauma Center. They should, therefore, be classified as trauma patients. These patients require transport to the nearest Trauma Center

Conditions that are marked with a star ( $\star$ ) and in **bold letters** in the following criteria should be **considered** for direct bypass to a Level I Trauma Center. If the transport time to a Level I is greater than 25 minutes, the patient should go to a Level II Trauma Center.

Any patient meeting the criteria for consideration of direct bypass to a Level I Trauma Center should be considered **TIME-SENSITIVE**. *Contact Medical Direction at the initial point of contact, as soon as a clinical impression has been formed from assessment findings.* 

Patients being bypassed to a Trauma Center need to have an adequate airway (i.e., respirations 12-35 per minute, advanced airway, cricothyroidotomy). If an airway cannot be established, the patient should be taken to the closest comprehensive Emergency Department.

EMS providers should notify Medical Direction ASAP if the need for specialty services exists.

- I. Physiologic Factors
  - A. Adult Trauma Score (RTS) of 9 or less
  - B. Airway difficulties requiring intubation or other interventions at the scene
  - C. Trauma with altered respiratory rate (<12 or >35 per minute)
- II. Anatomic Factors
  - A. Head, Face, and Eye
    - 1. \*HEAD INJURY WITH PERSISTENT UNCONSCIOUSNESS OR FOCAL SIGNS (i.e., SEIZURES, POSTURING, UNABLE TO RESPOND TO SIMPLE COMMANDS)
    - 2. **\*PENETRATING INJURY TO THE NECK**
    - 3. Head injury with loss of consciousness or Glasgow Coma Scale (GCS) score of  $\leq 10$
    - 4. Traumatic and chemical eye injuries
    - 5. Maxillofacial trauma
  - B. Chest

#### 1. **★GUNSHOT WOUND OR OTHER PENETRATING INJURY TO THE CHEST**

- 2. Blunt chest trauma (significant pain and/or obvious external signs)
- 3. Flail chest and unstable chest wall
- C. Abdomen
  - 1. **★GUNSHOT WOUND TO THE ABDOMEN**
  - 2. **★OTHER PENETRATING INJURY TO THE ABDOMEN, GROIN OR BUTTOCKS**
  - 3. Blunt abdominal trauma (significant pain and/or obvious external signs)
- D. Spinal Cord
  - 1. **\*SPINAL CORD INJURY WITH PARALYSIS, PARESTHESIA OF EXTREMITIES AND/OR** SENSORY LOSS
  - 2. Any suspected spinal cord injury in the absence of neurological deficit
- E. Extremities
  - 1. **★EXTREMITY TRAUMA: MANGLED, CRUSHED, OR DEGLOVED WITH** NEUROVASCULAR COMPROMISE
  - 2. **\*TRAUMATIC AMPUTATION PROXIMAL TO THE WRIST OR ANKLE**
  - 3. Limb paralysis and/or sensory deficit proximal to the wrist
  - 4. Multiple orthopedic injuries (>1 long bone fracture)
- III. Deceleration Injury
  - A. High energy dissipation / rapid deceleration with blunt chest or abdominal injury
  - B. Falls ≥20 feet with the adult patient
  - C. Falls ≥3 times the height of a pediatric patient
- IV. Motor Vehicle Crashes
  - A. Extrication time ≥20 minutes
  - B. Vehicle passenger space invaded by ≥12 inches
  - C. Ejection
  - D. Fatality at the scene within the same motor vehicle
  - E. Rollover ≥180° spin
  - F. Child  $\leq$  15 years struck by car
  - G. Child ≤ 8 years old involved in any MVC without age-appropriate restraint (under age 4 or <40 pounds requires a car seat)
  - H. Motorcycle crash >20 MPH with separation of rider from bike
- V. Major Burns
  - A. 10% total body surface area of 2<sup>nd</sup> and 3<sup>rd</sup> degree burns
  - B. Any burn patient with obvious head, neck, or airway involvement
- VI. Pediatric Trauma with one or more of the following:
  - A. **\*HEAD TRAUMA WITH PERSISTENT ALTERED LEVEL OF CONSCIOUSNESS**
  - B. **\*OBVIOUS CHEST OR ABDOMINAL TRAUMA, EITHER PENETRATING OR BLUNT**
  - C. Pediatric Trauma Score of  $\leq 8$
  - D. Child  $\leq$  15 years old, struck by motor vehicle
  - E. Child involved in an MVC not appropriately restrained
    - 1. Rear-facing seat from birth to 2 years old or up to 20 lbs.
    - 2. Forward-facing toddler seat from 2 4 years or up to 65 lbs.

- 3. Booster seat from 4 8 years or up to 4' 9" tall
- 4. Safety belts from 8 15 years or at least 4'9" tall
- VII. Pregnant Trauma Patients
  - A. The pregnant patient ≥20 weeks gestation
  - B. Pregnant patient who meets any other trauma criteria
- VIII. Blunt and Penetrating Traumatic Arrests are at the discretion of Medical Direction
  - A. **May consider** withholding resuscitative efforts. Refer to <u>WITHHOLDING OR WITHDRAWING</u> <u>RESUSCITATIVE EFFORTS SMO</u>

ADULT	TRAUMATIC CARDIAC ARREST	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023

## <u>BLS / ALS</u>

- 1. If obviously dead, consider referring to <u>WITHHOLDING OR WITHDRAWAL OF</u> <u>RESUSCITATIVE EFFORTS SMO</u>
- 2. If injury is incompatible with life (e.g., massive brain matter visible), contact Medical Direction for possible scene pronouncement

## <u>ALS</u>

- 3. If patient experiences loss of pulses under direct paramedic observation during transport:
  - ADULT INITIAL TRAUMA CARE
  - **BILATERAL PLEURAL DECOMPRESSION** if clinically indicated (i.e., thoracic trauma, blast injuries, blunt traumatic arrest)
  - Consider appropriate cardiac arrest SMO
  - Verify tube placement if intubated

## Note

• After <u>SPINE MOTION RESTRICTION SMO</u> and airway control is established, procedures are to be performed while transporting.

ADULT	MATERNAL TRAUMATIC CARDIAC ARREST		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

- 1. ADULT INITIAL TRAUMA CARE
- 2. Reference REGION 8 TRAUMA CENTER SYSTEM FIELD TRIAGE GUIDELINES
- 3. **Visualize** externally for vaginal bleeding, leaking amniotic fluid or crowning. Assess for fetal movements and uterine contractions
- 4. Raise right side of backboard with 4-6 inches of padding to tilt / tip patient to the left side
- 5. **If CPR indicated, manually displace uterus to left side**. Follow appropriate Cardiac Arrest SMO
  - ADULT VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA
  - ADULT ASYSTOLE / PEA
  - ADULT PULSELESS POLYMORPHIC VENTRICULAR TACHYCARDIA
- 6. Notify Medical Direction ASAP in order to mobilize appropriate hospital personnel

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Glasgow Coma So Conversion Points	ore	GCS 6-8	2
	•	GCS 4-5	1
		GCS 3	0
		10-29	4
		>29	3
Respiratory Rate	Respiratory Rate		2
			1
			0
		>89	4
			3
Systolic Blood Pre	essure	50-75	2
	1-49	1	
		0	0



## **SPINE MOTION RESTRICTION (SMR)**

**APPROVED FOR USE BY:** 

ALL SYSTEMS

#### EFFECTIVE: 07/01/2023

#### **REVIEWED: N/A**

**REVISED: N/A** 

#### **BLS / ALS**



NOTE: If following this SMO would jeopardize crew or patient safety, follow to the best of the crews ability and document reasons why steps could not be completed.

ADULT	HEMORRHAGIC SHOCK	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	REVIEWED: N/A	Revised: N/A

## 1. ADULT INITIAL TRAUMA CARE

- Be alert for significant bleeding and/or amputations. For complete or partial extremity trauma, apply tourniquet(s)
- 2. Notify Medical Direction

## ALS

3. Attempt VASCULAR ACCESS IV/IO while transporting. Treat according to SBP

<u>SBP ≥90 mmHg</u>	<u>SBP &lt;90 mmHg</u>
	Titrate IV fluid for a SBP of 90mmHG (unless signs and symptoms of herniation are present, then SBP target of 110mmHg should be attempted)
	CDH EMS ONLY:
TKO infusion rate. If SBP decreases to <90 mmHg, initiate fluid bolus and Tranexamic Acid if other criteria met.	If SBP <90 mmHg despite fluid bolus, AND transport time to Level 1 Trauma Center >30 minutes from <b>onset of injury</b> (due to extrication and/or bypass), administer <u>TRANEXAMIC ACID (TXA)</u> <b>1g diluted in 100 mL over 10 minutes x 1</b> IV/IO
	If worsening hypotension occurs during administration, decrease <b>RATE of infusion</b> by half, but do NOT stop infusion

ADULT	HEAD INJURIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023

- 1. ADULT INITIAL TRAUMA CARE
- 2. Begin expeditious transport and contact Medical Direction

ALS 3. Treat based on patient presentation:

GCS <8

Maintain adequate ventilation, if needed place advanced airway using in-line procedure

## ADULT DRUG ASSISTED INTUBATION SMO.

If unable to INTUBATE, consider use of ALTERNATE AIRWAY DEVICE

If signs or symptoms of herniation are present (HTN, bradycardia, posturing) ventilate with a target EtCO<sub>2</sub> of 30 mmHg. Elevate head of backboard 20-30 degrees unless unsafe to do so

If Cushing Triad Present (Hypertension, Bradycardia, and Irregular Respirations) Titrate IV fluid for a SBP of 110 mmHG. Use warm fluids unless hyperthermic.



ADULT	EYE INJURIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

## 1. ADULT INITIAL TRAUMA CARE

- Assess pain on a 0-10 scale
- Quickly assess gross visual acuity in each eye: light perception, motion, acuity
- Discourage patient from sneezing, coughing, straining or bending at the waist
- Elevate head of cot or backboard Semi-Fowler's position unless contraindicated
- Vomiting precautions

<u>CHEMICAL SPLASH /</u> <u>BURN</u>	SUSPECTED CORNEAL ABRASION	PENETRATING INJURY / RUPTURED GLOBE
	BLS / ALS	
Immediately irrigate affected eye(s) using copious amounts of <b>NORMAL</b> <b>SALINE.</b> Continue irrigation while transporting. Do not contaminate uninjured eye with contaminated irrigation solution.	Patch affected eye(s).	• <u>Do not</u> remove impaled
AL	<u>.S</u>	• <b>Do not</b> irrigate or
<u>TETRACAINE 0.5%</u> ( <u>ALTACAINE®</u> ) <b>1 DROP</b> in each affected eye. May repeat until pain relief achieved. Irrigate per appropriate System- specific procedure.	<b><u>TETRACAINE 0.5%</u></b> ( <u>ALTACAINE®</u> ) <b>1 DROP</b> in each affected eye. May repeat until pain relief achieved.	<ul> <li>administer tetracaine</li> <li>Avoid any pressure on the injured eye(s)</li> <li>Cover with cup, or metal or plastic protective shield</li> <li>Patch unaffected eye</li> </ul>
If patient is in pain and systol ADULT PAIN C		

ADULT	MORGAN LENS FOR CHEMICAL SPLASH / EYE BURNS (LOYOLA EMS ONLY)	
	APPROVED FOR USE BY:	LOYOLA EMS ONLY
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

- 1. Instill <u>TETRACAINE 0.5% (ALTACAINE®)</u> 1 DROP to each affected eye. May repeat until pain is relieved
- 2. Insert **MORGAN LENS** into eye using **1,000 ML** <u>NORMAL SALINE</u> IV solution as irrigation fluid
- 3. Open IV tubing roller clamp and adjust flow to a level that is well tolerated by the patient.
- 4. Continue irrigation while transporting
- 5. Patch unaffected eye

## <u>Note</u>

• If the patient has exposed eye to adhesive/glue, do not force eyelids open. Gently irrigate using manual flushing until eye can be opened without difficulty. Contact Medical Direction for further instructions.

# LOYOLA EMS ONLY

ADULT	NECK / SPINE INJURIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023

ADULT INITIAL TRAUMA CARE
 Mark on patient where sensation is lost and note time.

## <u>ALS</u>

HYPOPERFUSION (SBP <90 MMHG)	HYPOPERFUSION WITH BRADYCARDIA	ALTERED MENTAL STATUS
NORMAL SALINE IV/IO fluid boluses, repeat as necessary Titrate infusion rate based on clinical presentation and	NORMAL SALINE IV/IOfluid boluses, repeat as necessaryTitrate infusion rate based on clinical presentation and SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes	Maintain adequate ventilation, if needed place advanced airway using in- line procedureADULT DRUG ASSISTED 
on clinical presentation and SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes	Continue NORMAL SALINE IV/IO fluid boluses and administer DOPAMINE (INTROPIN®) IV/IO piggyback 5-20 mcg/kg/min titrated for patient condition	ALTERNATE AIRWAY DEVICE

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## **CHEST / THORACIC INJURIES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

## BLS / ALS

## 1. ADULT INITIAL TRAUMA CARE

- HIGH FiO<sub>2</sub> or VENTILATION
- 2. Begin expeditious transport to appropriate facility and contact Medical Direction
- 3. Treat based on injury type:

SUCKING CHEST WOUND / OPEN PNEUMOTHORAX	FLAIL CHEST	PNEUMOTHORAX / TENSION PNEUMOTHORAX	PERICARDIAL TAMPONADE
	<u>BLS / ALS</u>		<u>ALS</u>
Apply occlusive dressing / chest seal per System-specific procedure If patient deteriorates, temporarily remove dressing to let air escape.	If respiratory distress, appropriately VENTILATE WITH HIGH FiO₂ VIA BVM	Suspect when patient presents with severe respiratory distress or difficulty ventilating, with <b>any</b> of the following: hypotension, distended neck veins, absent breath sounds on the involved side, and/or tracheal deviation	NORMAL SALINE IV/IO fluid boluses, repeat as necessary. Titrate infusion rate
	ALS		presentation and
Anticipate the need for decompression to affected side Consider intubation; do NOT place patient on CPAP	Consider intubation, do NOT place patient on CPAP	PLEURAL DECOMPRESSION of affected side, per System-specific procedure Assess for PEA. Refer to <u>ADULT</u> <u>ASYSTOLE/PEA</u> if present.	SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes

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## ABDOMINAL / PELVIC INJURIES

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 07/01/2023

**REVIEWED: N/A** 

**REVISED: N/A** 

## <u>BLS / ALS</u>

## 1. ADULT INITIAL TRAUMA CARE

- 2. Initiate rapid transport; contact Medical Direction
- 3. Do not remove impaled objects.
- 4. If evisceration noted, cover exposed organs with saline-soaked sterile dressing, and cover with occlusive dressing. Do **NOT** attempt to put organs back inside the abdominal cavity.
- 5. Consider analgesia if appropriate, per ADULT PAIN CONTROL SMO
- 6. Place a pelvic stabilizing device for suspected pelvic instability.

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## **MUSCULOSKELETAL INJURIES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

## BLS / ALS

1. ADULT INITIAL TRAUMA CARE

## <u>ALS</u>

- 2. Consider analgesia, if patient SBP >100 mmHg
  - NITROUS OXIDE (NITRONOX®) per System-specific policy for MILD pain
  - For SEVERE pain treat per ADULT PAIN CONTROL SMO.
- 3. Splint or immobilize injuries as indicated
  - If pulses are lost after applying a traction splint, leave splint in place. Do not release traction. Notify Medical Direction of change in status.
- 4. Elevate extremity and or apply cold pack after splinting when appropriate
- 5. Assess for injury and consider SPINE MOTION RESTRICTION SMO as indicated
- 6. Check for distal vascular, motor, and sensory function
- 7. If patient is experiencing nausea or vomiting, consider <u>ONDANSETRON (ZOFRAN®)</u> ODT 4 mg tab or 4 mg slow IV x 1 dose only
- If long bone fracture with displacement/muscle spasm, and hemodynamically stable, consider <u>MIDAZOLAM (VERSED®)</u> 2 mg increments IV/IM/IN every 2 minutes up to 10 mg total as necessary

INCAPACITATING BACK PAIN	AMPUTATION / DEGLOVING INJURIES
BLS	ALS
<ul> <li>Assess patient to differentiate musculoskeletal back pain from aortic aneurysm pain.</li> <li>history of onset and character of pain</li> <li>hypotension or syncope</li> <li>pain described as "tearing" or "ripping"</li> <li>presence or absence of femoral pulses and mottling of lower extremities</li> <li>any negative neurological finding</li> </ul>	<ul> <li>If amputation is incomplete, stabilize with bulky dressing</li> <li>If serious bleeding is present, apply tourniquet above amputation as close as possible to the injury. Note time tourniquet applied. DO NOT release tourniquet once it has been applied</li> <li>Care of amputated parts: <ul> <li>Wrap in normal saline moistened gauze or towel. Place in plastic bag and seal. DO NOT immerse tissue directly in water or normal saline.</li> <li>Place plastic bag in second container filled with ice or cold water or place on cold packs and bring with patient to the hospital.</li> </ul> </li> </ul>

	EMD (TASER®) WEAPON INJURIES		
ADOLI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

This SMO is to be used for patients who have been subdued by the use of any electromuscular disruption (EMD) weapon (i.e., TASER®)

1. Assess scene and ensure personal safety. Obtain baseline behavior from PD / LEO prior to EMD event

## 2. ADULT INITIAL TRAUMA CARE

- Assess for injury and/or altered mental status and treat per appropriate SMO
- Check and record baseline vital signs

   If ALS, include ECG monitoring for cardiac abnormalities
   If ALS and patient >35 years of age, consider 12-lead ECG
- Identify location of probes on the patient's body. Evaluate depth of skin penetration

BARBS MAY NOT BE REMOVED BY EMS IF EMBEDDED IN ANY OF THE FOLLOWING AREAS	SUPERFICIALLY EMBEDDED BARBS IN OTHER ANATOMIC LOCATIONS MAY BE REMOVED BY EMS
<ul> <li>Eyelid / Globe of the eye</li> <li>Face or Neck</li> <li>Genitalia</li> <li>Any Bony Prominence</li> <li>Spinal Column</li> <li>Stabilize / splint barbs in place and initiate transport.</li> </ul>	<ul> <li>Removal procedure:</li> <li>1.Place one hand on the patient where the barb is embedded to stabilize the skin surrounding the puncture site.</li> <li>2.Firmly grasp the barb with your other hand.</li> <li>3.Remove by gently pulling the barb straight out along the same plane it entered the body.</li> <li>4.Assure that the barb is intact</li> <li>5.Repeat procedure with second barb, if embedded.</li> <li>6.Return the barbs to law enforcement officials, utilizing standard precautions.</li> </ul>
	<ul> <li>Transport decision:</li> <li>Transport decisions regarding patients subdued by EMD weapons should be based on patient condition.</li> <li>If not transported to the hospital and if the patient has not had a tetanus immunization in the last five years, they should be advised to get one.</li> </ul>

	<b>CRUSH INJURIES / ENTRAPMENT</b>		
ADOLI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

## <u>BLS / ALS</u>

## 1. ADULT INITIAL TRAUMA CARE

- 2. Start treatment as soon as safely possible to do so (if safe, initiate treatment while patient is still entrapped or encased)
- 3. Identify any severe hemorrhage. If found on limb, place tourniquet as close to injury as possible (never on a joint). If unable to assess limb and there is a probable mechanism for crush / amputation, place tourniquet.
- 4. Give high flow  $O_2$  via NRB unless unsafe to do so.

## <u>ALS</u>

- 5. Establish large bore IV/IO x 2, give <u>NORMAL SALINE</u> initial bolus of 10 mL/kg (prior to extrication if possible). If pulmonary edema occurs, STOP bolus and treat per <u>ADULT</u> <u>PULMONARY EDEMA SMO</u>
- 6. For significant crush injuries or prolonged entrapped extremity, consider <u>SODIUM</u> <u>BICARBONATE 8.4%</u> 50 mEq IV/IO over 5 minutes
- ECG monitoring during entrapment, if possible. If signs/symptoms of hyperkalemia are noted, treat per <u>ADULT SUSPECTED HYPERKALEMIA SMO</u>. Once removed, 12 lead ECG should be obtained and repeated as indicated.
- 8. Consider analgesia, if patient SBP >100 mmHg per ADULT PAIN CONTROL SMO
- After initial normal saline fluid bolus, give an ADDITIONAL <u>NORMAL SALINE</u> 1 L/hr. If pulmonary edema occurs, STOP infusion and treat per <u>ADULT PULMONARY EDEMA</u> <u>SMO</u>
- 10. If cardiac arrest occurs, treat per appropriate SMO
  - ADULT VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA
  - ADULT ASYSTOLE / PEA
  - ADULT PULSELESS POLYMORPHIC VENTRICULAR TACHYCARDIA

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## **SUSPENSION INJURIES APPROVED FOR USE BY:**

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

## **BLS / ALS**

## 1. ADULT INITIAL TRAUMA CARE

- 2. Coach patient to keep knees elevated until, during and post rescue DO NOT ALLOW PATIENT TO STAND
- 3. Place patient in high Fowler's position, with knees to chest during transport
  - If patient is unresponsive place in lateral position with knees to chest
  - If patient needs to be placed supine, knees should be placed or held to chest
- 4. Give High FiO<sub>2</sub> Oxygen unless contraindicated

## ALS

- 5. Establish IV, give NORMAL SALINE 1,000 mL IV after rescue, if pulmonary edema occurs, STOP bolus and treat per ADULT PULMONARY EDEMA SMO
- 6. Assess ECG, if signs and symptoms of hyperkalemia treat per ADULT SUSPECTED HYPERKALEMIA SMO
- 7. Consider analgesia, if patient SBP >100 mmHg per ADULT PAIN CONTROL SMO
- 8. If cardiac arrest occurs, treat per appropriate SMO
  - ADULT VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA
  - ADULT ASYSTOLE / PEA
  - ADULT PULSELESS POLYMORPHIC VENTRICULAR TACHYCARDIA

	NEAR DROWNING		
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

- 1. ADULT INITIAL TRAUMA CARE
- 2. Remove wet clothing
- 3. Assess patient's temperature
  - If NORMOTHERMIC, treat cardiac dysrhythmias per appropriate SMO
  - If HYPOTHERMIC, treat per ADULT COLD EMERGENCIES SMO
- 4. Treat any respiratory symptoms per appropriate SMO

ADEQUATE VENTILATION AND RESPIRATORY EFFORT	INADEQUATE VENTILATION AND RESPIRATORY EFFORT
<ul> <li>Complete initial assessment</li> <li>Remove wet clothing</li> <li>Prevent further heat loss</li> <li>Provide supplemental oxygen as indicated</li> <li>Refer to <u>ADULT COLD EMERGENCIES</u> <u>SMO</u>, as needed</li> <li>Contact Medical Direction</li> <li>Transport</li> <li>Support ABCs</li> <li>Observe</li> </ul>	<ul> <li><u>In water</u>, start rescue breathing / ventilations</li> <li><u>When out of water</u>, begin CPR</li> <li>Apply AED / defibrillator and check rhythm</li> </ul>
Keep warm	If breathing resumes
	IF BREATHING DOES NOT RESUME
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	Refer to appropriate adult <u>CARDIAC</u> and/or <u>RESPIRATORY</u> SMO

ADULT <u>SUSPECTED ABUSE OR</u> (DOMESTIC, SEXUAL, EI		ISE OR NEGLECT EXUAL, ELDER)
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: N/A

- 1. ADULT INITIAL MEDICAL CARE or ADULT INITIAL TRAUMA CARE
- 2. Treat obvious injuries per appropriate SMO
- 3. History, physical exam, scene survey. Document findings on patient care report.

<ul> <li>Provide information on services available to victims of suspected abuse See Domestic Crime victim information forms</li> <li>Encourage victim to seek medical attention</li> <li>Reporting is mandatory in a case of suspected elder abuse. EMS providers must notify one of the following:</li> <li>Illinois Department on Aging, Elder Abuse Hotline:</li> <li>Illinois Nursing Home Abuse Hotline</li> </ul>	SUSPECTED DOMESTIC OR SEXUAL ABUSE	SUSPECTED ELDER ABUSE
	<ul> <li>Provide information on services available to victims of suspected abuse See Domestic Crime victim information forms</li> <li>Encourage victim to seek medical attention</li> <li>If patient is a victim of suspected abuse and age &lt;18 years of age, DCFS must be contacted by EMS providers <ul> <li>1-800-25-ABUSE (24-hour phone line)</li> </ul> </li> <li>Contact receiving facility to ensure availability of Sexual Assault Nurse Examiner (SANE).</li> <li>If SANE not available, consider bypassing to facility with SANE Nurse/Staff present, with Medical Direction approval</li> </ul>	<ul> <li>Reporting is mandatory in a case of suspected elder abuse. EMS providers must notify one of the following:</li> <li>Illinois Department on Aging, Elder Abuse Hotline:</li> <li>1-866-800-1409</li> <li>Illinois Nursing Home Abuse Hotline</li> <li>1-800-252-4343</li> </ul>

	RADIATION	N INJURIES
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: N/A

- 1. FOLLOW DIRECTIONS OF THE HAZMAT COMMAND ON SCENE.
- 2. ADULT INITIAL MEDICAL CARE or ADULT INITIAL TRAUMA CARE
- 3. Patient management per appropriate SMO
- 4. Contact Medical Direction, as soon as practical, and indicate the following:
  - number of victims
  - medical status of victims
  - source of radiation
  - amount and kinds of radioactivity present

For assistance, 24-hour hotline number is available:



	BLAST INJURIES	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	REVIEWED: N/A	REVISED: N/A

- 1. HAZMAT precautions as indicated
  - Treat all explosions as a crime scene unless directed otherwise by law enforcement
  - Consider risk of secondary devices

## 2. ADULT INITIAL TRAUMA CARE

- Be alert for significant bleeding and/or amputations
- 3. Secure airway as needed; persistent hypoxia despite high-flow oxygen administration is an indication for early intubation due to blast lung injuries
- 4. SPINAL MOTION RESTRICTION SMO as indicated
- 5. Treat injuries per appropriate SMO; explosions have high likelihood of multi-system involvement.
  - ADULT HEAD INJURIES
  - ADULT EYE INJURIES
  - ADULT NECK / SPINE INJURIES
  - ADULT CHEST / THORACIC INJURIES
  - ADULT ABDOMINAL INJURIES
  - ADULT MUSCULOSKELETAL INJURIES
  - ADULT CRUSH INJURIES / ENTRAPMENT
  - ADULT BURNS

Note:

• Tympanic membrane rupture is the most common type of blast injury and may be associated with other more serious blast injuries. When tympanic membrane rupture is not present, other blast pressure injuries are less likely, **but cannot be ruled out.** 



## **BURNS – GENERAL GUIDELINES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

## BLS / ALS

- 1. Ensure scene safety, move patient to safe area
- 2. Ensure burning process has stopped
- 3. ADULT INITIAL TRAUMA CARE
  - Complete primary assessment, assess for:
    - Stridor
       ○Wheezing

- oRetractions
- ○Tachypnea

Decreased respirations or apnea
 Decreasing consciousness

- 4. Consider need for SPINAL MOTION RESTRICTION (SMR)
- 5. Remove constricting clothing / jewelry
- 6. Unresponsive patients found at the scene of a fire, consider cyanide poisoning. Refer to <u>ADULT CYANIDE EXPOSURE SMO</u>
- Evaluate depth of burn and estimate extent using <u>ADULT RULE OF NINES OR PALM</u> <u>METHOD</u> (patient's palm equals 1% BSA). Use caution to ensure that only true burns are calculated and not soot. Do not include 1<sup>st</sup> degree (superficial) burns in calculation.
- 8. Assess need for transport to Burn Center.
- 9. Keep patient warm and protect from hypothermia; be cautious with cooled / wet dressings

## NOTE:

 Intramuscular and/or subcutaneous medications should NOT be administered through burned tissue.

## <u>ALS</u>

- 10. If patient is in pain and systolic BP >90mmHg, treat per <u>ADULT PAIN CONTROL</u> <u>SMO.</u>
- 11. For burns <u>> 20% total body surface area burned (TBSA)</u>, initiate fluid resuscitation with <u>NORMAL SALINE</u> at a rate of 500 mL/hr.



	<u>CHEMICA</u>	L BURNS
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. ADULT INITIAL TRAUMA CARE
- 2. ADULT BURNS GENERAL GUIDELINES
- 3. HazMat precautions as indicated
- 4. Attempt to obtain name of chemical involved and MSDS/SDS information, if possible.
- 5. If powdered chemical, brush away excess. Remove clothing, if possible.
- 6. Irrigate with copious amounts of sterile water or Normal Saline, unless contraindicated, as soon as possible, and continue while transporting. Goal is *at least* 30 minutes of continuous irrigation.
- 7. Transport and notify Medical Direction or receiving hospital

## <u>ALS</u>

## 2. If EYE INVOLVEMENT:

- Assess visual acuity
- Remove contact lens and IRRIGATE EYE WITH <u>NORMAL SALINE</u>
   Do not contaminate the uninjured eye with contaminated irrigation solution
- Administer <u>TETRACAINE 0.5% (ALTACAINE®)</u> 1 drop in each affected eye. May repeat until pain relief achieved.
- 3. Contact Medical Direction
- 4. Transport
  - Support ABCs
  - Observe
  - Keep warm

	ELECTRICAL BURNS	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. ADULT BURNS GENERAL GUIDELINES
- 2. SPINE MOTION RESTRICTION as indicated
- 3. Identify, document, and describe and wounds, particularly those related to the electrical injury
- 4. Assess neurovascular status of affected part
- 5. Cover wounds with dry, sterile dressings (cooling not necessary)
- 6. Contact Medical Direction
- 7. Transport
  - . Support ABCs
  - . Observe
  - . Keep warm

## <u>ALS</u>

8. Assess ECG for dysrhythmias, including 12-lead ECG, and treat according to appropriate SMO

	INHALATION BURNS	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

## <u>BLS / ALS</u>

- 1. ADULT BURNS GENERAL GUIDELINES
  - Note presence of wheezing, hoarseness, stridor, carbonaceous (black) sputum / cough, singed nasal hair / eyebrows / eyelashes.
- 2. If wheezing, refer to ASTHMA OR COPD WITH WHEEZING / REACTIVE LOWER AIRWAY DISEASE SMO
- 3. Monitor EtCO<sub>2</sub> waveform (if available)
- 4. HIGH FiO<sub>2</sub> or VENTILATION
- 5. Contact Medical Direction
- 6. Transport
  - Support ABCs
  - Observe
  - Keep warm

## <u>ALS</u>

- 7. Thoroughly assess airway for presence of burns or soot.
  - The presence of soot or burns in/around the airway is **not** a sole indicator for intubation
  - Support airway and ventilation with least invasive methods first
  - If severe respiratory distress, stridor, or imminent respiratory arrest, consider **INTUBATION**. Refer to **ADULT DRUG ASSISTED INTUBATION** as needed.
- 8. Notify Medical Direction or receiving facility as soon as possible

## NOTE:

 Airway edema can take <u>several hours</u> to appear and become significant enough to risk airway loss. Burned airways can be significantly difficult to intubate, therefore in the absence of severe respiratory distress, stridor, imminent respiratory failure, or GCS ≤ 8, consider withholding intubation until arrival at receiving facility.

	THERMAL BURNS	
ADULI	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. ADULT INITIAL TRAUMA CARE
- 2. ADULT BURNS GENERAL GUIDELINES
- 3. <u>If burned area ≤ 10% TBSA:</u>
  - Cool burned area for no longer than five minutes with water or saline, if burn occurred within 15 minutes. Wet dressing may be applied for local pain relief
- 4. Wear gloves and mask until burn wounds are covered.
- DO NOT break blisters. If >10% TBSA affected, cover burn with DRY, sterile dressings
- 6. Open dry sheet on stretcher before placing patient for transport. Cover patient with dry sheets and blanket to maintain body temperature
# **MULTIPLE VICTIM INCIDENT (MVI)**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### 1. A multiple patient incident exists when:

- responding EMS providers can mitigate life-threats using standard operating procedures, **and**
- the responding EMS agency is able to acquire adequate numbers of responders and ambulances to provide normal levels of care and transportation, **and**
- hospitals that can be reached within the normally accepted transport time can provide adequate patient stabilization until definitive care can be provided. This may require receiving hospitals to activate their internal disaster plans, even though it is not necessary to implement the mass casualty response in the field.

#### 2. Practical application:

- No triage tags necessary (but may be used)
- Ambulance transport as usual
- Medical Direction radio contact by each transporting ambulance as usual
- Patient Care Reports to be completed as usual

#### 3. First EMS Unit on scene:

- One responder begins scene size-up and calls for additional resources
- Other responder(s) begin(s) primary triage using the <u>START</u>® or <u>JUMPSTART</u>® triage process
- Initial contact with Medical Direction at the closest hospital and report the nature of the incident and potential number of victims per System-specific policy

#### 4. Scene command decision:

- Begin transport of 2 of the most critical (red) patients to each of the nearest appropriate hospitals (adhering to trauma triage criteria for Level I and II transports) to help clear the scene
- Transporting EMS providers shall contact the receiving hospital for on-line Medical Direction

#### 5. Remaining patient disposition:

- Joint decision with Medical Direction: When the number of ill or injured persons exceeds the transport of 2 (of the most critical) patients to each of the nearest appropriate hospitals (adhering to trauma triage criteria for Level I and II transports), contact the closest Resource Hospital to coordinate remaining patient distribution. Inform them about the nature of the incident, the number of patients and their acuity levels.
  - o The hospital will assess receiving hospital status and relay receiving availability to scene
  - Make all attempts to evenly distribute remaining patients to local hospitals; do not overburden one facility
  - $_{\odot}$  While it is preferable to keep families together, it is not always in the best interest of patient care to do so
  - The hospitals will consider time of day, hospital resources available, patient acuity and trauma triage criteria in determining patient destinations
  - Follow System-specific policy regarding contact of EMS Medical Director and/or EMS System Coordinator

#### 6. Complete a patient care report on each patient transported

# **ADULT & PEDS**

# MASS CASUALTY INCIDENT (MCI) / DISASTERS

APPROVED FOR USE BY:

REVISED: N/A

ALL SYSTEMS

#### EFFECTIVE: 04/02/2019

Mass Casualty Incidents in Region VIII are governed by MABAS Divisions and County or System Mass Casualty Plans. Roles will vary. It is recommended that at least the following are designated for EMS purposes: Triage, Treatment and Transportation Groups.

**REVIEWED: 04/01/2023** 

#### 1. A mass casualty incident exists when the:

- number of patients and the nature of their injuries make the normal prehospital level of stabilization and care unachievable; **and/or**
- resources that can be brought to the field within primary and secondary response times are insufficient to manage the scene under normal operating procedures; and/or
- stabilization capabilities of area hospitals are insufficient to handle all the patients

#### 2. Practical application:

- Triage tags are to be used on all patients
- May transport more than one BLS patient in each ambulance
- No radio reports to hospitals; treat per SMOs
- No individual run reports necessary
- 3. First EMS unit on scene establishes temporary scene command:
  - One responder begins scene size up and calls for additional resources
  - Other responder(s) begin(s) primary triage using <u>START®</u> or <u>JUMPSTART®</u> and SMART Tag<sup>™</sup> systems

#### 4. Scene command / Joint decisions with Medical Direction:

- Call Resource Hospital from scene
  - Relay nature of incident; number of victims; general acuity; age groups, special needs and estimated time of arrival
  - o Communicate with Resource hospital as needed
- Resource Hospital shall assess receiving hospital status and relay receiving availability to scene
- Transportation officer should determine hospital destinations based on time of day, hospital resources available, and patient acuity
  - Make all attempts to evenly distribute remaining patients to area hospitals; do not overburden one facility
  - This may mean transports of longer than 25 minutes depending on patient volume.
  - o Preferable, but not necessary, to keep families together
  - Trauma triage criteria to Level I and Level II trauma centers may no longer apply depending on number of patients
- 5. Depending on the nature and magnitude of an incident, the EMS Medical Director or State Medical Director may suspend all EMS operations as usual and direct that all care be conducted by SMO and/or using personnel and resources as available



# **ADULT & PEDS**

# JUMPSTART® TRIAGE ALGORITHM

**APPROVED FOR USE BY:** 

ALL SYSTEMS

#### EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 



Use JumpSTART if the Patient appears to be a child.

Use an adult system, such as START, if the patient appears to be a young adult.



	<u>SPE</u>
ADULIAFEDS	

# SPECIALTY TRANSPORT

**APPROVED FOR USE BY:** 

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### GENERAL CONSIDERATIONS

- 1. In appropriate situations, EMS providers may request from Medical Direction the dispatch of specialty transportation services (helicopter or hospital-based ground units) to the scene of a prehospital emergency in accordance with the following criteria:
  - The patient meets trauma center criteria and transport time by the specialized unit to the desired center is less than an EMS providers transport time **OR**
  - Benefits to the patient due to the increased level of expertise of the specialized unit staff outweigh increased transport times

#### 2. If EMS providers conclude that specialty transport services are necessary:

	Edward Hospital EMS
Central DuPage Hospital EMS	Good Samaritan Hospital EMS
	Loyola University Medical Center EMS
Patient meets the above criteria and/or the "Star" criteria in "FIELD TRIAGE" SMO with an arrival time >25 minutes to Level 1 Trauma Center	Consider Placing Specialty Service on Standby
Utilize Specialty Transport with <b>OR without</b> Medical Direction approval	<ul> <li>Assess the need for specialty transport services based upon:</li> <li>Patient history</li> <li>The course of events (mechanism of injury, extrication times, etc.)</li> <li>The patient's condition as assessed at the scene</li> <li>Current local traffic patterns</li> <li>Weather conditions</li> <li>Obtain Medical Direction Approval.</li> <li>At no time shall a patient be transported from</li> </ul>
	authorization from Medical Direction

Follow SMOs in providing care until the arrival of the specialty transport unit

<b>REGION VIII CRITICAL CARE SERVICE PROVIDERS</b>			
Aeromedical	Ground Critical Care	<u>Bariatric</u>	
Air Methods LifeStar – Joliet 1-866-480-6030	Advanced Critical Transport (ACT) 1-708-387-0817	Advanced Critical Transport (ACT) BLS ONLY 1-708-387-0817	
	Edward Ambulance	Loyola Medicine Transport	
	1-630-646-3000	1-844-381-2620	

**NOTE**: Medical Direction may establish a prioritized listing of specialty transport services available in their geographic area

	EMERGENCY	EMERGENCY CHILDBIRTH		
OD/GTN	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 08/01/2023	REVISED: 08/15/2023		

Transport Guidelines for OB Emergencies:

Pregnant patients in cardiac arrest should be transported to the closest facility, regardless of the receiving facility's OB / Labor & Delivery capabilities.

Any pregnant patient who is NOT in cardiac arrest, and has a potential symptom or injury that could result in the need for OB involvement and/or monitoring should be transported to a facility with appropriate OB / Labor & Delivery services. In these cases, the benefits of additional transport time and distance outweigh any risks of transporting these patients to a non-OB / Labor & Delivery capable hospital.

If the need for transport to an OB / Labor & Delivery capable facility is questionable, contact Medical Direction at the non-OB capable hospital for further guidance regarding transport to those facilities.

#### PHASE I: UNCOMPLICATED LABOR

#### BLS / ALS

- 1. Assess history and determine if there is adequate time to transport
  - Gravida (number of pregnancies) and Para (number of live births)
  - Number of miscarriages, stillbirths, and multiple births
  - Due date (expected date of confinement, "EDC") or date of LMP (last menstrual period)
  - Onset, duration, and frequency of contractions (time from beginning of one contraction to beginning of the next)
  - Length of previous labors in hours
  - Status of membranes, intact or ruptured. If ruptured, inspect for prolapsed cord or evidence of meconium
  - HIGH RISK CONCERNS
    - maternal drug opreterm labor (<37 weeks) abuse</li>
       teenage pregnancy
       pregnancy
       oprevious breech or C-section may compromise mother and/or fetus
- Inspect for bulging perineum, crowning, or whether patient is involuntarily pushing with contractions. If contractions are two minutes apart with crowning or any of the above are present, prepare for delivery. If delivery is not imminent, transport on left side. DO NOT ATTEMPT TO RESTRAIN OR DELAY DELIVERY UNLESS PROLAPSED CORD IS NOTED.

#### **IMMINENT DELIVERY**

- 1. ADULT INITIAL MEDICAL CARE
- 2. If patient is hyperventilating, coach her to take slow deep breaths
  - <u>ALS</u>: If patient becomes hypotensive or lightheaded at any time, <u>NORMAL SALINE</u> IV FLUID BOLUSES
  - $\circ$  Reassess vital signs every 5 minutes and closely monitor for respiratory changes

#### Request additional ALS unit for second patient

- 3. Position patient supine on a flat surface, if possible. Use standard precautions.
- 4. Open OB pack. Place drapes over the patient's abdomen and beneath perineum. Prepare bulb syringe, cord clamps and Chux to receive newly born. Have newly born/neonatal-sized BVM with oxygen supply ready.

#### PHASE II: DELIVERY

- 1. Control rate of delivery by placing palm of one hand over occiput. Protect perineum with pressure from other hand
- 2. If amniotic sac is still intact, gently twist or tear the membrane. Note presence or absence of meconium
- 3. Once the head is delivered, allow it to passively turn to one side
- 4. Feel around the neck for the umbilical cord (nuchal cord). If present, attempt to gently lift it over the head. If unsuccessful, double clamp and cut the cord between the clamps.
- 5. To facilitate delivery of the upper shoulder, gently guide to head downward. Once the upper shoulder is delivered, support and lift the head and neck slightly to deliver the lower shoulder. Allow head to deliver passively
- 6. The rest of the newly born should deliver quickly with one contraction. Firmly grasp the newly born as it emerges. Newly born will be wet and slippery
- 7. Keep newly born level with vagina until cord stops pulsating and is double clamped

#### PHASE III: CARE OF THE NEWLY BORN

The majority of newborns require no resuscitation beyond maintenance of temperature, mild stimulation, and suctioning of the airway. Transport is indicated as soon as the airway is secured and resuscitative interventions, if needed, are initiated. If the <u>APGAR</u> score is <6 at 1 minute or meconium is present, begin resuscitation.

#### BLS / ALS

#### 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. Deliver head and body
- 3. Clamp and cut cord
- 4. Assess newly born risk factors:
  - Term gestation?
  - Breathing or crying?
  - Good muscle tone?
- 5. Provide basic care:
  - Warm and maintain normal temperature
  - Position; clear airway as needed with bulb syringe or suction, mouth before nose
  - Dry the newly born and stimulate
- 6. Assess condition and respirations:

Apnea or gasping	<u>Labored breathing or</u> persistent cyanosis		Adequate breathing and good <u>color</u>
<ul> <li>Positive pressure ventilations</li> <li>SpO<sub>2</sub> monitor</li> <li>ECG monitor</li> </ul>	<ul> <li>Position and cleat</li> <li>SpO<sub>2</sub> monitor</li> <li>ECG monitor</li> <li>Consider need for FiO<sub>2</sub></li> </ul>	ar airway or increased	<ul> <li>SpO<sub>2</sub> monitor</li> <li>Consider ECG monitor</li> </ul>
	NEWBORN TAI	RGETED SpO <sub>2</sub>	
1 MIN			60 – 65%
2 MIN			65 – 70%
3 MIN			70 – 75%
4 MIN			75 – 80%
5 MIN			80 - 85%
10 MIN			85 – 95%

7. Assess heart rate

HEART RATE >100	<u>HEART RATE 60 – 100</u>	HEART RATE <60
<ul> <li>Contact Medical Direction</li> <li>Support ABCs</li> <li>Provide basic care</li> <li>If at any time heart rate decreases, follow appropriate steps</li> </ul>	<ul> <li>Continue ventilations for 1-2 minutes</li> </ul>	• <b>CPR</b> for 30 seconds at a
REASSESS H	EART RATE	ratio of 3:1 with
HEART RATE <60	HEART RATE 60 - 100	30%)
<ul> <li>Attempt ENDOTRACHEAL INTUBATION and VASCULAR ACCESS</li> <li>EPINEPHRINE 1:10,000 0.1 mL/kg IV/IO or 0.3 mL/kg ET</li> <li>Repeat EPINEPHRINE every 3 min with continuous CPR as long as HR remains &lt;60</li> </ul>	<ul> <li>Continue ventilations</li> <li>Contact Medical Direction</li> <li>Support ABCs</li> <li>Provide basic care</li> </ul>	<ul> <li>Consider</li> <li>ENDOTRACHEAL</li> <li>INTUBATION</li> <li>Consider VASCULAR</li> <li>ACCESS</li> </ul>

#### PHASE IV: POSTPARTUM CARE

- Placenta should deliver in 20-30 minutes. If delivered, collect in plastic bag from OB kit and transport to hospital for inspection. Do NOT pull on umbilical cord to facilitate delivery of the placenta. DO NOT DELAY TRANSPORT AWAITING DELIVERY OF PLACENTA.
- 2. If perineum is torn and/or bleeding, apply direct pressure with sanitary pads, and have patient bring her legs together. Apply cold pack or ice bag to perineum (over pad) for comfort and to reduce swelling.

### <u>ALS</u>:

- 3. If estimated blood loss >500 mL:
  - NORMAL SALINE IV/IO fluid boluses, titrated to SBP ≥90 mmHg
     ○Reassess vital signs every 5 minutes and closely monitor for respiratory changes
  - Massage top of uterus (fundus) until firm
  - Breast-feeding may increase uterine tone. Allow newly born to nurse
- 4. If signs of hypoperfusion despite above treatment, start second IV while transporting and administer fluid boluses

- Focus should be on newborns appearance, not the presence of meconium
- Consider <u>APGAR</u> at 1 and 5 minutes, but do not interrupt resuscitation to obtain
- Per Medical Direction, consider:
  - DEXTROSE 10% 5 mL/kg IV/IO
  - NORMAL SALINE IV fluid bolus of 10 mL/kg
  - oNALOXONE (NARCAN®) 0.1 mg/kg IV/IN/IO

			APGAR	<b>SCORING</b>		
		APPROVED FOR USE BY: ALL SYSTEMS				
EFFECTIVE: 10/01/2	2021	Revie	REVIEWED: 04/01/2023 REVISED: 10/0		1/2021	
		APG	AR SCORING			
		0	1	2	1 min	5 min
Appearance (Skin color)	Blue	or Pale	Blue Hands or Feet	Entirely Pink		
Pulse (Heart rate)	Ab	sent	<100 /min	>100 /min		
Grimace (Reflex irritability)	L	imp	Grimace	Cough/Sneeze or Appropriate to Stimuli		
Activity (Muscle tone)	L	imp	Some Flexion of Extremities	Active Movement		
Respirations	Ab	sent	Weak Cry/Hypo- ventilation	Strong		

TOTALS

OB / GYN	DELIVERY COMPLICATIONS – BREE         OB/GYN       BIRTH         Approved for Use By:       All Systems		5
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 10/01/2021	REVIEWED: 04/01/2023	REVISED: 10/01/2021	

- 1. ADULT INITIAL MEDICAL CARE
  - HIGH FIO<sub>2</sub> or VENTILATION
  - LOAD AND GO SITUATION with treatment while transporting
  - Contact Medical Direction as soon as possible

# NEVER ATTEMPT TO PULL THE NEWLY BORN FROM THE VAGINA BY THE LEGS OR TRUNK

- 2. As soon as the legs are delivered, support the body wrapped in a towel.
- 3. After the shoulders are delivered, if face down, gently elevate the legs and trunk to facilitate delivery of the head
- 4. Head should deliver in 30 seconds with the next contraction. If NOT, reach two gloved fingers into the vagina to locate the mouth, and push vaginal wall away from mouth to form an airway. Keep fingers in place and transport immediately. Alert receiving hospital ASAP
- 5. Apply gentle pressure to the fundus. If head does NOT deliver in two minutes, keep your fingers in place to maintain the airway. Keep exposed part of the fetus warm and dry
- 6. If the head delivers, anticipate newly born distress. Refer to <u>EMERGENCY</u> <u>CHILDBIRTH - PHASE III: CARE OF THE NEWLY BORN</u>

OB / GYN	DELIVERY COMP SHOULDER D	LICATIONS – YSTOCIA	$\mathbf{O}$
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 10/01/2021	Reviewed: 04/01/2023	Revised: 10/01/2021	

- 1. ADULT INITIAL MEDICAL CARE
  - HIGH FiO<sub>2</sub> or VENTILATION
  - LOAD AND GO SITUATION with treatment while transporting
  - Contact Medical Direction as soon as possible
- 2. Place mother supine with knees to shoulders and reattempt delivery
- 3. If unsuccessful, return to supine position without knees to shoulders. Provide supplemental oxygen to newly born and protect head

OB / GYN	DELIVERY COMP PROLAPSE	LICATIONS – D CORD
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 10/01/2021	Reviewed: 04/01/2023	Revised: 10/01/2021

- 1. ADULT INITIAL MEDICAL CARE
  - HIGH  $FiO_2$  or VENTILATION
  - LOAD AND GO SITUATION with treatment while transporting
  - Contact Medical Direction as soon as possible
- 2. Place mother in Trendelenburg position with knees-to-chest
- 3. DO NOT push cord back into vagina
- 4. Place gloved fingers into vagina between pubic bone and presenting part, with the cord in between two fingers to monitor cord pulsations and exert counter pressure on the presenting part
- 5. Cover exposed cord with moist dressing and keep warm
- 6. Maintain hand placement until relieved at Emergency Department

ADULT	PREECL	AMPSIA		
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 10/01/2021	REVIEWED: 04/01/2023	REVISED: 04/01/2023		

SBP >160 mmHg and/or DBP >110 mmHg with <u>any</u> of the following:

- Headache
- Visual changes
- Altered mental status
- Abdominal pain
- Pulmonary Edema

# BLS / ALS

- 1. ADULT INITIAL MEDICAL CARE
- 2. HIGH FiO2 or VENTILATION

- 3. If altered mental status or signs of hypoperfusion, <u>NORMAL SALINE</u> IV fluid boluses, titrated to effect
  - Reassess vital signs every 5 minutes and closely monitor for respiratory changes
  - Palpate abdomen to determine uterine tone and presence of contractions
  - Place mother on left side or raise right side of backboard 20-30°. Insert second IV line if no response to initial fluids
- HANDLE PATIENT GENTLY. Minimize CNS stimulation (avoid lights and siren). DO NOT check pupil response. Seizure precautions. If seizure occurs, refer to <u>ADULT</u> <u>SEIZURE / STATUS EPILEPTICUS SMO.</u>
- 5. MAGNESIUM SULFATE 2 g infusion (mix in 50-100 mL of D5W or NS) IV/IO over 10 minutes

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	U		

APPROVED FOR USE BY:

**ECLAMPSIA** 

ALL SYSTEMS

EFFECTIVE: 10/01/2021

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### ANTEPARTUM OR POST-PARTUM SEIZURE ACTIVITY

#### **BLS / ALS**

- 1. ADULT INITIAL MEDICAL CARE
- 2. HIGH FiO2 or VENTILATION

- 3. If altered mental status or signs of hypoperfusion, <u>NORMAL SALINE</u> IV fluid boluses, titrated to effect
  - Reassess vital signs every 5 minutes and closely monitor for respiratory changes
- 4. Palpate abdomen to determine uterine tone and presence of contractions
- 5. Place mother on left side or raise right side of backboard 20-30°. Insert second IV line if no response to initial fluids
- 6. **HANDLE PATIENT GENTLY**. Minimize CNS stimulation (avoid lights and siren). DO NOT check pupil response. Seizure precautions
- 7. MAGNESIUM SULFATE 2 g IV/IO over 2 minutes (1 g/min).
  - May repeat <u>MAGNESIUM SULFATE</u> 2 g IV/IO over 2 minutes x 1 to a total dose of 4
- If seizure persists after infusion of MAGNESIUM, give <u>MIDAZOLAM (VERSED®)</u> 2 mg IV/IO (4 mg IN) every 2 minutes up to 10 mg as necessary, titrated to control seizures

DEDG	AIRWAY OBSTRUCTION		
PED3	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

### 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. Complete primary and secondary assessment
  - Assess for signs of:
    - Suspected foreign body
    - o Obstruction or epiglottitis
    - o Anaphylaxis
- 3. Refer to <u>PEDIATRIC RESPIRATORY DISTRESS WITH A TRACHEOSTOMY</u> or <u>PEDIATRIC RESPIRATORY DISTRESS – HOME VENTILATOR SMO</u>, as indicated
- 4. If foreign body suspected, open mouth and remove foreign body if visible
- 5. Reposition airway
- 6. Consider back slaps, chest/abdominal thrusts (age dependent)

- 7. Direct laryngoscopy, foreign body removal with Magill forceps if indicated
- 8. Secure airway as appropriate
- 9. Consider AGE-APPROPRIATE CRICOTHYROIDOTOMY

DEDS	DRUG ASSISTED INTUBATION			
FLUG	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: 04/01/2023		

# <u>ALS</u>

This SMO is to be used for patients <15 years of age. If ≥15 years of age, see <u>ADULT DRUG ASSISTED INTUBATION SMO</u>

- 1. The following are situations which may require the use of this SMO to facilitate intubation:
  - Pediatric Glasgow Coma Scale (PCGS) score ≤ 8
  - Imminent respiratory arrest or imminent tracheal / laryngeal closure from any cause
- 2. Prepare patient and equipment for procedure:
  - Position patient in sniffing position unless cervical spine injury suspected
  - HIGH FiO<sub>2</sub> VENTILATION prior to and in-between steps of this procedure as able
- 3. Give sedation. Choose only 1 medication to use for sedation based on patient condition:

KETAMINE (KETALAR®)		MIDAZOLAM (VERSED®) For use if Ketamine unavailable
INITIAL DOSE:		INITIAL DOSE:
2 mg/kg SLOW IV/IO, max TOTAL dose 500 mg		0.1 mg/kg SLOW IV/IO, max dose 10 mg
REPEAT DOSE:		REPEAT DOSE:
1 mg/kg SLOW IV/IO, max dose 250 mg		Contact Medical Direction

- 4. If gag reflex present, give **BENZOCAINE (HURRICAINE®) SPRAY** 0.5 1 second spray, 30 second interval x 2.
- 5. Attempt oral or oral in-line intubation via System-specific procedure
- 6. After passing of tube, verify placement:
  - Adequate chest expansion bilaterally and symmetrically
  - Positive bilateral breath sounds
  - Negative epigastric sounds
  - Waveform capnography, end tidal CO<sub>2</sub> detector and/or esophageal detection device per System-specific procedure
- 7. Secure ET tube and reassess placement
- 8. Continuous waveform EtCO2 monitoring

If unsuccessful intubation, continue High FiO<sub>2</sub> ventilation, contact Medical Direction, and be prepared for alternative/rescue airway device use or CRICHOTHYROIDOTOMY per System-specific procedure.

DEDS	POST-INTUBATION SEDATION			
FLUG	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023		

# <u>ALS</u>

### This SMO is to be used for patients <15 years of age IF >15 YEARS OF AGE, SEE ADULT POST-INTUBATION SEDATION SMO

1. Following successful endotracheal intubation, give sedation to facilitate continued mechanical or manual ventilation.

<u>IV / IO</u>	<u>IN</u>
MIDAZOLAM (VERSED®) 0.1 mg/kg SLOW push every 2 minutes Max single dose 2 mg	MIDAZOLAM (VERSED®) 0.2 mg/kg every 2 minutes Max single dose 4 mg
MAX total dose:	MAX total dose:
6 mg if <5 years of age	6 mg if <5 years of age
10 mg if ≥5 years of age	10 mg if ≥5 years of age
MAX TOTAL DOSE INCLUDES INITIAL	MAX TOTAL DOSE INCLUDES INITIAL
SEDATION DOSE	SEDATION DOSE

DEDO	PARTIAL (UPPER) AIRWAY OBSTRUCTION			
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A		

- 1. PEDIATRIC INITIAL MEDICAL CARE
  - Refer to <u>PEDIATRIC RESPIRATORY DISTRESS WITH A TRACHEOSTOMY</u> or <u>PEDIATRIC RESPIRATORY DISTRESS – HOME VENTILATOR SMO</u>, as indicated
  - If wheezing, refer to <u>PEDIATRIC ASTHMA/COPD WITH WHEEZING /REACTIVE</u> LOWER AIRWAY DISEASE.
- 2. Do not delay transport waiting for a response. Attempt to avoid agitation or excessive stimulation.

STABLE		UNSTABLE		
Effective air exchange with no cyanosis		Cyanosis, marked stridor or respiratory distress, drooling, retractions, tripod positioning, evidence of inadequate air exchange, bradycardic, altered mental status, retractions, actual or impending respiratory arrest		
SUSPECTED CROUP	SUSPECTED EPIGLOTTITIS	SUSPECTED CROUP	SUSPECTED EPIGLOTTITIS	
NORMAL SALINE 6 mL via nebulizer, may repeat x 1	EPINEPHRINE (ADRENALIN®) 1:1000 3 mg (3 mL) via nebulizer	EPINEPHRINE (ADRENALIN®) 1:1000 3 mg (3 mL) via nebulizer	BREATHING: EPINEPHRINE (ADRENALIN®) 1:1000 3 mg (3 mL) via nebulizer APNEIC •HIGH FiO <sub>2</sub> VENTILATION •Attempt ENDOTRACHEAL INTUBATION x 1 if unable to ventilate •If intubation unsuccessful, perform CRICOTHYROID- OTOMY	

PEDS	REACTIVE LOWER AIRWAY DISEASE / ASTHMA			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023 REVISED: 04/01/202			
BIS/AIS				

#### 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. Complete primary and secondary assessment.
  - Assess for signs of:
  - •Wheezing •Diminished respirations o Tachycardia / bradycardia Retractions
  - Decreasing consciousness OGrunting ODecreased breath sounds Tachypnea
- 3. Position of comfort

#### BLS

4. Assist patient with prescribed beta-agonist MDI if available



4. PICK ONLY ONE OF THE FOLLOWING MEDICATIONS:						
ALBUTEROL / IPRATROPIUM (DUONEB®)		ALBUTEROL (VENTOLIN®)		LEVALBUTEROL (XOPENEX®)		<u>TERBUTALINE</u> (BRETHINE®)
2.5 – 3.0 mg / 0.5 mg via nebulizer	O R	For use when Albuterol / Ipratropium (DuoNeb®) not available	O R	For use when Albuterol (Ventolin®) not available	O R	For use when Levalbuterol (Xopenex®) not available and EMS System approval
contained may vary)	2.5 mg (3 mL) via nebulizer		0.63 mg via nebulizer		0.01 mg/kg SQ x1 Max dose 0.25 mg NO REPEAT DOSE	
IF NO RESPON	IF NO RESPONSE TO BETA-AGONIST, OR PATIENT IN SEVERE RESPIRATORY					RESPIRATORY
	EPINEPHRINE (ADRENALIN®) 1:1,000 IM					
<u>&lt;30 KG B</u>	<u>'DC</u>	<u>Y WEIGHT</u>		<u>≥30 KG B</u> (	יםכ	<u>Y WEIGHT</u>
0.15 mg	<b>) (</b> 0	.15 mL)		0.3 mg	g (O	.3 mL)
IF SEVERE RESPIRATORY DISTRESS PERSISTS DESPITE BETA-AGONIST AND EPINEPHRINE ADMINISTRATION:						
MAGNESIUM SULFATE 25 mg/kg (maximum 2 g) infusion (mix in 50-100 mL of D₅W or NS) IV/IO over 10 minutes per System-Specific Policy						
Special Considerations:						
• If stable crown is suspected, consider NOPMAL SALINE 6 ML NERULIZED by mask or sim						

- If stable croup is suspected, consider <u>NORMAL SALINE 6 ML NEBULIZER</u> by mask or aim mist (blow by) at child's face
- If assisting patient with a beta-agonist MDI, it should be administered through a holding chamber or spacer device, if available. Beta-agonist MDI inhalers include, among others, albuterol (Proventil®, Ventolin®) and levalbuterol (Xopenex®).

DEDS	RESPIRATORY ARREST		
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Perform appropriate airway maneuver
  - Modified jaw thrust or chin lift/head tilt
  - Suction
  - Oropharyngeal airway
- 3. Consider SPINE MOTION RESTRICTION as indicated
- 4. If foreign body suspected:
  - Open mouth and remove foreign body if visible
  - Reposition airway
  - Consider back slaps / abdominal thrusts (age-dependent)
- 5. If not breathing ASSIST WITH HIGH FiO<sub>2</sub> BVM
  - Consider airway insertion
- 6. Inadequate chest rise
  - Reposition airway
  - Consider airway insertion

#### <u>BLS</u>

- 7. Cardiopulmonary compromise
  - Refer to <u>PEDIATRIC AED SMO</u>, <u>PEDIATRIC ASYSTOLE / PEA</u>, or <u>PEDIATRIC</u> <u>VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA</u>, as appropriate
  - If heart rate <60 BPM, go to <u>PEDIATRIC BRADYDYSRHYTHMIAS SMO</u>

#### <u>ALS</u>

- 8. Cardiopulmonary compromise
  - Establish VASCULAR ACCESS IV/IO at rate of 20 mL/hr
  - Refer to <u>PEDIATRIC AED SMO</u>, <u>PEDIATRIC ASYSTOLE / PEA</u>, or <u>PEDIATRIC</u> <u>VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA</u>
  - If heart rate <60 BPM, go to <u>PEDIATRIC BRADYDYSRHYTHMIAS SMO</u>
- 9. Maintain adequate ventilation, if needed place advanced airway. If intubation needed see <u>PEDIATRIC DRUG ASSISTED INTUBATION SMO</u>
- 10. Consider AGE-APPROPRIATE CRICOTHYROIDOTOMY

- Respiratory arrest may be a presenting sign of a toxic ingestion, metabolic disorder or anaphylaxis
- Consider <u>NALOXONE (NARCAN®)</u> or <u>DEXTROSE</u> as indicated

PEDS	RESPIRATORY DISTRESS – HOME VENTILATOR			
	APPROVED FOR USE BY:	ALL SYSTEMS		
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A		

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Open airway
- 3. Remove patient from ventilator and **VENTILATE** with **HIGH FiO**<sub>2</sub> using bag valve to tracheostomy tube

#### Able to Ventilate

- 4. Contact Medical Direction (if BLS, consider ALS backup)
- 5. Transport
  - Support ABCs
  - Observe
  - Keep warm

#### Unable to Ventilate

6. Refer to **PEDIATRIC RESPIRATORY DISTRESS WITH A TRACHEOSTOMY TUBE SMO**, for obstructed airway guidelines

- Consider using parent/caregivers/home health nurses as medical resources at home and while transporting
- Consider alerting Medical Direction of parent/caregiver participation in care
- Consider allowing caregiver to remain with child regardless of child's level of responsiveness
- Bring ventilator to the hospital or have parents/caregivers bring the ventilator to the hospital

PEDS	RESPIRATORY DISTRESS – TRACHEOSTOMY TUBE		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

### 1. PEDIATRIC INITIAL MEDICAL CARE

- GIVE HIGH FiO<sub>2</sub> per tracheostomy collar
- Suction and reassess airway adequacy
- If still obstructed, repeat suction, after removing inner cannula if present
- Still obstructed, have caregiver change trach tube, or insert appropriately sized ET tube into stoma
- Reassess airway adequacy

#### 2. If adequate airway: HIGH FiO<sub>2</sub> BY MASK or ASSIST WITH HIGH FiO<sub>2</sub> BVM

- Perform frequent reassessment for obstruction:
  - Retractions
     Decreasing consciousness

  - $\circ$  Wheezing / stridor  $\circ$  Cyanosis
  - o Tachypnea

#### 4. Continued Obstruction:

- VENTILATE with HIGH FiO₂ using bag valve to trach tube
- If unable to ventilate to trach tube, ventilate with BVM to mouth (cover stoma)
- If no chest rise, ventilate with BVM (infant mask) to stoma
  - o Chest must rise and fall with each ventilation

#### <u>BLS</u>

- 5. Refer to appropriate Pediatric **RESPIRATORY** or **CARDIAC** SMO as indicated
- 6. Contact Medical Direction and consider ALS backup if available

#### <u>ALS</u>

7. If wheezing, refer to PEDIATRIC REACTIVE LOWER AIRWAY DISEASE / ASTHMA SMO

8. Refer to appropriate Pediatric **RESPIRATORY** or **CARDIAC** SMO as indicated

#### For Transport

#### **BLS / ALS**

- 9. Support ABCs
  - Observe
  - Keep warm
  - Transport in position of comfort
  - Consider allowing caregiver to remain with child regardless of child's level of responsiveness

- If chest rise inadequate:
- Reposition the airway
- If using mask to stoma, consider inadequate volume delivered. Compress bag further and/or depress pop-off valve.

DEDQ	AED <1 YEAR OF AGE	
PED5	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

#### <u>BLS</u>

# 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. Establish unresponsiveness.
- 3. If unresponsive, check pulse for a maximum of 10 seconds. If pulseless, start chest compressions (rate of 100 120 per minute) at the appropriate ratio
  - Single rescuer 30 compressions: 2 ventilations
  - Two rescuers 15 compressions: 2 ventilations
  - Give 2 ventilations (over 1 second each) that cause the chest to rise (if chest does not rise, reposition, reattempt). Allow for adequate exhalation time.
  - CPR emphasis is to provide continuous high-quality CPR with no delays and minimal interruptions
- 4. Attach AED and analyze rhythm as soon as available.
  - Attach pads to bare dry skin in proper position. (NOTE: It is always desirable to utilize an AED with pediatric capabilities and pads. If unavailable, use of any AED and pad is appropriate.)
  - If PEDIATRIC pads available: Apply to anterior chest with proper contact without overlap of pads. If overlap of pads (or within one inch of each other), use anterior / posterior pad placement with <u>SPINE MOTION RESTRICTION</u> if neck/back injury suspected.
  - If only ADULT pads available: Consider whether the size of the pediatric patient would allow anterior / anterior pad placement as above. Otherwise apply anterior / posterior with <u>SPINE MOTION RESTRICTION</u> if neck/back injury suspected.
- 5. Press analyze button (if present) and stand clear of patient.
  - If shock advised:
    - Continue CPR until ready for **SHOCK**
    - Ensure that all are "clear" of patient and press **SHOCK** button
    - Resume CPR immediately beginning with compressions
    - Every 2 minutes, analyze / shock as indicated / resume CPR
  - If no shock advised:
    - $\circ~$  Check airway, breathing and other signs of circulation; resume CPR if indicated.
- 6. Contact Medical Direction
- 7. Transport
- 8. Support ABCs
- 9. Observe
- 10. Keep warm

- If injury or neck/back trauma suspected, consider <u>SPINE MOTION RESTRICTION</u>
- Remove patient from hazardous environment or standing water prior to use of AED
- If AED in place, EMS personnel should let AED complete rhythm analysis prior to switching from AED to manual defibrillator (switch during CPR interval)

	ASYSTOLE / PULSELESS ELECTRICAL			
PEDS	APPROVED FOR USE BY: ALL SYSTEMS		<u>Y (PEA)</u>	
			ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 0	4/01/2023	Revised: 04/01/2023	
BLS PROV	/IDERS – REFER	TO <u>PEDIATRI</u>	C AED SMO	
ALS 1 REDIATRIC INITIAL MEDICAL CARE				
<ul> <li>Search for and treat potentially reversible causes:</li> <li>Hypovolemia</li> <li>Hypothermia</li> <li>Toxins (overdose)</li> <li>Trauma</li> </ul>			<b>causes:</b> e) o Trauma	
<ul> <li>○ Hypoxia or Ventilation</li> <li>○ Hype</li> </ul>	rkalemia o T	kalemia o Tamponade (pericardial)		
<u>o Hypoglycemia</u>	01	ension Pneumo	othorax	
INITIATE CPR AT A	RATE OF 100 – 1	20 COMPRESS	IONS PER MINUTES	
ADVANCED AIRWAY P	LACED	<u>NO A</u>	DVANCED AIRWAY	
Continuous chest compressions with 1 breath every 6 seconds (10 breaths/min) for two minutes		15:2 compression-ventilation ratio for two minutes		
	ASSESS CARD	IAC RHYTHM		
NON-SHOCKABLE (PEA, ASYSTOLE) SHOCKABLE (VT/VF)				
Immediately resume CPR for 2 min DEFIBRILLATE X 1 AT 2 immediately resume CPF		<u>LATE X 1 AT 2 J/KG</u> and ely resume CPR for 2 min		
BRIEFLY RECHECK RHYT	HM AND PULSE UNRESPO	EVERY 2 MIN V ONSIVE	WHILE PATIENT REMAINS	
NON-SHOCKABLE (PEA, A	SYSTOLE)	<u>SH</u>	OCKABLE (VT/VF)	
Immediately resume CPR for 2 min		DEFIBRILLATE X 1 AT 4 J/KG and immediately resume CPR for 2 min		
Establish	Establish VASCULAR ACCESS IV/IO, Continue CPR			
Maintain adequate	ventilations, co	nsider need for	advanced airway	
EPINEPHRINE (ADRENALING Repe	<u>3) 1:10,000</u> 0.1 m at every 3 – 5 mi	L/kg (0.01 mg/k nutes while pulse	(g) IV/IO while continuing CPR eless	
AT NEXT RHYTHM CHECK:				
NON-SHOCKABLE (PEA, A	SYSTOLE)	<u>SH</u>	OCKABLE (VT/VF)	

	Immediately resume CPR for 2 min	AMIODARONE (CORDARONE®) 5 mg/kg IV/IO Repeat every 3 to 5 min while in shockable pulseless arrest, up to 3 doses total. If Amiodarone available, give LIDOCAINE (XYLOCAINE®) 1 mg/kg. Repeat LIDOCAINE (XYLOCAINE®) 0.5 mg/kg every 3-5 min up to 3 mg/kg while in shockable pulseless arrest.	
Repeat cycle of 2-minute CPR and rhythm recheck. DEFIBRILLATE AT 4 J/KG when indicated by shockable rhythm. Initiate transport, notify Medical Direction			
	NOTE:	L	

- Defibrillation energy should not exceed adult energy
- If no vascular access, may consider <u>EPINEPHRINE (ADRENALIN®)</u> 1:1000 0.1 mL/kg (0.1 mg/kg) ETT. Maximum dose 2.5 mg ET. Flush with 5 mL of NORMAL SALINE and follow with 5 ventilations

Ρ	DS

# BRADYDYSRHYTHMIAS

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

# BLS / ALS

# 1. PEDIATRIC INITIAL MEDICAL CARE

# Symptoms:

Weak, thready or absent peripheral pulses

Decreasing consciousness

Tachypnea/Respiratory difficulty

Central cyanosis and coolness Hypotension (late sign)

# Search for and treat potentially reversible causes:

Hypovolemia

Hypoxia or Ventilation Issues

Hypoglycemia

Hypothermia Hyperkalemia Toxins (overdose) Tamponade (pericardial) Tension Pneumothorax Trauma

### 2. IF CARDIOPULMONARY COMPROMISE PRESENT:

- Give HIGH FiO2 BY MASK or SUPPORT WITH BVM VENTILATIONS
- If heart rate remains <60 with hypoperfusion despite adequate ventilation, perform CPR
- 3. Contact Medical Direction
- 4. Transport
  - Support ABCs
  - Keep warm
  - Observe

# <u>ALS</u>

#### 5. Establish VASCULAR ACCESS IV/IO

6. Treatment (More than one may be required):



- Hypoglycemia has been known to cause bradycardia in infants and children
- Hypothermia can cause bradycardia in infants and children. Refer to <u>PEDIATRIC</u> <u>COLD EMERGENCIES SMO</u>
- Monitor IO fluid volumes carefully when using a pressure infuser

Ρ	Π	DS

**CARDIOGENIC SHOCK** 

APPROVED FOR USE BY:

ALL SYSTEMS

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### CONGENITAL HEART DISEASE / CARDIAC SURGERY / POST-CARDIAC ARREST

#### BLS / ALS

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Supine position

- 3. Establish VASCULAR ACCESS IV/IO
- 4. Treat any cardiac rhythm disturbance per appropriate SMO
- 5. Consider NORMAL SALINE IV fluid bolus of 20 mL/kg
  - Caution: fluids may need to be restricted in cardiogenic shock

# NARROW COMPLEX TACHYCARDIA

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### HEART RATE >180 BPM FOR AGE 1 YEAR – 15 YEARS HEART RATE >220 BPM FOR AGE <1 YEAR

#### BLS / ALS

# 1. PEDIATRIC INITIAL MEDICAL CARE

# Initial Assessment Key findings:

- Weak, thready or absent peripheral pulses
- Decreasing consciousness
- Tachypnea/Respiratory difficulty
- Central cyanosis and coolness
- Hypotension (late sign)

#### Search for and treat potentially reversible causes:

- •Hypovolemia
- •Hypoxia or Ventilation Issues
- •Hypoglycemia
- Hypothermia
- •Hyperkalemia

- •Toxins (overdose)
- •Tamponade
- Tension
   Pneumothorax
- •Trauma

<b>STABLE</b>	UNSTABLE	
BLS / ALS	BLS / ALS	
<ul> <li>Place cardiac monitor and/or pads</li> <li>Contact Medical Direction</li> <li>Transport</li> <li>Support ABCs</li> </ul>	<ul> <li>Place cardiac monitor and/or pads</li> <li>Contact Medical Direction</li> <li>Transport</li> <li>Support ABCs</li> <li>Keep warm</li> </ul>	
Keep warm	ALS	
	<ul> <li>Establish VASCULAR ACCESS IV/IO</li> <li>Attempt vagal maneuver</li> <li>If probable SVT, give         ADENOSINE (ADENOCARD®)         0.1 mg/kg rapid IV/IO push (max dose 6 mg) with ≥ 5 mL NS flush     </li> </ul>	
	IF RHYTHM DOES NOT CONVERT:	
	<ul> <li>Repeat <u>ADENOSINE (ADENOCARD)</u></li> <li>0.2 mg/kg rapid IV/IO push (max dose 12 mg) with ≥ 5 mL NS flush</li> </ul>	
	IF RHYTHM DOES NOT CONVERT:	
	<ul> <li>Repeat <u>ADENOSINE (ADENOCARD)</u></li> <li>0.2 mg/kg rapid IV/IO push (max dose 12 mg) with ≥ 5 mL NS flush</li> </ul>	
	IF RHYTHM DOES NOT CONVERT AND PATIENT REMAINS UNSTABLE:	

- Initiate transport, contact Medical Direction
- Perform <u>SYNCHRONIZED CARDIOVERSION 1</u> J/KG
- If no response, may repeat <u>SYNCHRONIZED</u> <u>CARDIOVERSION 2 J/KG</u>

# Differential Diagnosis of

Supraventricular Tachycardia vs. Sinus Tachycardia in Pediatrics:

Probable Supraventricular Tachycardia	Probable Sinus Tachycardia
<ul> <li>Vague, nonspecific history</li> </ul>	<ul> <li>History consistent with known cause</li> </ul>
<ul> <li>P waves absent/abnormal</li> </ul>	<ul> <li>P waves present/normal</li> </ul>
•HR not variable	<ul> <li>Variable R-R; constant P-R</li> </ul>
<ul> <li>History of abrupt rate changes</li> </ul>	•<1 year: rate usually <220 BPM
•<1 year: rate usually >220 BPM	• 1-15 years: rate usually <180 BPM
<ul> <li>1-15 years: rate usually &gt;180 BPM</li> </ul>	<ul> <li>History consistent with known cause</li> </ul>

	VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR TACHYCARDIA		
PEDS			
	APPROVED FOR USE BY:		ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed:	04/01/2023	Revised: 04/01/2023
BLS PROVID	DERS – REFER	TO <u>PEDIATRI</u>	<u>C AED SMO</u>
ALS 1. PEDIATRIC INITIAL MEDI	CAL CARE		
Search for	and treat poter	ntially reversib	le causes:
$\circ$ Hypovolemia	o ⊓ypotner es o Hyperkale	mia o roxins ( emia o Tampon	ade (pericardial)
<ul> <li>Hypoglycemia</li> </ul>		• Tension	Pneumothorax
INITIATE CPR AT A R	ATE OF 100 - 1	120 COMPRES	SIONS PER MINUTES
<u>NO ADVANCED AIR</u>	<u>WAY</u>	<u>ADVANC</u>	CED AIRWAY PLACED
15:2 compression-ventilation	ratio for two	breath every	6 seconds (10 breaths/min)
minutes			for two minutes
	ASSESS CAR	DIAC RHYTHM	
SHOCKABLE (VT/	VF)	NON-SHOC	KABLE (PEA, ASYSTOLE)
DEFIBRILLATE X 1 AT	<u>2 J/KG</u>	Immediately resume CPR for 2 min	
and immediately resume CPR for 2 min			
BRIFLY RECHECK RHYTH			WHILE PATIENT REMAINS
		NON-SHOCI	KABLE (PEA, ASYSTOLE)
DEFIBRILLATE X 1 AT 4 J/KG		l'en en aliata	
and immediately resume CPR for 2 min			
Establish V	ASCULAR ACC	CESS IV/IO, Col	ntinue CPR
	PHRINE (ADR	<b>FNALIN®)</b> 1:10	0 000
mL/kg (	0.01 mg/kg) IV/	<b>IO</b> while continu	
Repea	t every 3 – 5 mi	inutes while puls	seless
	AT NEXT RHY	THM CHECK:	
		NON-SHOC	KABLE (PEA, ASYSTOLE)
5 mg/kg IV/IO	<u>RONE®)</u>		
Repeat every 3 to 5 min	while in		
shockable pulseless arrest, u	p to 3 doses		
total.		Immediate	ely resume CPR for 2 min
If Amiodarone not availa	ble give		
	(INE®)		
0.5 mg/kg every 3-5 min up	to 3 mg/kg		
while in shockable pulsele	ess arrest		

Repeat cycle of 2-minute CPR and rhythm recheck. **DEFIBRILLATE AT 4 J/KG** when indicated by shockable rhythm. Initiate transport, notify Medical Direction

#### NOTE:

- Defibrillation energy should not exceed adult energy.
- If no vascular access:
  - May consider <u>EPINEPHRINE (ADRENALIN®) 1:1000</u> 0.1 mL/kg (0.1 mg/kg) ETT. Maximum dose 2.5 mg ET. Flush with 5 mL of NORMAL SALINE and follow with 5 ventilations.

PEDS	WIDE COMPLEX TACHYCARDIA		
	APPROVED FOR USE BY:	ALL SYSTEMS	

#### EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

# BLS / ALS

1. PEDIATRIC INITIAL MEDICAL CARE

Initial Assessment Key findings:	Search for and treat potentially reve causes:	rsible
<ul> <li>Weak, thready or absent peripheral pulses</li> <li>Decreasing consciousness</li> <li>Tachypnea/Respiratory difficulty</li> <li>Central cyanosis and coolness</li> <li>Hypotension (late sign)</li> </ul>	<ul> <li>Hypovolemia</li> <li>Hypoxia or</li> <li>Ventilation</li> <li>Issues</li> <li>Toxins (overdose)</li> <li>Toxins (overdose)</li> </ul>	dial)
	<ul> <li>Hypoglycemia</li> <li>Hypothermia</li> <li>Hyperkalemia</li> <li>Tension Pneumothor</li> <li>Trauma</li> </ul>	ax
STABLE	UNSTABLE	

STABLE	UNSTABLE
BLS / ALS	BLS / ALS
<ul> <li>Place cardiac monitor and/or pads</li> <li>Contact Medical Direction</li> <li>Transport</li> <li>Support ABCs</li> <li>Keep warm</li> </ul>	<ul> <li>Place cardiac monitor and/or pads</li> <li>Contact Medical Direction</li> <li>Transport</li> <li>Support ABCs</li> <li>Keep warm</li> </ul> ALS Establish VASCULAR ACCESS IV/IO SYNCHRONIZED CARDIOVERSION AT 1 J/KG
	IF RHYTHM DOES NOT CONVERT: • Consider <u>ADENOSINE</u> (ADENOCARD®) 0.1 mg/kg rapid IV/IO push with ≥ 5 mL NS flush • Initiate transport, contact Medical Direction

DENS	INITIAL MEDICAL CARE		
PED3	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

In this document, pediatric patients are defined as age 15 years and younger, consistent with the Emergency Medical Services and Trauma Center Code adopted by the Illinois Department of Public Health. Other terms commonly applied to the pediatric population include: "newly born" (less than 24 hours), "neonate" (1-28 days) and "infant" (1-12 months).

#### <u>BLS / ALS</u>

- 1. Assess scene safety
- 2. Use standard precautions
- 3. Assess Airway, Breathing and Circulation and intervene as indicated
- 4. Assess Level of Consciousness
- 5. Consider need for supplemental oxygen
  - If no distress, consider supplemental OXYGEN AT LOW FiO<sub>2</sub> (blow-by method or nasal cannula)
  - If unstable or in distress, give HIGH FiO<sub>2</sub> BY MASK or ASSIST WITH HIGH FiO<sub>2</sub> BVM
  - Consider nasal cannula waveform capnography for spontaneously breathing patients with respiratory distress and/or metabolic disorders
- 6. Check blood glucose if indicated
  - Treat hypoglycemia per PEDIATRIC DIABETIC / GLUCOSE EMERGENCIES SMO
- 7. Assess ECG rhythm (if indicated and if available)
- 8. Assess pulse oximetry
- 9. Assess EtCO<sub>2</sub> value and waveform (if available)
- 10. <u>If age >1 year</u> and patient is experiencing nausea or vomiting, consider giving <u>ONDANSETRON (ZOFRAN®):</u>

<40 kg Body Weight	≥40 kg Body Weight		
2 mg slow IV x 1, no repeat dose. No ODT dose for <40 kg	4 mg slow IV x 1 no repeat dose	O R	4 mg ODT tab x 1, no repeat dose

PEDS	ALLERGIC REACTION – NON- ANAPHYLAXIS		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: 04/01/2023	

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Apply ice/cold pack to bite or injection site

### <u>ALS</u>

#### LOCALIZED ALLERGIC REACTION

Without systemic symptoms – urticarial, hives or edema NOT involving mouth, lips or airway

3. Give DIPHENHYDRAMINE (BENADRYL®) 1 mg/kg IM or slow IV. Max dose 50 mg.

# <u>ALS</u>

#### **ALLERGIC REACTION WITH SYSTEMIC SIGNS**

Wheezing, diffuse hives, or prior history of systemic reaction, <u>without signs of</u> <u>hypoperfusion</u>

3. Give EPINEPHRINE (ADRENALIN®) 1:1000 IM

<30 kg body weight	≥30 kg Body Weight
0.15 mg (0.15 mL)	0.3 mg (0.3 mL)

4. If wheezing, refer to PEDIATRIC REACTIVE LOWER AIRWAY DISEASE / ASTHMA

- 5. Give DIPHENHYDRAMINE (BENADRYL®) 1 mg/kg IM or slow IV. Max dose 50 mg
- 6. May REPEAT EPINEPHRINE (ADRENALIN®) every 15 min as symptoms persist

If at any time patient worsens, or patient shows signs of hypoperfusion, refer to <u>PEDIATRIC ALLERGIC REACTION – ANAPHYLAXIS SMO</u>

# **ALLERGIC REACTION – ANAPHYLAXIS**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### MULTI-SYSTEM REACTION WITH SIGNS OF HYPOPERFUSION, VOMITING, ALTERED MENTAL STATUS, SEVERE RESPIRATORY DISTRESS, WHEEZING, HYPOXIA

#### BLS / ALS

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Apply ice/cold pack to bite or injection site

#### <u>BLS</u>

3. Consider the administration of one dose <u>EPINEPHRINE AUTO-INJECTOR</u> (EPIPEN®) or EpiSafe Kit®

<30 kg body weight	≥30 kg Body Weight
0.15 mg (0.15 mL)	0.3 mg (0.3 mL)

4. Consider assisting with patient prescribed Beta-agonist inhaler (albuterol, Proventil, etc.) if available

### <u>ALS</u>

3. VASCULAR ACCESS IV/IO. If unsuccessful, follow IM pathway.

<u>IV / IO</u>	IM		
NORMAL SALINE IV FLUID BOLUS of 20 mL/kg May REPEAT NORMAL SALINE IV FLUID BOLUS x 2 to a total of 60 mL/kg if patient condition indicates	EPINEPHRINE (ADRENALIN®) 1:1000 0.01 mg/kg IM. Maximum dose 0.3 mg		
EPINEPHRINE (ADRENALIN®) 1:10,000 0.01 mg/kg IV/IO May repeat every 5 minutes as needed MAX TOTAL DOSE 0.3 mg DIPHENHYDRAMINE (BENADRYL®) 1 mg/kg slow IV. Max dose 50 mg	DIPHENHYDRAMINE (BENADRYL®) 1 mg/kg IM Max dose 50 mg		
If wheezing, refer to PEDS REACTIVE LOWER AIRWAY DISEASE / ASTHMA SMO			
PEDS	BRIEF RESOLVED UNEXPLAINED EVENT (BRUE)		
-----------------------	--	--------------	
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

- 1. <u>History of any of the following</u>:
  - Apnea

- Color change
- Episode of choking or gagging

- Loss of consciousness
- Loss of muscle control
- Acute mental status change
- 2. Important information to relay to Medical Direction and document:
  - Parental / caregiver actions at the time of the event
  - What resuscitative measures were taken
  - Prior history of similar events

The typical age for such events is 2 years or less, and is most commonly seen in infants under 12 months. A BRUE is an event that is frightening to the observer and usually involves some combination of the above symptoms. It may present as a symptom of a variety of pediatric conditions including seizures, upper airway compromise, gastroesophageal reflux, metabolic problems, anemia and cardiac disease.

# <u>BLS / ALS</u>

# 3. PEDIATRIC INITIAL MEDICAL CARE

- Support ABC's
- Perform a complete secondary assessment including:
  - o General appearance
  - ∘Work of breathing
  - Circulation to skin
  - Evidence of trauma
  - $_{\odot}$ Extent of interaction with the environment
  - ${\scriptstyle \circ\,}\textsc{NOTE}$ : Exam may be normal by the time of patient contact with EMS
- Treat any reversible causes identified, including blood glucose abnormalities, per appropriate SMO
- All BRUE patients should be transported for medical evaluation, <u>even the well</u>
   <u>appearing child</u>
- 4. Transport
  - Support ABCs
  - Observe
  - Keep warm

Ρ	DS

# **DIABETIC / GLUCOSE EMERGENCIES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### BLS / ALS

- PEDIATRIC INITIAL MEDICAL CARE
  - **<u>SPINE MOTION RESTRICTION</u>** as indicated
  - Consider other causes of altered mental status and treat per appropriate SMO
  - Assess respiratory effort
- 2. Check and record blood glucose level

#### <u>ALS</u>

1.

- 3. Establish VASCULAR ACCESS IV/IO. If unsuccessful, follow IM pathway.
- 4. If blood glucose  $\leq$  60 mg/dL:
- If no response to NALOXONE (Narcan®), secure the airway as appropriate.

If patient ha	s an existing insulin pump, PA	AUSE infusion.		
If patient is able to, have them assist in disabling pump. Family may also be able to assist. Note: For other pumps not listed, look for a "pause" or "suspend" function.				
Medtronic ® MiniMed	OmniPod DASH®	Tandem T:SLIM®		
<ul> <li>3. From the main menu, select "SUSPEND" and press "ACT."</li> <li>4. SUSPEND will flash on the screen; press ACT again to stop the pump.</li> </ul>	<ul> <li>6. Tap the menu icon on the home screen.</li> <li>7. Tap "Suspend Insulin."</li> <li>8. Set desired duration of suspension to one hour.</li> <li>9. Tap "Suspend Insulin"</li> <li>10. Tap "Yes" to confirm.</li> </ul>	<ul> <li>4. From the home screen, select "OPTIONS."</li> <li>5. Tap "STOP INSULIN"</li> <li>6. Tap "STOP" to confirm.</li> </ul>		
Notify receiving facility that patient's insulin pump has been stopped, and duration of suspension if applicable.				
IV /	10	IM		
DEXTROSE 10% (25g / 250mL)	If Dextrose 10% not available:	GLUCAGON (GLUCAGEN®)		
	>8 Years of Age	> 8 Years of Age		
5 mL/kg (0.5 g/kg),	DEXTROSE 50% 25g / 50mL SLOW push	1 mg IM		
up to 20g	1 – 8 Years of Age	≤ 8 Years of Age		
May repeat x 1 after five minutes if patient	DEXTROSE 25% 2 mL/kg			
remains hypoglycemic	< 1 Year of Age			
and/or symptomatic	DEXTROSE 12.5% 2 mL/kg	0.5 mg IM		
Reassess blood glucose level every 10 minutes while dextrose is being administered.				

# If altered mental status persists despite improvement in blood glucose level, refer to appropriate SMO.

Reassess respiratory effort. If concerns for overdose, refer to appropriate <u>PEDIATRIC</u> <u>TOXICOLOGICAL SMO</u>

# **HYPOVOLEMIC SHOCK**

**APPROVED FOR USE BY:** 

ALL SYSTEMS

**REVIEWED: N/A** 

**REVISED: N/A** 

### SUSPECTED DEHYDRATION, VOLUME LOSS, HEMORRHAGIC SHOCK

# BLS / ALS

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Supine position
- 3. Control bleeding as appropriate

# <u>ALS</u>

- 4. Secure airway as appropriate
- 5. Establish VASCULAR ACCESS IV/IO
- 6. Give NORMAL SALINE IV FLUID BOLUS of 20 mL/kg
- If no response to initial fluid bolus, repeat <u>NORMAL SALINE</u> IV fluid boluses of 20 mL/kg. May repeat x 2 to a maximum of 60 mL/kg

DENG	OBSTRUCTIVE SHOCK		
FLDJ	APPROVED FOR USE BY:		

EFFECTIVE: 07/01/2023

**REVIEWED: N/A** 

ИS

**REVISED: N/A** 

# **TENSION PNEUMOTHORAX, PERICARDIAL TAMPONADE, PULMONARY** HYPERTENSION, CONGENITAL/ACQUIRED CARDIAC OUTFLOW **OBSTRUCTIONS**

# **BLS / ALS**

- 1. PEDIATRIC INITIAL MEDICAL CARE or PEDIATRIC INITIAL TRAUMA CARE as indicated
- 2. Supine position
- 3. Control bleeding as appropriate

# ALS

- 4. Secure airway as appropriate
- 5. If tension pneumothorax suspected, perform PLEURAL DECOMPRESSION

Ρ	DS

APPROVED FOR USE BY:

**PAIN CONTROL** 

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

# IF ≥15 YEARS OF AGE SEE ADULT PAIN CONTROL SMO

# BLS / ALS

# 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. If minor pain:
  - Consider ice packs as needed / appropriate
  - Consider NITROUS OXIDE (NITRONOX®) per System-specific procedure

# <u>ALS</u>

 If pain is severe, and SBP ≥ (70+ (age in years x 2)), consider one of the below. Once a medication is chosen, continue with that medication unless approved by Medical Direction:

FENTANYL (SUBLIMAZE®)		MORPHINE
INITIAL DOSE:		INITIAL DOSE:
1 mcg/kg IV/IO/IN up to 100 mcg ★	O R	0.1 mg/kg slow IV/IO, max dose of 10 mg
REPEAT DOSE:		REPEAT DOSE:
<b>Contact Medical Direction</b>		<b>Contact Medical Direction</b>

4. Follow appropriate SMOs as necessary.

★For patient weights >20kg, ROUND FENTANYL (SUBLIMAZE®) dose to nearest 10 microgram number. Doses ending in 5 or higher round up, and doses ending in 4 or less round down. Any dose ≥20 mcg should be whole numbers ending in a '0'.

	<b>SEIZURES / STATUS EPILEPTICUS</b>		
PEDS	(NON-TRAUMATIC)		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 10/25/2022	REVISED: 04/01/2023	

#### 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. Clear and protect airway. Vomiting/aspiration precautions
- 3. Protect the patient from injury. Do not place anything in mouth if seizing
- 4. Position patient on side unless contraindicated
- 5. Check and record blood glucose level, if available. If <60 mg/dL, treat per <u>PEDIATRIC</u> <u>DIABETIC / GLUCOSE EMERGENCIES</u>

#### ALS ACTIVELY SEIZING

#### 6. GIVE MIDAZOLAM (VERSED®):

<u>IV / IO</u>	<u>IN / IM</u>		
0.1 mg/kg slow IV/IO	0.2 mg/kg		
MAX single dose 2 mg	MAX single dose 4 mg		
IF SEIZURE CONTIN	UES FOR >5 MINUTES:		
0.1 mg/kg slow IV/IO	0.2 mg/kg		
MAX single dose 2 mg	MAX single dose 4 mg		
May repeat every 2 minutes as needed to halt seizures up to TOTAL maximum dose			
listed below:			
<5 years of age	≥5 years of age		
6 mg total	10 mg total		
7. Monitor airway for need for airway management. Refer to <b>PEDIATRIC DRUG ASSISTED</b>			

**INTUBATION** as needed.

#### **FEBRILE SEIZURES**

- 6. Cool patient by removing clothing. Place towel or sheet moistened with tepid (room temperature) water over patient and fan the child. DO NOT induce shivering. DO NOT rub with alcohol or place in cold/ice water
- 7. Give nothing by mouth

# <u>ALS</u>

# PATIENT PRESCRIBED RECTAL VALIUM (DIASTAT®)

6. Trained paramedics may give **DIAZEPAM RECTAL GEL (DIASTAT®)** to patients:

- The patient should be actively seizing for >3 minutes, or having repeated seizures without regaining consciousness, i.e., status epilepticus
- The identity of the patient and the name on the prescription must match
- The paramedic may assist and or give **DIASTAT**® at the dose prescribed
- If any of these criteria are not met, follow regular <u>PEDIATRIC SEIZURES / STATUS</u>
   <u>EPILEPTICUS SMO</u>
- 7. Transport all patients who received this medication; if consent for transport is refused by parent/guardian/power of attorney for health care, contact Medical Direction
- 8. Call Medical Direction for assistance with any refusals

Note: If suspected that seizure is secondary to opioid overdose, see **PEDIATRIC OPIOID SMO** 

PEDS	<u>SEPSIS</u>		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 07/01/2023	REVIEWED: N/A	REVISED: N/A	

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. Remove excess clothing if hyperthermia present
- 3. Consider sepsis if the patient has a known or suspected infection and meets <u>two or</u> **more of the following criteria, one of which must be an elevated or decreased**

# body temperature:

- Temperature of ≥100.4°F or ≤ 96.8°F
- EtCO<sub>2</sub>  $\leq$  25 mmHg with square waveform
- Shock index of  $\geq 1$  (HR ÷ SBP)
- Age-dependent tachycardia/bradycardia, or tachypnea/bradypnea:

Age Range	Tachycardia	Bradycardia	Tachypnea	SBP
0 Days to 1 Week	>180	<100	>50	<59 mmHg
1 Week to 1 Month	>180	<100	>40	<79 mmHg
1 Month to 1 Year	>180	<90	>34	<75 mmHg
>1 Year to 5 Years	>140	N/A	>22	<74 mmHg
>5 Years to 12 Years	>130	N/A	>18	<83 mmHg
>12 Years to <18 years	>110	N/A	>14	<90 mmHg

 Check and record blood glucose level, if available, if <60 mg/dL, treat per <u>PEDIATRIC</u> <u>DIABETIC / GLUCOSE EMERGENCIES</u>

# <u>ALS</u>

- 5. Establish VASCULAR ACCESS
- 6. If SBP less than age-appropriate lower limit (**≤70+(age in years x 2)**, initiate <u>NORMAL</u> <u>SALINE IV/IO 20 ML/KG BOLUS</u>
  - Reassess vital signs ever1 5 minutes and closely monitor for respiratory changes
- 7. Inform Medical Direction of **PEDIATRIC SEPSIS ALERT** prior to arrival
- If no response to initial fluid bolus, repeat <u>NORMAL SALINE IV/IO 20 ML/KG BOLUS</u>. May repeat to a maximum of 60 mL/kg.

# NOTE:

- ETOMIDATE (AMIDATE®) should be avoided in sepsis patients due to adrenal insufficiency
- If hyperthermia is present warm fluids should be avoided
- Document amount of fluid given during care and transport

PEDS	SYNCOPE / NEAR-SYNCOPE NON-TRAUMATIC LOSS OF CONSCIOUSNESS		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	Revised: N/A	

- 1. PEDIATRIC INITIAL MEDICAL CARE
- Check and record blood glucose level. If <60 mg/dL, treat per <u>PEDIATRIC DIABETIC /</u> <u>GLUCOSE EMERGENCIES</u>
- 3. Anticipate underlying etiologies and treat according to appropriate SMO:
  - Metabolic <u>TOXICOLOGICAL</u> and/or <u>ENVIRONMENTAL</u>
  - Cardiac APPROPRIATE CARDIAC SMO
  - Hypovolemia FLUID RESUSCITATION
  - CNS Disorder Appropriate <u>MEDICAL</u> or <u>TRAUMA</u> SMO
  - Vasovagal PEDIATRIC INITIAL MEDICAL CARE

# <u>BLS</u>

4. Expeditious transport. Contact Medical Direction

### <u>ALS</u>

STABLE	UNSTABLE
Alert, oriented, normotensive	Persistent altered mental status or signs of hypoperfusion
Continuous monitoring, including age- appropriate 12-Lead EKG, and waveform capnography (if available)	Continuous monitoring, including 12-Lead, and waveform capnography (if available)
	NORMAL SALINE IV/IO
	20 mL/kg bolus
	If no response, may repeat x 2 to max
	of 60 mL/kg, to maintain SBP ≥90
	mmHg
	Reassess vital signs every 5 minutes and closely monitor for respiratory changes

5. If no response to NALOXONE (Narcan®), secure the airway as appropriate

# CONSIDER CAUSES OF ALTERED MENTAL STATUS:

A	Alcohol, Abuse	<b>T</b> Trauma, Temperature
Е	Epilepsy, Electrolytes, Encephalopathy	I Infection, Inborn errors
I	Insulin	P Psychogenic
0	Opiates, Overdose	P Poison
U	Uremia	s Shock, Seizures, Stroke, Space-occ

**S** Shock, Seizures, Stroke, Space-occupying lesion, Subarachnoid hemorrhage, Shunt

# **BETA BLOCKER OVERDOSE**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### EXAMPLES:

"-OLOL" MEDICATIONS; ATENOLOL (TENORMIN®), CARVEDILOL, METOPROLOL (LOPRESOR®, TOPROL XL®), PROPRANOLOL (INDERAL®); NEBIVOLOL (BYSTOLIC®)

### **BLS / ALS**

**STABLE:** alert, normotensive

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
  - HazMat precautions
  - Do not induce vomiting

# <u>BLS</u>

- 2. Contact Medical Direction
- 3. Initial interventions per Medical Direction as indicated for identified exposure
- 4. For altered level of consciousness or seizures, refer to appropriate SMO
- 5. Bring container(s) of drug or substance to the ED
- 6. Transport
  - Support ABCs
  - Observe
  - Keep warm

# <u>ALS</u>

#### Hypoperfusion associated with bradycardia

7. Give GLUCAGON (GLUCAGEN®) 0.5 mg IV/IO. May repeat x1



DENG	<b>CALCIUM CHANNEL BLOCKER OVERDOSE</b>		
PED3	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

### EXAMPLES:

# AMLODIPINE (NORVASC®), DILTIAZEM (CARDIZEM®), NIFEDIPINE (ADALAT®), VERAPAMIL (ISOPTIN®), NICARDIPINE (CARDENE®)

# BLS / ALS

**STABLE:** alert, normotensive

- 1. <u>PEDIATRIC INITIAL MEDICAL CARE</u> or <u>PEDIATRIC INITIAL TRAUMA CARE</u> as indicated
  - HazMat precautions
  - Do not induce vomiting

### <u>BLS</u>

- 2. Contact Medical Direction
- 3. Initial interventions per Medical Direction as indicated for identified exposure
- 4. For altered level of consciousness or seizures, refer to appropriate SMO
- 5. Bring container(s) of drug or substance to the ED
- 6. Transport
  - Support ABCs
  - Observe
  - Keep warm

#### ALS Hypoperfusion associated with bradycardia

7. Give GLUCAGON (GLUCAGEN®) 0.5 mg IV/IO. May repeat x1



DEDQ	CARBON MONOXIDE EXPOSURE		
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

**STABLE:** Alert, oriented, normotensive

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
- 2. HAZMAT precautions as indicated

# 3. HIGH FiO<sub>2</sub> or VENTILATION

- Consider cyanide poisoning
- Do not rely on pulse oximetry
- Keep patient as quiet as possible to minimize tissue oxygen demand

# ALS (with SPCO monitoring capabilities):

0-3%	3-12%		>12%	
	WITHOUT Symptoms	WITH Symptoms		
			<u>GCS &gt;8</u>	<u>GCS ≤ 8</u>
	Observe and reassess vital	100% O2 via NRB mask and transport to the closest appropriate	100% O2 via NRB	PEDIATRIC DRUG ASSISTED INTUBATION SMO
Normal Range	signs and CO readings every 5-10 minutes	facility Reassess vital signs and CO readings every 5-10 minutes	Reassess vital signs and CO readings every 5-10 minutes	Contact Medical Direction for consideration of bypass to facility with a hyperbaric chamber

- 4. Patients with the following CO readings should be transported with or without symptoms of CO poisoning:
  - Adults with CO of ≥25%
  - Pediatric patients with CO of  $\geq$ 15%
  - Pregnant patients with a CO of ≥15%
  - Any patient with advanced airway or acute mental status change and a CO of ≥15%

DEDS	CLUB DRUGS	
FLD3	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

# EXAMPLES:

GHB (Liquid G, Liquid Ecstasy), Ketamine (Special K, Vitamin K, Super K), MDMA (Ecstasy, XTC, ADAM, E), Foxy Methoxy, AMT, Coricidin (Triple-C)

### BLS / ALS

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
- 2. Contact Medical Direction for suspected use of club drugs



DEDS	CYANIDE EXPOSURE		
FEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023	

STABLE: Alert, oriented, normotensive

- 1. <u>PEDIATRIC INITIAL MEDICAL CARE</u> or <u>PEDIATRIC INITIAL TRAUMA CARE</u> as indicated
- 2. HAZMAT precautions as indicated, ensure scene safety.

Signs of Cyanide Poisoning			
Altered Mental Status	Headache		
Confusion, Disoriented	Confusion		
<ul> <li>Tachypnea/Hyperpnea (early)</li> </ul>	• Dyspnea		
<ul> <li>Bradypnea/Apnea (late)</li> </ul>	Chest Tightness		
Seizures or Coma	• Nausea		
<ul> <li>Mydriasis (dilated pupils)</li> </ul>	Vomiting		
• Hypertension (early) / Hypotension (late)	Cardiovascular collapse		

# <u>ALS</u>

- 3. Consider NIPPV / CPAP, per System-specific procedure
- Consider ADVANCED AIRWAY if the patient has <u>PGCS ≤ 8</u>, inhalation burns, bradypnea or tachypnea, hoarse voice and/or impending airway closure.
- 5. Consider 12-Lead ECG
  - If signs and symptoms consistent with cyanide poisoning and if available, administer <u>HYDROXOCOBALAMIN (CYANOKIT®)</u> 70 mg/kg, concentration of 25 mg/mL, MAX dose 5g
  - Medication requires its own dedicated IV line. Do not use existing IV for administration. Do not piggyback infusion.
- If hypotensive or pulseless, <u>NORMAL SALINE</u> 20 mL/kg IV bolus. If no response to initial fluid bolus, repeat <u>NORMAL SALINE</u> 20 mL/kg IV bolus. May repeat again for total infusion of 60 mL/kg.
- 7. If pulseless, refer to appropriate cardiac arrest SMO.

,	alcoloco, lolor to appropriato carata anost entre:				
PEDIATRIC CYANOKIT® DOSING					
Wt (kg)	Dose	Units	Volume	Units	
2	140	mg	5.6	mL	
3	210	mg	8.4	mL	
4	280	mg	11.2	mL	
5	350	mg	14	mL	
10	700	mg	28	mL	
15	1.1	g	42	mL	
20	1.4	g	56	mL	
25	1.8	g	70	mL	
30	2.1	g	84	mL	
35	2.5	g	98	mL	
40	2.8	g	112	mL	
45	3.2	g	126	mL	
50	3.5	g	140	mL	

DEDG	<b>CYCLIC ANTIDEPRESSANT OVERDOSE</b>		
PED3	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

#### EXAMPLES:

# AMITRIPTYLINE (ELAVIL®), DESIPRAMINE (NORPRAMIN®), IMIPRAMINE (TOFRANIL®), NORTRIPTYLINE (PAMELOR®), DOXEPINE (SINEQUAN®), CLOMIPRAMINE (ANAFRANIL®), AMOXAPINE (ASENDIN®)

#### BLS / ALS

**STABLE:** alert, normotensive

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
  - HazMat precautions
  - Do not induce vomiting

### <u>BLS</u>

- 2. Contact Medical Direction
- 3. Initial interventions per Medical Direction as indicated for identified exposure
- 4. For altered level of consciousness or seizures, refer to appropriate SMO
- 5. Bring container(s) of drug or substance to the ED
- 6. Transport
  - Support ABCs
  - Observe
  - Keep warm

#### ALS Hypoperfusion associate with wide QRS complex

- 7. NORMAL SALINE IV FLUID BOLUS of 20 mL/kg, may repeat as needed to total of 60 mL/kg.
- 8. SODIUM BICARBONATE 8.4% 1 mEq/kg IV



DEDQ	<b>NERVE GAS AUTO-INJECTOR GUIDELINES</b>		
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A	

	PATIENT AGE	ANTIDO	TES (IV/IM)
		MILD/MODERATE	SEVERE
INFANT	0-6 months	0.25mg Atropine	0.5mg Atropine*
	(< 7 kg)	2 PAM <sup>+</sup> 15 mg/kg	2 PAM <sup>†</sup> 25 mg/kg
INFANT	7 months-2 years	0.5mg Atropine*	1mg Atropine*
	(7-13 kg)	2 PAM <sup>†</sup> 15 mg/kg	300 mg 2 PAM <sup>†</sup>
CHILD	3-7yrs	1mg Atropine*	2mg Atropine
	(14-25kg)	300mg 2 PAM <sup>†</sup>	600 mg 2 PAM <sup>+</sup>
CHILD	8-14 yrs	2mg Atropine	4mg Atropine
	(26-50kg)	600 mg 2 PAM <sup>†</sup>	1200 mg2 PAM <sup>↑</sup>
ADOLESCENT	> 14 yrs	2mg Atropine	4mg Atropine
	(> 51 kg)	600 mg 2 PAM <sup>†</sup>	1200 mg2 PAM <sup>†</sup>

\* Appropriate dose Atropen auto injector can be used if available

2 PAM=Pralidoxime

DENOTES ONE MARK I KIT

#### DENOTES TWO MARK I KITS

2mg Atropine 600mg 2 PAM<sup>†</sup> 4mg Atropine 1200 mg 2 PAM<sup>†</sup>

#### NOTES:

For nerve agents the doses are:

- Atropine dose 0.05 mg/kg
- 2 PAM<sup>†</sup> dose 25 mg/kg

For children > 3 yrs with severe symptoms:

- 1 Mark I Kit will give 0.08 0.13 mg/kg Atropine
- 24-46 mg/kg 2 PAM<sup>+</sup>

2 PAM<sup>†</sup> solution can be prepared from the vial containing 1 gram of dessicated 2 PAM<sup>†</sup>. Inject 3 ml of NS or sterile water into the vial and shake well. This results in 3.3ml of 300 mg/ml.

Mild	Moderate	Severe	
SOB, wheezing, runny	Vomiting, drooling, pinpoint	Unconscious, cyanosis,	
nose	pupils	seizures	

DENS	OPIOID O	VERDOSE
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

#### EXAMPLES:

#### MEPERIDINE (DEMEROL®), FENTANYL (DURAGESIC®, SUBLIMAZE®), HYDROCODONE/APAP (VICODIN®, LORTAB®, NORCO®), HYDROMORPHONE (DILAUDID®), OXYCODONE/APAP (PERCOCET®), OXYCODONE (OXYCONTIN®), HEROIN, METHADONE, CODEINE, MORPHINE

### **BLS / ALS**

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
- 2. If breathing is adequate, place on side and monitor vital signs

### <u>BLS</u>

- 3. Protect airway, HIGH FiO2 or VENTILATION
- If breathing is NOT adequate, or patient is apneic <u>NALOXONE (NARCAN®)</u> 2 mg IN. If needed, contact Medical Direction for additional doses.

### <u>ALS</u>

- 5. Protect airway, HIGH FiO<sub>2</sub> or VENTILATION.
- 6. If breathing is **NOT** adequate, or patient is apneic:

< 20 kg body weight	≥ 20 kg body weight
NALOXONE (NARCAN®) 0.1 mg/kg IV/IO/IN up to a max of 2 mg	NALOXONE (NARCAN®) 2 mg IV/IO/IN

### NOTE:

- Inadequate respirations defined as EtCO<sub>2</sub> <30mmHg or >50mmHg or rate <10
- Additional PPE should be considered on suspected overdose calls when white powder is noted, or the presence of FENTANYL or CARFENTANIL is suspected.
- Consider delaying intubation if opioid overdose suspected, unless no improvement after NALOXONE

PEDS	MUSCARINIC AGENT EXPOSURE	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A

EXAMPLES:

PESTICIDES, NERVE AGENTS, CARBAMATES, ACETYLCHOLINESTERASE INHIBITORS

# BLS / ALS

- 1. <u>PEDIATRIC INITIAL MEDICAL CARE</u> or <u>PEDIATRIC INITIAL TRAUMA CARE</u> as indicated
- 2. HAZMAT precautions as indicated

# <u>ALS</u>

STABLE	UNSTABLE
Alert, oriented, normotensive	Signs and Symptoms of Toxicity (DUMBELS or SLUDGEBAM)
	ATROPINE 0.02 mg/kg, Minimum 0.1 mg, rapid IV/IO
<ul> <li>Continuous monitoring</li> <li>Notify Medical Direction or receiving facility</li> </ul>	Repeat <u>ATROPINE</u> 0.02 mg/kg, Minimum 0.1 mg, rapid IV/IO every 3 minutes until condition improves (no dose limit)
	<ul> <li>Continuous monitoring</li> <li>Notify Medical Direction or receiving facility</li> </ul>

# Signs and Symptoms of Organophosphate / Muscarinic Toxicity

- **D** Diarrhea
- S Salivation (excessive production of saliva)L Lacrimation (excessive tearing)
- **U** Urination **M** Miosis
- Bronchorrea /
- B Bronchospasm
- **B** Bradycardia
- E Emesis
- L Lacrimation
- S Salivation

- **U** Urination (uncontrolled urine production)
- **D** Defecation (uncontrolled bowel movements)
- **R G** Gastrointestinal distress (cramps)
  - E Emesis

0

- **B** Breathing Difficulty
- **A** Arrhythmias
- M Miosis (pinpoint pupils)



PEDS	SODIUM CHANNEL BLOCKER OVERDOSE	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

#### EXAMPLES: DIPHENHYDRAMINE (BENADRYL®), PHENYTOIN (DILANTIN®), LIDOCAINE (XYLOCAINE®)

<u>Hypoperfusion</u> associated with wide QRS complex (possible cyclic ingestion)

# <u>BLS / ALS</u>

**STABLE:** alert, normotensive

- 1. PEDIATRIC INITIAL MEDICAL CARE or PEDIATRIC INITIAL TRAUMA CARE as indicated
  - HazMat precautions
  - Do not induce vomiting

# <u>BLS</u>

- 2. Contact Medical Direction
- 3. Initial interventions per Medical Direction as indicated for identified exposure
- 4. For altered level of consciousness or seizures, refer to appropriate SMO
- 5. Bring container(s) of drug or substance to the ED
- 6. Transport
  - Support ABCs
  - Observe
  - Keep warm

# <u>ALS</u>

- 7. NORMAL SALINE IV fluid bolus of 20 mL/kg. May repeat as needed to total of 60 mL/kg.
- 8. SODIUM BICARBONATE 8.4% 1 mEq/kg IV



DEDS	COLD EMERGENCIES	
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
  - Complete Secondary Assessment

#### HYPOTHERMIA SIGNS & SYMPTOMS

Pt complains of cold Shivering Decreased respiratory rate Dysrhythmias Dilated, sluggish pupils Decreased reflexes May mimic death

#### SIGNS OF CARDIOPULMONARY COMPROMISE

Weak, thready or absent peripheral pulse Decreasing consciousness Tachypnea/respiratory difficulty Central cyanosis and coolness Hypotension (late sign) Weak, thready or absent peripheral pulse

2. Place patient in warm environment. Remove wet clothing. Prevent further heat loss.

NO CARDIOPULMONARY COMPROMISE	CARDIOPULMONARY	COMPROMISE PRESENT
	<ul> <li>Support with BVM ventilations as indicated; secure airway as appropriate</li> <li>Avoid unnecessary manipulation and rough handling</li> <li>If pulseless, begin CPR</li> </ul>	
	BLS	ALS
<ul> <li>Warm trunk</li> <li>Place heat packs to axilla and groin, taking care to avoid direct skin contact</li> </ul>	<ul> <li>Consider <u>AED</u> if available</li> <li>If advised, give ONE SHOCK ONLY</li> <li>Resume CPR, do not re-analyze rhythm</li> </ul>	<ul> <li>For VF or pulseless VT consider</li> <li>DEFIBRILLATION AT 2 J/KG</li> <li>Give ONE SHOCK</li> <li>ONLY, then resume CPR</li> <li>Do not re-analyze rhythm or give any additional shocks</li> <li>Establish VASCULAR ACCESS IV/IO</li> </ul>
	Refer to appropriate SMO as indicated for underlying / other conditions	
	Warm trunk. Place heat pa care to avoid o	acks to axilla and groin, taking direct skin contact
Contact Medical Direction and initiate transport. Continuously support ABCs, observe, and keep warm.		

DENS	DIVING / SCUBA EMERGENCIES	
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	REVIEWED: 04/01/2023	Revised: N/A

Consider decompression illness if any of the following are present, regardless of a reported safe dive, within 24-hours of a SCUBA event, or air travel after diving. Attempt to rule out other underlying conditions (infection, significant trauma, etc.)

Neurological Dysfunction	Bladder, bowel, gait or coordination, reflexes, mental status, vision, hearing, consciousness, strength, vertigo, paresthesia, numbness, tingling, altered sensation
Cardiopulmonary:	Cough, hemoptysis, dyspnea, voice change
Pain:	Aches, cramps, discomfort, joint pain, pressure, spasm, stiffness
Skin:	Edema, itching, rash, burning sensations, marbling
Others:	Dizziness, fatigue, headache, nausea/vomiting, chills, diaphoresis, malaise, restlessness

# BLS / ALS

# 1. PEDIATRIC INITIAL MEDICAL CARE or PEDIATRIC INITIAL TRAUMA CARE

- Assess dive history
  - $\circ \quad \text{Time of dive} \quad$
  - $\circ$  Length of dive
  - o Depth
  - Any problems encountered during dive
- 2. Ensure adequate ventilation, HIGH FLOW O<sub>2</sub> if indicated.
- 3. Contact Medical Direction regarding transport to a hyperbaric chamber.
- 4. Initiate transport
  - Keep patient supine or in lateral recovery position

# <u>ALS</u>

- 5. Establish VASCULAR ACCESS IV/IO
- 6. If needed, refer to **PEDIATRIC DRUG ASSISTED INTUBATION SMO**
- 7. Consider analgesia, if appropriate. Refer to **PEDIATRIC PAIN CONTROL SMO**

If assistance is needed, contact the Divers Alert Network (DAN) at (919) 684-8111

PEDS	FROS	TBITE
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
- 2. Rapidly rewarm frozen areas with tepid water
  - Hot packs wrapped in a towel may be used
  - DO NOT RUB or massage frozen tissue
  - DO NOT thaw if there is a chance of refreezing
- 3. HANDLE SKIN LIKE A BURN. Protect with light, dry sterile dressings. Do not let affected skin surfaces rub together

# <u>ALS</u>

 If in pain and systolic >(70+(age in years x 2)), pain control per <u>PEDIATRIC PAIN</u> <u>CONTROL SMO.</u>

DEDS	HEAT EMERGENCIES	
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. **PEDIATRIC INITIAL MEDICAL CARE** or **PEDIATRIC INITIAL TRAUMA CARE** as indicated
- 2. Complete Secondary Assessment:

#### • Hot, dry, flushed or ashen skin

- Tachycardia
- Tachypnea
- Diaphoresis
- Decreasing consciousness
- Weak, thready or absent peripheral pulse
- Hypotension
- Profound weakness / fatigue
- Vomiting
- Muscle cramps

- Headache
- 3. Assess scene for environmental risks to patient and rescuers
- 4. Place patient in cool environment and remove clothing as appropriate
- 5. Apply cool packs to axilla and groin

NORMAL MENTAL STATUS	ALTERED MENTAL STATUS
	•Check blood glucose, treat per <u>PEDIATRIC DIABETIC / GLUCOSE</u> <u>EMERGENCIES</u>
<ul> <li>Support ABCs</li> <li>Give cool liquids by mouth if no nausea / vomiting (age dependent)</li> <li>Observe</li> <li>Transport</li> </ul>	<ul> <li>Continue cooling</li> <li>Apply cool pack to side of neck, axilla and groin</li> <li>Tepid water per sponge / spray</li> <li>Manually fan body to evaporate and cool</li> <li>Stop active cooling if shivering occurs</li> </ul>

PEDS	HIGH ALTITUDE EMERGENCIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	REVIEWED: N/A	REVISED: N/A

Consider altitude illness in any patient with recent travel to altitudes >8000 feet above sea level, or those with recent travel in unpressurized aircraft at altitudes >5000 feet. Descent from altitude is the primary preventative measure for lessening the severity of illness. Pediatric patients are susceptible to altitude-related emergencies similar to adults.

ACUTE MOUNTAIN SICKNESS	HIGH ALTITUDE CEREBRAL EDEMA (HACE)	HIGH ALTITUDE PULMONARY EDEMA (HAPE)
Headache, Nausea/Vomiting, Lethargy, Dizziness	Headache, Nausea/Vomiting, Lethargy, Dizziness, Unstable Gait, Drowsiness, Confusion, Coma	Cough, Dyspnea, Cyanosis, Hyperthermia, Pink/Frothy Sputum
	BLS / ALS	
<ul> <li>HIGH FLOW O2 <ul> <li>Assess history of travel to</li> <li>Altitude reached</li> <li>Time spent</li> <li>Symptom onset time</li> <li>Be alert for possible signification altered mental status may</li> </ul> </li> <li>Refer to appropriate trauma SM <ul> <li>Consider analgesia if SBP &gt;10</li> <li>Refer to appropriate trauma SM</li> </ul> </li> </ul>	ficant trauma; patients experience make poor decisions in their att MO as needed 0 mmHg. Refer to <u>PEDIATRIC</u> MO as needed	ing HACE and the associated empt to descend PAIN CONTROL SMO
	ALS	ALS
	Ensure adequate ventilation. Secure airway as needed. Refer to <u>PEDIATRIC DRUG</u> <u>ASSISTED INTUBATION</u> <u>SMO</u> Consider analgesia if SBP > (70+(2 x Age In Years)). Refer to <u>PEDIATRIC PAIN</u> <u>CONTROL SMO</u>	Ensure adequate ventilation. Secure airway as needed. Refer to <u>PEDIATRIC DRUG</u> <u>ASSISTED INTUBATION</u> <u>SMO</u>

PEDS	<b>SNAKEBITE / ENVENOMATION</b>		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

#### 4. Scene Size-Up

- Assess scene and personal safety
- Use standard precautions on all patients
- 5. PEDIATRIC INITIAL MEDICAL CARE or PEDIATRIC INITIAL TRAUMA CARE
  - Confirm adequate airway
  - High FiO<sub>2</sub>
  - Check pulse and control hemorrhage as indicated
  - Assess AVPU and monitor neurological status
  - Apply sterile gauze dressing over wound
  - Remove all jewelry and/or constrictive clothing

#### 6. Special Considerations:

- Allow patient to lie flat and avoid as much movement as possible. Keep patient calm. Allow the bitten limb to rest at level of the patient's heart.
- Medical Direction should be contacted immediately whenever snakebite is suspected.
- Notify Medical Direction if antivenin is available at the scene.
- Request that Medical Direction contact toxicologist / Poison Control Center ASAP at 1-800-222-1222
- Notify Medical Direction of type of snake. If safe to do so, obtain photo of snake for identification.
- If compression wrap has been applied by special services staff (e.g., animal control or zoological park), do not remove.
- DO NOT apply ice, heat, tourniquet or incise wound.

#### <u>ALS</u>

- Observe for respiratory compromise. Provide intervention, if necessary, per appropriate SMO.
- Evaluate cardiac rhythm. Treat dysrhythmias per appropriate SMO.
- Establish two large bore IVs of NORMAL SALINE in unaffected extremity.
- Use direct pressure to control hemorrhage if present. Avoid elevation of extremities.
- Reassess frequently for mental status changes.

#### Note:

• If transport time >15 minutes, consider contacting specialty transport. If antivenin is available, bring to ED with patient.

PEDS	INITIAL TRAUMA CARE	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023

### 1. SCENE SIZE UP

#### 2. Assess and secure scene safety.

- Use standard precautions on all patients.
- If indicated, follow department HazMat protocols
- If a potential crime scene, make efforts to preserve integrity of possible evidence
- Anticipate potential injuries based on the mechanism of energy transfer

#### 3. PRIMARY ASSESSMENT:

BLS	ALS		
AIRWAY / C-SPINE			
Position airway / suction as needed	Position airway / suction as needed		
SPINE MOTION RESTRICTION SMO as	SPINE MOTION RESTRICTION SMO as indicated		
indicated	Refer to <b>PEDIATRIC DRUG ASSISTED</b> INTUBATION SMO AS INDICATED		
BREATHING /	VENTILATION		
Assist ventilations as indicated	Assist ventilations as indicated (if rate <10 or >30 breaths / minute)		
(if rate <10 or >30 breaths / minute)	Asses for signs of Tension Pneumothorax, decompress as indicated		
CIRCULATION			
If no pulse, begin CPR and follow PEDIATRIC TRAUMATIC ARREST SMO	If no pulse, begin CPR and follow <b>PEDIATRIC TRAUMATIC ARREST SMO</b>		
Control all external hemorrhage, for severe extremity hemorrhage, apply tourniquet	Control all external hemorrhage, for severe extremity hemorrhage, apply tourniquet		
DISABILITY / EXPOSE			
Calculate PGCS, expose patient, and if altered mental status, check blood glucose level.			

**TRANSPORT DECISION**: Once the initial assessment and resuscitative interventions are initiated, a decision must be made whether to continue with the rapid trauma survey and the need for additional interventions on scene, or to perform interventions while transporting. Document the patient condition(s) or behavior(s) that necessitated this decision.

# Transport to closest appropriate facility per <u>REGION 8 TRAUMA CENTER SYSTEM FIELD</u> <u>TRIAGE GUIDELINES</u>

# SECONDARY ASSESSMENT:

BLS	ALS
RAPID TRAUMA SURVEY (as allowed by time and patient condition) • Systematic head-to-toe assessment • SAMPLE history	<ul> <li>Recheck and record vital signs and patient condition at least every 15 minutes as able, and after each intervention. For unstable patients, more frequent reassessment may be needed. Note the time obtained.</li> <li>Altered Mental Status: Seizure and vomiting precautions. Check glucose level. If glucose &lt;60 mg/dL, treat per PEDIATRIC DIABETIC EMERGENCIES SMO,</li> <li>Consider need for supplemental oxygen, especially for patients with dyspnea, suspected hypoxemia or altered mental status</li> </ul>
Respiratory Assessment / Findings	Oxygen Administration
Adequate rate/depth, minimal distress, mild hypoxia, baseline SpO <sub>2</sub> 92-94%	Low FiO <sub>2</sub>
Adequate rate/depth, moderate/severe distress, SpO <sub>2</sub> <92%	High FiO <sub>2</sub>
Inadequate rate/depth with moderate/severe distress, unstable	High FiO <sub>2</sub> by BVM ventilation
	Attempt Vascular Access
	If SBP <(70 x (2 x Age in Years)), <u>NORMAL SALINE</u> IV FLUID BOLUS of 20 mL/kg Reassess vital signs every 5 minutes and
	closely monitor for respiratory changes. Use warm fluids unless hyperthermic
Assess pain score of Refer to PEDIATRIC PAIN (	on a scale from 0-10. CONTROL SMO as indicated.

ADULT & PEDS	FIELD TRIAGE GUIDELINES		$\bigcirc$
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

#### General Guidelines

It is MANDATORY for Medical Direction to notify the Trauma Surgeon immediately upon receiving the field report, if one of the following conditions exist:

- Sustained hypotension on two consecutive measurements five minutes apart

   Adult systolic BP ≤ 90 mmHg or lack of a radial pulse
- Cavity penetration of torso or neck

#### Refer to <u>SPECIALTY TRANSPORT / AEROMEDICAL</u> <u>EVACUATION</u> for guidance as needed.

The following patients or those who in the opinion of the American College of Surgeons Committee on Trauma are known to have an increased mortality/morbidity, if not treated at a Trauma Center. They should, therefore, be classified as trauma patients. These patients require transport to the nearest Trauma Center

Conditions that are marked with a star ( $\star$ ) and in **bold letters** in the following criteria should be **considered** for direct bypass to a Level I Trauma Center. If the transport time to a Level I is greater than 25 minutes, the patient should go to a Level II Trauma Center.

Any patient meeting the criteria for consideration of direct bypass to a Level I Trauma Center should be considered **TIME-SENSITIVE**. *Contact Medical Direction at the initial point of contact, as soon as a clinical impression has been formed from assessment findings.* 

Patients being bypassed to a Trauma Center need to have an adequate airway (i.e., respirations 12-35 per minute, advanced airway, cricothyroidotomy). If an airway cannot be established, the patient should be taken to the closest comprehensive Emergency Department.

EMS providers should notify Medical Direction ASAP if the need for specialty services exists.

- I. Physiologic Factors
  - A. Adult Trauma Score (RTS) of 9 or less
  - B. Airway difficulties requiring intubation or other interventions at the scene
  - C. Trauma with altered respiratory rate (<12 or >35 per minute)
- II. Anatomic Factors
  - A. Head, Face, and Eye
    - 1. \*HEAD INJURY WITH PERSISTENT UNCONSCIOUSNESS OR FOCAL SIGNS (i.e., SEIZURES, POSTURING, UNABLE TO RESPOND TO SIMPLE COMMANDS)
    - 2. **\*PENETRATING INJURY TO THE NECK**
    - 3. Head injury with loss of consciousness or Glasgow Coma Scale (GCS) score of  $\leq 10$
    - 4. Traumatic and chemical eye injuries
    - 5. Maxillofacial trauma
  - B. Chest

#### 1. **★GUNSHOT WOUND OR OTHER PENETRATING INJURY TO THE CHEST**

- 2. Blunt chest trauma (significant pain and/or obvious external signs)
- 3. Flail chest and unstable chest wall
- C. Abdomen
  - 1. **★GUNSHOT WOUND TO THE ABDOMEN**
  - 2. **★OTHER PENETRATING INJURY TO THE ABDOMEN, GROIN OR BUTTOCKS**
  - 3. Blunt abdominal trauma (significant pain and/or obvious external signs)
- D. Spinal Cord
  - 1. **\*SPINAL CORD INJURY WITH PARALYSIS, PARESTHESIA OF EXTREMITIES AND/OR** SENSORY LOSS
  - 2. Any suspected spinal cord injury in the absence of neurological deficit
- E. Extremities
  - 1. **★EXTREMITY TRAUMA: MANGLED, CRUSHED, OR DEGLOVED WITH** NEUROVASCULAR COMPROMISE
  - 2. **\*TRAUMATIC AMPUTATION PROXIMAL TO THE WRIST OR ANKLE**
  - 3. Limb paralysis and/or sensory deficit proximal to the wrist
  - 4. Multiple orthopedic injuries (>1 long bone fracture)
- III. Deceleration Injury
  - A. High energy dissipation / rapid deceleration with blunt chest or abdominal injury
  - B. Falls ≥20 feet with the adult patient
  - C. Falls ≥3 times the height of a pediatric patient
- IV. Motor Vehicle Crashes
  - A. Extrication time ≥20 minutes
  - B. Vehicle passenger space invaded by ≥12 inches
  - C. Ejection
  - D. Fatality at the scene within the same motor vehicle
  - E. Rollover ≥180° spin
  - F. Child  $\leq$  15 years struck by car
  - G. Child ≤ 8 years old involved in any MVC without age-appropriate restraint (under age 4 or <40 pounds requires a car seat)
  - H. Motorcycle crash >20 MPH with separation of rider from bike
- V. Major Burns
  - A. 10% total body surface area of 2<sup>nd</sup> and 3<sup>rd</sup> degree burns
  - B. Any burn patient with obvious head, neck, or airway involvement
- VI. Pediatric Trauma with one or more of the following:
  - A. **\*HEAD TRAUMA WITH PERSISTENT ALTERED LEVEL OF CONSCIOUSNESS**
  - B. **\*OBVIOUS CHEST OR ABDOMINAL TRAUMA, EITHER PENETRATING OR BLUNT**
  - C. Pediatric Trauma Score of  $\leq 8$
  - D. Child  $\leq$  15 years old, struck by motor vehicle
  - E. Child involved in an MVC not appropriately restrained
    - 1. Rear-facing seat from birth to 2 years old or up to 20 lbs.
    - 2. Forward-facing toddler seat from 2 4 years or up to 65 lbs.

- 3. Booster seat from 4 8 years or up to 4' 9" tall
- 4. Safety belts from 8 15 years or at least 4'9" tall
- VII. Pregnant Trauma Patients
  - A. The pregnant patient ≥20 weeks gestation
  - B. Pregnant patient who meets any other trauma criteria
- VIII. Blunt and Penetrating Traumatic Arrests are at the discretion of Medical Direction
  - A. **May consider** withholding resuscitative efforts. Refer to <u>WITHHOLDING OR WITHDRAWING</u> <u>RESUSCITATIVE EFFORTS SMO</u>

DEDS	TRAUMATIC CARDIAC ARREST	
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	REVIEWED: N/A	REVISED: N/A

- 1. If obviously dead, consider referring to <u>WITHHOLDING OR WITHDRAWAL OF</u> <u>RESUSCITATIVE EFFORTS SMO</u>
- 2. If injury is incompatible with life (e.g., massive brain matter visible), contact Medical Direction for possible scene pronouncement

# <u>ALS</u>

- 3. If patient experiences loss of pulses under direct paramedic observation during transport:
  - PEDIATRIC INITIAL TRAUMA CARE
  - **BILATERAL PLEURAL DECOMPRESSION** if clinically indicated (i.e., thoracic trauma, blast injuries, blunt traumatic arrest)
  - Consider appropriate cardiac arrest SMO
  - Verify tube placement if intubated

### Note:

• After <u>SPINE MOTION RESTRICTION SMO</u> and airway control is established, procedures are to be performed while transporting.

PEDS

# **SPINAL MOTION RESTRICTION (SMR)**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

**REVISED: N/A** 

#### PATIENTS <9 YEARS OF AGE, IN THE PRESENCE OF SUSPECTED NECK/SPINAL CORD INJURY, MUST HAVE SPINAL MOTION RESTRICTION APPLIED.

#### **BLS / ALS**



**NOTE:** If following this SMO would jeopardize crew or patient safety, follow to the best of the crews ability and document reasons why steps could not be completed.

DEDQ	HEMORRHA	GIC SHOCK
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	Reviewed: N/A	REVISED: N/A

# 1. PEDIATRIC INITIAL MEDICAL CARE

- 2. Supine position
- 3. Control bleeding as appropriate

# <u>ALS</u>

- 4. Secure airway as appropriate
- 5. Establish VASCULAR ACCESS IV/IO
- 6. Give NORMAL SALINE IV fluid bolus of 20 mL/kg
- If no response to initial fluid bolus, repeat <u>NORMAL SALINE</u> IV fluid boluses of 20 mL/kg. May repeat x 2 to a maximum of 60 mL/kg.

DEDC	HEAD INJURIES	
PEDS	APPROVED FOR USE	BY: ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/20	023 REVISED: 04/01/2023
BLS / ALS1.PEDIATRIC INITIAL TRAUE2.Maintain supine position3.Consider SPINE MOTION R4.Assess PEDIATRIC GLASC5.Treat based on Pediatric GC	MA CARE ESTRICTION as indicate OW COMA SCALE (PG	ed <mark>ICS)</mark>
<u>PGCS 13 – 15</u>	<u> PGCS 9 – 12</u>	PGCS <8
(MILD)	(MODERATE)	<u>(SEVERE)</u>
<ul> <li>Give HIGH FiO₂</li> <li>Control hemorrhage</li> <li>Reassess PGCS</li> <li>Transport</li> <li>Support ABCs</li> <li>Observe</li> <li>Keep warm</li> </ul>	<ul> <li>Give HIGH FiO2</li> <li>Support ventilation we BVM as indicated</li> <li>Control hemorrhage</li> <li>Reassess PGCS</li> <li>Transport</li> <li>Support ABCs</li> <li>Observe</li> <li>Keep warm</li> </ul>	<ul> <li>Give HIGH FiO2</li> <li>Support ventilation with BVM</li> <li>ALS: INTUBATE orally as indicated</li> <li>Control hemorrhage</li> <li>Reassess PGCS</li> <li>Refer to PEDIATRIC</li> <li>SEIZURE / STATUS</li> <li>EPILEPTICUS SMO as indicated</li> <li>Transport</li> <li>Support ABCs</li> <li>Observe</li> <li>Keep warm</li> </ul>
<u>IV / IO</u>		<u>IN</u>
Consider <u>MIDAZOLAM (VERS</u> 0.1 mg/kg SLOW every Max single dose 2 <u>MAX total dose</u> 6 mg if <5 years of 10 mg if ≥5 years of	ED®) 2 minutes mg age age	Consider <u>MIDAZOLAM (VERSED®)</u> 0.2 mg/kg every 2 minutes Max single dose 4 mg <u>MAX total dose:</u> 6 mg if <5 years of age 10 mg if ≥5 years of age

Note: Children with increased intracranial pressure present differently than adults:

CUSHING'S TRIAD IN ADULTS	CUSHING'S TRIAD IN PEDIATRICS
Irregular respirations	Irregular respirations
Hypertension	Hypertension
<u>Bradycardia</u>	<u>Tachycardia</u>

DEDS	EYE INJURIES	
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

# 1. PEDIATRIC INITIAL TRAUMA CARE

- Assess pain on a 0-10 scale
- Quickly assess gross visual acuity in each eye: light perception, motion, acuity
- Discourage patient from sneezing, coughing, straining or bending at the waist
- Elevate head of cot or backboard Semi-Fowler's position unless contraindicated
- Vomiting precautions
- 2. Treat based on injury type:

<u>CHEMICAL SPLASH /</u> <u>BURN</u>	SUSPECTED CORNEAL ABRASION	PENETRATING INJURY / RUPTURED GLOBE	
BLS / ALS			
Immediately irrigate affected eye(s) using copious amounts of <b>NORMAL</b> <b>SALINE</b> . Continue irrigation while transporting	Patch affected eye(s).	• <b>Do not</b> remove impaled	
ALS		objects	
TETRACAINE 0.5% (ALTACAINE®)1 DROP in each affected eye. May repeat until pain relief achieved.Irrigate per appropriate System-specific procedure.	TETRACAINE 0.5% (ALTACAINE®) 1 DROP in each affected eye. May repeat until pain relief achieved.	<ul> <li><u>Do not</u> irrigate or administer tetracaine</li> <li>Avoid any pressure on the injured eye(s)</li> <li>Cover with cup, or metal or plastic protective shield</li> <li>Patch unaffected eye</li> </ul>	
If patient is in pain and systolic BP >100 mmHg, treat per PEDIATRIC PAIN CONTROL SMO			

PEDS	NECK / SPINE INJURIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. PEDIATRIC INITIAL MEDICAL CARE
- 2. SPINAL MOTION RESTRICTION SMO

# <u>ALS</u>

- 3. If patient remains hypo-perfused and bradycardic, consider <u>ATROPINE</u> 0.02 mg/kg rapid IV/IO. Minimum dose 0.1 mg. Maximum single dose 0.5 mg
  - May repeat ATROPINE every 3 minutes x 2. Maximum total dose 1.5 mg
| DEDQ                  | CHEST / THORACIC INJURIES |                     |  |
|-----------------------|---------------------------|---------------------|--|
| FLUG                  | APPROVED FOR USE BY:      | ALL SYSTEMS         |  |
| EFFECTIVE: 04/02/2019 | Reviewed: 04/01/2023      | Revised: 04/01/2023 |  |

# 1. PEDIATRIC INITIAL TRAUMA CARE

HIGH FiO₂ or VENTILATION

- 2. Begin expeditious transport to appropriate facility and contact Medical Direction
- 3. Treat based on injury type(s):

SUCKING CHEST WOUND / OPEN PNEUMOTHORAX	FLAIL CHEST	PNEUMOTHORAX / TENSION PNEUMOTHORAX	PERICARDIAL TAMPONADE
	BLS / ALS		ALS
Apply occlusive dressing / chest seal per System-specific procedure If patient deteriorates, temporarily remove dressing to let air escape.	If respiratory distress, appropriately VENTILATE WITH HIGH FIO₂ VIA BVM	Suspect when patient presents with severe respiratory distress or difficulty ventilating, with <b>any</b> of the following: hypotension, distended neck veins, absent breath sounds on the involved side, and/or tracheal deviation	NORMAL SALINE 20 mL/kg IV/IO fluid boluses, repeat as necessary. Titrate infusion rate based on
ALS		clinical presentation and	
Anticipate the need for decompression to affected side Consider intubation; do NOT place patient on CPAP	Consider intubation, do NOT place patient on CPAP	PLEURAL DECOMPRESSION of affected side, per System-specific procedure Assess for PEA. Refer to PEDIATRIC ASYSTOLE/PEA if present.	SPB ≥90 mmHg. Reassess vital signs every 5 minutes and closely monitor for respiratory changes

DEDQ	ABDOMINAL / PELVIC INJURIES		
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 07/01/2023	REVIEWED: N/A	Revised: N/A	

- 1. PEDIATRIC INITIAL TRAUMA CARE
- 2. Initiate rapid transport; contact Medical Direction
- 3. Do not remove impaled objects
  - If evisceration noted, cover exposed organs with saline-soaked sterile dressing, and cover with occlusive dressing
  - Do NOT attempt to put organs back inside the abdominal cavity
- 4. Consider analgesia if appropriate, per **PEDIATRIC PAIN CONTROL SMO**

DEDQ	MUSCULOSKELETAL INJURIES		
FEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: 04/01/2023	

### 1. PEDIATRIC INITIAL TRAUMA CARE

- 2. Amputation / Degloving Injuries:
  - If amputation is incomplete, stabilize with bulky dressing
  - If serious bleeding is present, apply tourniquet above amputation as close as possible to the injury. Note time tourniquet applied. **DO NOT** release tourniquet once it has been applied
  - Care of amputated parts:
    - Wrap in normal saline moistened gauze or towel. Place in plastic bag and seal.
       DO NOT immerse tissue directly in water or normal saline
    - Place plastic bag in second container filled with ice or cold water or place on cold packs and bring with patient to the hospital

## <u>ALS</u>

- 3. Consider analgesia; refer to PEDIATRIC PAIN CONTROL SMO
- 4. Splint or immobilize injuries as indicated.
  - If pulses are lost after applying a traction splint, leave splint in place. Do not release traction. Notify Medical Direction of change in status
- 5. Elevate extremity and or apply cold pack after splinting when appropriate
- 6. Assess for injury and consider **<u>SPINE MOTION RESTRICTION SMO</u>** as indicated.
- 7. Check for distal vascular, motor, and sensory function
- 8. <u>If age >1 year</u> and patient is experiencing nausea or vomiting, consider <u>ONDANSETRON (ZOFRAN®):</u>

<40 kg Body Weight	≥40 kg Body Weight		
2 mg slow IV x 1, no repeat dose. No ODT dose for <40 kg	4 mg slow IV x 1 no repeat dose	O R	4 mg ODT tab x 1, no repeat dose

9. If long bone fracture with displacement/muscle spasm, and hemodynamically stable, consider MIDAZOLAM (VERSED®):

<u>IV / IO</u>	<u>IN</u>
0.1 mg/kg SLOW every 2 minutes	0.2 mg/kg every 2 minutes
Max single dose 2 mg	Max single dose 4 mg
MAX total dose:	MAX total dose:
6 mg if <5 years of age	6 mg if <5 years of age
10 mg if ≥5 years of age	10 mg if ≥5 years of age

PEDS	EMD (TASER®) WEAPON INJURIES		
	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

This SMO is to be used for patients who have been subdued by the use of any electro-muscular disruption (EMD) weapon (i.e., TASER®)

Assess scene and personal safety. Obtain baseline behavior from PD/LEO prior to EMD event

#### 1. PEDIATRIC INITIAL TRAUMA CARE

- Assess for injury and/or altered mental status and treat per appropriate SMO
- Check and record baseline vital signs
  - If ALS, include ECG monitoring for cardiac abnormalities
- Identify location of probes on the patient's body. Evaluate depth of skin penetration

BARBS MAY NOT BE REMOVED BY EMS IF EMBEDDED IN ANY OF THE FOLLOWING AREAS	SUPERFICIALLY EMBEDDED BARBS IN OTHER ANATOMIC LOCATIONS MAY BE REMOVED BY EMS
•Eyelid / Globe of the eye •Face or Neck •Genitalia	<ul> <li>Removal procedure:</li> <li>1.Place one hand on the patient where the barb is embedded to stabilize the skin surrounding the puncture site.</li> <li>2.Firmly grasp the barb with your other hand.</li> <li>3.Remove by gently pulling the barb straight out along the same plane it entered the body.</li> <li>4.Assure that the barb is intact</li> <li>5.Repeat procedure with second barb, if embedded.</li> <li>6.Return the barbs to law enforcement officials, utilizing standard precautions.</li> </ul>
<ul> <li>Any Bony Prominence</li> <li>Spinal Column</li> <li>Stabilize / splint barbs in place and initiate transport.</li> </ul>	Control minor hemorrhage and cleanse the wound area with normal saline. If indicated, cover wound area with a dry dressing.
	<ul> <li>Transport decision:</li> <li>Transport decisions regarding patients subdued by EMD weapons should be based on patient condition.</li> <li>If not transported to the hospital and if the patient has not had a tetanus immunization in the last five years, they should be advised to get one.</li> </ul>

DEDG	<b>CRUSH INJURIES / ENTRAPMENT</b>		
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS	
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A	

# 1. PEDIATRIC INITIAL TRAUMA CARE

- 2. Start treatment as soon as safely possible to do so (if safe, initiate treatment while patient is still entrapped or encased)
- 3. Identify any severe hemorrhage. If found on limb, place tourniquet as close to injury as possible (never on a joint). If unable to assess limb and there is a probable mechanism for crush / amputation, place tourniquet
- 4. Give high flow O<sub>2</sub> via NRB unless unsafe to do so

# <u>ALS</u>

- 5. Establish large bore IV/IO, give <u>NORMAL SALINE</u> initial bolus of 10 mL/kg (prior to extrication if possible). If pulmonary edema occurs, STOP bolus and treat per appropriate respiratory SMO
- 6. For significant crush injuries or prolonged entrapped extremity, contact Medical Direction for orders for <u>SODIUM BICARBONATE 8.4%</u>
- 7. ECG monitoring during entrapment, if possible
- 8. Consider analgesia per **PEDIATRIC PAIN CONTROL SMO**
- After initial Normal Saline fluid bolus, give an additional <u>NORMAL SALINE</u> 10 mL/kg bolus. If pulmonary edema occurs, STOP bolus and treat per appropriate respiratory SMO

10. If cardiac arrest occurs, treat per appropriate **SMO** 

- PEDIATRIC VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR
   <u>TACHYCARDIA</u>
- PEDIATRIC ASYSTOLE / PEA

DEDS	SUSPENSIC	N INJURIES
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

# 1. PEDIATRIC INITIAL TRAUMA CARE

- 2. Coach patient to keep knees elevated until, during and post rescue **DO NOT ALLOW PATIENT TO STAND**
- 3. Place patient in high Fowler's position, with knees to chest during transport
  - If patient is unresponsive place in lateral position with knees to chest
  - If patient needs to be placed supine, knees should be placed or held to chest
- 4. Give High FiO<sub>2</sub> Oxygen unless contraindicated

# <u>ALS</u>

- Establish IV, give <u>NORMAL SALINE</u> 20 mL/kg bolus after rescue. If pulmonary edema occurs, STOP Normal Saline bolus and treat per appropriate respiratory SMO
- 6. Assess ECG
- 7. Consider analgesia; refer to **PEDIATRIC PAIN CONTROL SMO**
- 8. If cardiac arrest occurs, treat per appropriate SMO
  - PEDIATRIC VENTRICULAR FIBRILLATION / PULSELESS VENTRICULAR
     <u>TACHYCARDIA</u>
  - PEDIATRIC ASYSTOLE / PEA

PENS	NEAR DROWNING		
FLUS	APPROVED FOR USE BY:		ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023		REVISED: N/A
<ul> <li>BLS / ALS</li> <li>1. PEDIATRIC INITIAL TRAUMA CARE</li> <li>2. Remove wet clothing</li> <li>3. Assess patient's temperature <ul> <li>If NORMOTHERMIC, treat CARDIAC DYSRHYTHMIAS PER APPROPRIATE SMO</li> <li>If HYPOTHERMIC, treat per PEDIATRIC COLD EMERGENCIES SMO</li> </ul> </li> </ul>			
ADEQUATE VENTILATION	E VENTILATION AND RATORY EFFORTINADEQUATE VENTILATION AND RESPIRATORY EFFORT		
<ul> <li>Complete initial assessment</li> <li>Remove wet clothing</li> <li>Prevent further heat loss</li> <li>Provide supplemental oxyge indicated</li> <li>Refer to <u>PEDIATRIC COLD</u> <u>EMERGENCIES SMO</u>, as not</li> <li>Contact Medical Direction</li> <li>Transport</li> <li>Support ABCs</li> </ul>	n as eeded	<ul> <li><u>In water</u>, star ventilations</li> <li><u>When out of ventilations</u></li> <li>Apply AED / or rhythm</li> </ul>	t rescue breathing / <u>water</u> , begin CPR defibrillator and check

• Observe

Keep warm

IF BREATHING DOES NOT RESUME

- If breathing resumes

Refer to appropriate adult <u>CARDIAC</u> and/or <u>RESPIRATORY</u> SMO

DEDS	RADIATION INJURIES	
PEDS	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. FOLLOW DIRECTIONS OF THE HAZMAT COMMAND ON SCENE.
- 2. PEDIATRIC INITIAL MEDICAL CARE or PEDIATRIC INITIAL TRAUMA CARE
- 3. Patient management per appropriate SMO
- 4. Contact Medical Direction, as soon as practical, and indicate the following:
  - number of victims
  - medical status of victims
  - source of radiation
  - amount and kinds of radioactivity present

For assistance, 24-hour hotline number is available:

1-800-782-7860

PEDS	<b>SUSPECTED CHILD ABUSE / NEGLECT</b>	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. ADULT INITIAL MEDICAL CARE, or ADULT INITIAL TRAUMA CARE.
- 2. Treat obvious injuries per appropriate SMO
- 3. History, physical exam, scene survey as usual, and document findings on patient care report
- 4. **TRANSPORT**. Report your suspicions to ED staff upon arrival.
  - Transport is mandatory
  - Contact Medical Direction if parent/legal guardian is refusing

SUSPECTED DOMESTIC OR SEXUAL ABUSE	NON-SEXUAL ABUSE
<ul> <li>Provide information on services available to victims of suspected abuse. See Domestic Crime victim information forms.</li> <li>Encourage victim to seek medical attention.</li> <li>DCFS must be contacted by EMS providers <ul> <li>1-800-25-ABUSE (24-hour phone line)</li> </ul> </li> <li>Contact receiving facility to ensure availability of Sexual Assault Nurse Examiner (SANE).</li> <li>If SANE not available, consider bypassing to facility with SANE Nurse/Staff present, with Medical Direction approval.</li> </ul>	<ul> <li>Reporting is mandatory in a case of suspected child abuse. EMS providers must notify one of the following:</li> <li>Notify Illinois Department of Children and Family Services (DCFS) <ul> <li>1-800-25-ABUSE (24-hour phone line)</li> </ul> </li> </ul>

PEDS	BLAST INJURIES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 07/01/2023	Reviewed: N/A	REVISED: N/A

- 1. HAZMAT precautions as indicated
- 2. Treat all explosions as a crime scene unless directed otherwise by law enforcement
- 3. Consider risk of secondary devices
- 4. PEDIATRIC INITIAL TRAUMA CARE
  - Be alert for significant bleeding and/or amputations
- 5. Secure airway as needed; persistent hypoxia despite high-flow oxygen administration is an indication for early intubation due to blast lung injuries
- 6. SPINAL MOTION RESTRICTION SMO as indicated
- 7. Treat injuries per appropriate SMO; explosions have high likelihood of multi-system involvement.
  - PEDIATRIC HEAD INJURIES
  - PEDIATRIC EYE INJURIES
  - PEDIATRIC NECK / SPINE INJURIES
  - PEDIATRIC CHEST / THORACIC INJURIES
  - PEDIATRIC ABDOMINAL INJURIES
  - PEDIATRIC MUSCULOSKELETAL INJURIES
  - PEDIATRIC CRUSH INJURIES / ENTRAPMENT
  - PEDIATRIC BURNS

#### Note:

• Tympanic membrane rupture is the most common type of blast injury and may be associated with other more serious blast injuries. When tympanic membrane rupture is not present, other blast pressure injuries are less likely, **but cannot be ruled out**.



# **BURNS – GENERAL GUIDELINES**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 04/02/2019

REVIEWED: 04/01/2023

REVISED: 04/01/2023

#### BLS / ALS

- 1. Ensure scene safety, move patient to safe area
- 2. Ensure burning process has stopped
- 3. PEDIATRIC INITIAL TRAUMA CARE
  - Complete primary assessment, assess for:
    - Stridor○ Wheezing

- ∘ Retractions
- ○Tachypnea
- Decreased respirations or apnea
   Decreasing consciousness
- 4. Consider need for SPINAL MOTION RESTRICTION (SMR)
- 5. Remove constricting clothing / jewelry
- 6. Unresponsive patients found at the scene of a fire, consider cyanide poisoning. Refer to **PEDIATRIC CYANIDE EXPOSURE SMO**
- Evaluate depth of burn and estimate extent using <u>PEDIATRIC RULE OF NINES OR</u> <u>PALM METHOD</u> (patient's palm equals 1% BSA). Use caution to ensure that only true burns are calculated and not soot. **Do not include 1<sup>st</sup> degree (superficial) burns** in calculation.
- 8. Assess need for transport to Burn Center.
- 9. Keep patient warm and protect from hypothermia; be cautious with cooled / wet dressings
- 10. Assess for potential child abuse and follow appropriate reporting mechanism.

#### NOTE:

• Intramuscular and/or subcutaneous medications should NOT be administered through burned tissue.

#### <u>ALS</u>

- 11. If patient is in pain and systolic BP > (70+(2 x age in years), treat per <u>PEDIATRIC</u> <u>PAIN CONTROL SMO.</u>
- 12. For burns > 20% total body surface area burned (TBSA) establish VASCULAR ACCESS and initiate fluid resuscitation with <u>NORMAL SALINE</u>; rate based on patient age:

Age in years	IV Fluid Rate
≤ 5 years of age	125 mL/hr
6 - 12 years of age	250 mL/hr
≥ 13 years of age	500 mL/hr

PEDS	RULE OF NINES	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	Revised: 04/01/2023



PEDS	CHEMICAL BURNS	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

#### 1. PEDIATRIC BURNS – GENERAL GUIDELINES

- 2. HazMat precautions as indicated
- 3. Attempt to obtain name of chemical involved and MSDS/SDS information, if possible.
- 4. If powdered chemical, brush away excess. Remove clothing, if possible.
- 5. Irrigate with copious amounts of sterile water or Normal Saline as soon as possible, and continue while transporting. Goal is *at least* 30 minutes of continuous irrigation.

•

- Be mindful of hypothermia related to environment, irrigation, and burn injury.
- 6. Transport and notify Medical Direction or receiving hospital

#### <u>ALS</u>

### 7. If EYE INVOLVEMENT:

- Assess visual acuity
- Remove contact lens and IRRIGATE EYE WITH SALINE
  - Do not contaminate the uninjured eye with contaminated irrigation solution
- Administer TETRACAINE 0.5% (ALTACAINE®) 1 drop in each affected eye. May repeat until pain relief achieved.
- 8. Contact Medical Direction
- 9. Transport
  - Support ABCs
  - Observe
  - Keep warm

PEDS	ELECTRICAL BURNS	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

- 1. ADULT BURNS GENERAL GUIDELINES
- 2. SPINE MOTION RESTRICTION as indicated
- 3. Identify, document, and describe any wounds, particularly those related to the electrical injury
- 4. Assess neurovascular status of affected part
- 5. Cover wounds with dry, sterile dressings (cooling not necessary)
- 6. Contact Medical Direction
- 7. Transport
  - . Support ABCs
  - . Observe
  - . Keep warm

# <u>ALS</u>

8. Assess ECG for dysrhythmias, including 12-lead ECG, and treat according to appropriate SMO

PEDS	INHALATION BURNS	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	REVIEWED: 04/01/2023	REVISED: N/A

#### 1. PEDIATRIC BURNS – GENERAL GUIDELINES

- 2. Note presence of wheezing, hoarseness, stridor, carbonaceous (black) sputum / cough, singed nasal hair / eyebrows / eyelashes.
- 3. Monitor EtCO<sub>2</sub> waveform (if available)

#### 4. HIGH FiO<sub>2</sub> or VENTILATION

- 5. Contact Medical Direction
- 6. Transport
  - Support ABCs
  - Observe
  - Keep warm

#### <u>ALS</u>

10. If wheezing, refer to **PEDIATRIC REACTIVE LOWER AIRWAY DISEASE / ASTHMA SMO** 

- 11. Thoroughly assess airway for presence of burns or soot.
  - The presence of soot or burns in/around the airway is not a sole indicator for intubation
  - Support airway and ventilation with least invasive methods first
  - If severe respiratory distress, stridor, or imminent respiratory arrest, consider INTUBATION. Refer to <u>PEDIATRIC DRUG ASSISTED INTUBATION</u> as needed.
- 12. Monitor cardiac rhythm and treat according to appropriate SMO

#### NOTE:

 Airway edema can take <u>several hours</u> to appear and become significant enough to risk airway loss. Burned airways can be significantly difficult to intubate, therefore in the absence of severe respiratory distress, stridor, imminent respiratory failure, or GCS ≤ 8, consider withholding intubation until arrival at receiving facility.

PEDS	THERMAL BURNS	
	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: N/A
BLS / ALS		

- 1. Assess scene safety
  - Remove patient to safety
  - Use standard precautions
- 2. PEDIATRIC BURNS GENERAL GUIDELINES
- 3. PEDIATRIC INITIAL TRAUMA CARE
  - Stop the burning process
  - Complete primary assessment, assess for:
    - ∘ Stridor

oRetractions

∘Wheezing

- oTachypnea
- $\circ$  Decreased respirations or apnea  $\circ$  Decreasing consciousness
- Assess percentage / depth of burn
- Remove constricting jewelry and clothes
- 4. Cover burn wound with DRY dressings or clean sheets
- 5. Place patient on clean sheet on stretcher and cover patient with dry clean sheets and blanket to maintain body temperature
- 6. Refer to appropriate <u>SMO</u> as indicated for other conditions
- 7. Contact Medical Direction
- 8. Transport
  - Support ABCs
  - Observe
  - Keep warm

GENEDAL	ADDENDUM SECTION	
GENERAL	APPROVED FOR USE BY:	ALL SYSTEMS
EFFECTIVE: 04/02/2019	Reviewed: 04/01/2023	REVISED: 04/01/2023

In order to move the science of Emergency Medical Services forward, the EMS Medical Directors have added this section to the SMOs.

Here, the Region will place protocols that are presently "System-specific." These SMOs may be used within a System in the Region, but at the present time are **not universally in effect** for all the Systems. Medical Direction for these SMOs must come from a hospital in the System that uses these SMOs.

These SMOs will be under continual review by the EMS Medical Directors, and Standing Orders will be revised or added as changing medical technology and research dictates.

Orders not agreed upon by all four Medical Directors, or protocols implemented for investigation will be added as System-specific to the Addendum section. Data from investigative protocols is shared with the EMS Medical Directors for consideration for inclusion to the regionwide Standing Orders.

Our intention is to utilize this section for the advancement of the Region as a whole, and to develop the finest EMS Region in the State.

Respectfully, The Region 8 EMS Medical Directors

ADENOSINE (ADENOCARD®)		
Classification: Antiarrhythmic		
Adult Dose / Route	SUPRAVENTRICULAR TACHYCARDIA: Initial dose of 6 mg rapid IV (over 1-2 seconds) followed immediately by 10 mL rapid saline flush and extremity elevation.If first dose does not eliminate tachydysrhythmia in 1-2 minutes, give 12 mg rapid IV followed by 10 mL rapid saline flush and extremity elevation.May repeat second dose (12 mg) once (3 doses total).	
Pediatric Dose / Route	SUPRAVENTRICULAR TACHYCARDIA: Initial dose of 0.1 mg/kg rapid IV/IO over 1-2 seconds followed immediately by ≥5 mL rapid saline flush and extremity elevation. Max initial dose 6 mg. If first dose does not eliminate tachy-dysrhythmia in 1-2 minutes, give 0.2 mg/kg rapid IV/IO followed immediately by ≥5 mL rapid saline flush and extremity elevation. Max repeat dose 12 mg. May repeat second dose (0.2 mg/kg) once (3 doses total).	
Action(s)	<ul> <li>Slows conduction time through the AV node, can interrupt the reentry pathways through the AV node, and can restore normal sinus rhythm. In patients with PSVT, including WPW syndrome</li> </ul>	
Indications	<ul> <li>Stable re-entry SVT unresponsive to vagal maneuvers.</li> <li>Does not convert atrial fibrillation, atrial flutter or ventricular tachycardia.</li> </ul>	
Contra- indications	<ul> <li>Sick sinus syndrome</li> <li>2<sup>nd</sup> or 3<sup>rd</sup> degree AV block or poison- or drug-induced tachycardia.</li> <li>Atrial fibrillation/flutter with underlying WPW syndrome.</li> <li>Symptomatic bradycardia except those with functioning pacemakers.</li> <li>Asthma (may cause bronchospasm)</li> </ul>	
Side Effects	<ul> <li>Common reactions are generally mild and short-lived:</li> <li>Sense of impending doom</li> <li>Flushing</li> <li>Chest pressure</li> <li>Throat tightness</li> <li>Numbness</li> <li>Patients will have a brief episode of one or more transient dysrhythmias, which may include asystole, following admin.</li> <li>Will not terminate known atrial flutter / fibrillation, but will slow AV conduction to identify waves.</li> <li>Caution in patients with heart transplant – prolonged asystole has been reported</li> </ul>	

ALBUTEROL (PROVENTIL®, VENTOLIN®)			
Classification: Bronchodilator, Beta-2 agonist			
Adult Dose / Route	ASTHMA / BRONCHOSPASM, COPD WITH WHEEZING, ALLERGIC REACTION / ANAPHYLAXIS WITH WHEEZING: 2.5 mg of 0.083% (3 mL) via nebulizer (6 LPM oxygen) until mist stops, usually 5-15 minutes. In-line nebulizer treatment for intubated pts.	HYPERKALEMIA: 5 mg of 0.083% (6 mL) via continuous nebulizer (6 LPM oxygen) until mist stops, may repeat x 1.	
Pediatric Dose / Route	ASTHMA / BRONCHOSPASM, COPD WITH WHEEZING, ALLERGIC REACTION / ANAPHYLAXIS WITH WHEEZING: 2.5 mg of 0.083% (3 mL) via nebulizer (6 LPM oxygen) until mist stops, usually 5-15 minutes. In-line nebulizer treatment for intubated pts.	NOT APPROVED FOR PEDIATRIC USE IN HYPERKALEMIA	
Action(s)	<ul> <li>Action(s)</li> <li>Binds and stimulates beta-2 receptors, resulting in bronchial smooth muscle relaxation and bronchodilation.</li> <li>Helps return potassium into cells by activating the sodium potassium pump at the cell membrane.</li> </ul>		
Indications	<ul> <li>Wheezing in         <ul> <li>Asthma</li> <li>Bronchitis with bronchospasm</li> <li>COPD</li> <li>Epiglottitis</li> <li>Allergic reaction / anaphylaxis</li> <li>Inhalation burns</li> </ul> </li> <li>Hyperkalemia (larger dose, adult only)</li> </ul>		
Contra- indications	<ul> <li>Angioedema</li> <li>Laryngomalacia</li> <li>Hypersensitivity to albuterol or levalbuterol.</li> <li>Use with caution in lactating patients, or patients with cardiovascular disease history</li> </ul>		
Side Effects	• CNS:       • Gastrointestinal:         • Tremors       • Nausea / Vomiting         • Nervousness       • Respiratory:         • Anxiety       • Paradoxical bronchospasm         • Dizziness       • Headache         • Cardiovascular:       • Metabolic:         • Tachycardia       • Metabolic:         • Tachycardia       • Hypokalemia         • Hypertension / Hypotension       • Hypokalemia         • Dysrhythmias       • Angina		

 Can be used in-line with CPAP mask in adult patients with severe respiratory distress or refractory to albuterol HHN treatment, unless CPAP is contraindicated. Maximum PEEP of 10 cmH<sub>2</sub>O
 If patient becomes unstable or worsens, reduce PEEP or remove CPAP

AMIODARONE (CORDARONE®)		
Classification: Antiarrhythmic, Class III		
Adult Dose / Route	VENTRICULAR TACHYCARDIA WITH A PULSE: 150 mg IV/IO over 10 minutes	
	PULSELESS VENTRICULAR TACHYCARDIA / VENTRICULAR         FIBRILLATION:         300 mg IV/IO bolus. Repeat dose of 150 mg IV/IO bolus.         RETURN OF SPONTANEOUS CIRCULATION:         If a patient in pVT/pVF converts to supraventricular rhythm and has not received >300 mg of AMIODARONE, begin an AMIODARONE infusion of 150 mg / 100 mL over 10 minutes	
Pediatric Dose / Route	PULSELESS VENTRICULAR TACHYCARDIA / VENTRICULAR FIBRILLATION: 5 mg/kg IV/IO bolus. May repeat 5 mg/kg IV/IO up to 2 times while patient remains in pulseless shockable rhythm.	
Action(s)	<ul> <li>Increases the cardiac refractory period without influencing the resting membrane potential slows AV conduction         <ul> <li>Prolongs AV refractory period &amp; QT interval</li> <li>Slows ventricular conduction (widens QRS)</li> <li>Blocks Na, K, Ca channels &amp; α / β receptors</li> </ul> </li> <li>Negative chronotropic &amp; dromotropic effects</li> <li>Vasodilates, resulting in decreased cardiac workload and myocardial oxygen consumption</li> </ul>	
Indications	<ul> <li>Pre- and post-defibrillation in ventricular fibrillation and unstable ventricular tachycardia</li> <li>Persistent stable ventricular tachycardia</li> <li>Conversion of pVT/pVF into supraventricular rhythm by defibrillation.</li> </ul>	
Contra- indications	<ul> <li>Hypokalemia</li> <li>Hypomagnesemia</li> <li>Cardiogenic shock</li> <li>Sinus bradycardia</li> <li>2<sup>nd</sup> or 3<sup>rd</sup> degree AV block</li> <li>Should not be used in recognized Torsades de Pointes</li> </ul>	
Side Effects	<ul> <li><u>Cardiovascular:</u> <ul> <li>Hypotension</li> <li>Bradycardia</li> <li>AV block</li> <li>Dysrhythmias</li> </ul> </li> <li><u>Respiratory:</u> <ul> <li>Acute respiratory distress syndrome (ARDS)</li> </ul> </li> <li><u>CNS:</u> <ul> <li>Malaise</li> <li>Ataxia</li> <li>Dizziness</li> <li>Paresthesia</li> </ul> </li> <li><u>Gastrointestinal:</u> <ul> <li>Nausea / Vomiting</li> </ul> </li> <li>May prolong QT interval (there have been a small number of Amiodarone-induced Torsades de Pointes or ventricular fibrillation)</li> </ul>	

ASPIRIN		
Classification: Salicylate, Platelet Aggregation Inhibitors		
Adult Dose / Route	ACUTE CORONARY SYNDROME:         324 mg (4 x 81 mg chewable tablets), chewed and swallowed.         Note: Supplement dose to ensure patient has received 324 mg within the past 8 hours         Note: Sips of water help dissolve tabs and move drug out of mouth & esophagus where it can irritate lining.	
Pediatric Dose / Route	NOT APPROVED FOR PEDIATRIC USE	
Action(s)	<ul> <li>Given as an early potent anticoagulant.</li> <li>Blocks formation of thromboxane alpha-2, which helps stop platelets aggregation and the formation of plugs that cause obstruction or constriction of small coronary arteries.</li> <li>Reduces overall mortality of acute MI and reduces non-fatal re-infarction.</li> </ul>	
Indications	<ul> <li>Suspected acute coronary syndrome (ACS) or chest pain suspicious of cardiac origin</li> </ul>	
Contra- indications	<ul> <li>GI bleeding/active ulcers</li> <li>Hemorrhagic stroke</li> <li>History of bleeding or clotting disorders including recent trauma (esp. head)</li> <li>Known hypersensitivity</li> <li>Pregnancy: use with caution, except for third trimester, contraindicated unless ordered by Medical Direction</li> <li>If patient currently taking ticagrelor (Brilinta®), contact Medical Direction for orders</li> </ul>	
Side Effects	<ul> <li>Anaphylaxis</li> <li>Angioedema</li> <li>Bronchospasm</li> <li>Bleeding</li> <li>Stomach irritation</li> <li>Nausea and vomiting</li> <li>Tinnitus</li> <li>Asthma patients may have aspirin sensitivity; can cause bronchospasm</li> </ul>	

ATROPINE				
Classification: Anticholinergic (parasympathetic blocker)				
	BRADYDYSRHY 0.5 mg rapid IV/IO	EXAMPLES IN THE PARTY INTERPARTY IN THE PARTY INTERPARTY I		
Dose / Route	2 mg rapid IV/IO e	2 mg rapid IV/IO every 3 min, no max total dose		
	NERVE GAS / OR 2 – 6 mg IV/IM rep	GANOPHOSPHATE EXPOS beated twice at hourly intervals	URE:	
	BRADYDYSRHY 0.02 mg/kg rapid I	<mark>[HMIAS:</mark> V/IO.		
	<ul> <li>Minimum dose u</li> <li>Max single dose</li> </ul>	0.1 mg 0.5 mg		
Pediatric Dose / Route	<ul> <li>May repeat x 1 i</li> <li>May repeat x 2 i</li> </ul>	n 3-5 minutes in bradycardia n spinal/neurogenic shock		
	MUSCARINIC PO 0.02 mg/kg rapid limit.	IV/IO every 3 minutes. Minimu	um dose 0.1 mg. No dose	
Action(s)	<ul> <li>Competes with a Receptors affect and GI tract (mo</li> <li>Increases SA an</li> <li>Bronchodilation</li> </ul>	acetylcholine at the site of the ted include salivary, bronchial, st-to-least sensitive). Causes ad AV node conduction, causir	muscarinic receptor. , sweat glands, eyes, heart drying of secretions. ng increased heart rate	
Indications	<ul> <li>Symptomatic bradycardia (most likely to work if QRS is narrow)</li> <li>Cholinergic poisonings (organophosphates/ WMD gasses)</li> <li>Neurogenic shock (pediatric)</li> </ul>			
Contra- indications	<ul> <li>Asymptomatic bradycardia <ul> <li>Unlikely to be effective in patients with:</li> <li>Heart transplant</li> <li>Infranodal AV blocks below His-Purkinje level (2° Mobitz Type II or 3° AV Block with wide QRS)</li> </ul> </li> <li>Use with EXTREME CAUTION in cardiac ischemia or STEMI / infarction <ul> <li>Heart rate is correlated to myocardial oxygen demand</li> <li>Increasing heart rate can worsen ischemia/infarction</li> </ul> </li> <li>Avoid in hypothermic bradycardia</li> <li>Relative contraindication = narrow-angle glaucoma</li> </ul>			
Side Effects	<ul> <li><u>CNS</u>:</li> <li>○ Sensorium</li> <li>changes</li> <li>○ Drowsiness</li> <li>○ Confusion</li> <li>○ Headache</li> </ul>	<ul> <li><u>Cardiovascular</u>:         <ul> <li>Tachycardia</li> <li>Increased myocardial</li> <li>oxygen demand</li> </ul> </li> <li><u>Eyes</u>:         <ul> <li>Dilated (not fixed) pupils</li> <li>Blurred vision</li> </ul> </li> </ul>	<ul> <li><u>Skin</u>:         <ul> <li>Warm, dry, flushed</li> <li>Drying of secretions</li> <li>(mouth, nose, eyes, bronchioles)</li> </ul> </li> </ul>	

BENZOCAINE SPRAY (CETACAINE®, HURRICAINE®)		
Classification: Ester-type local anesthetic (topical)		
Adult Dose / Route	LOCAL ANESTHESIA TO FACILITATE ENDOTRACHEAL INTUBATION: 1 - 2 second spray in posterior pharynx. May repeat x 1 in 30 seconds.	
Pediatric Dose / Route	<b>LOCAL ANESTHESIA TO FACILITATE ENDOTRACHEAL INTUBATION:</b> 0.5 - 1 second spray in posterior pharynx. May repeat x 1 in 30 seconds.	
Action(s)	<ul> <li>Causes a reversible blockade of nerve conduction by decreasing nerve membrane permeability to sodium. This decreases the rate of membrane depolarization, thereby increasing the threshold for electrical excitability. The blockade affects all nerve fibers in the following sequence: autonomic, sensory, and motor, with effects diminishing in reverse order.</li> </ul>	
Indications	<ul> <li>Suppression of gag reflex to facilitate endotracheal intubation</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity to "caines"</li> <li>Use minimum dose in patients at risk of complications due to methemoglobinemia (asthma, COPD, heart disease, smokers)</li> </ul>	
Side Effects	<ul> <li>Suppressed gag reflex</li> <li>Unpleasant taste</li> <li>Methemoglobinemia: <ul> <li>Pale, blue/grey skin</li> <li>Headache</li> <li>Lightheadedness</li> <li>Dyspnea</li> <li>Anxiety</li> <li>Fatigue</li> <li>Tachycardia</li> </ul> </li> </ul>	

<b>DEXTROSE (10%, 25%, 50%)</b>		
Classification: Carbohydrate IV solution, Anti-hypoglycemia		
Adult Dose / Route	<ul> <li>HYPOGLYCEMIA:</li> <li>Dextrose 10%: 25g / 250mL. Titrated to desired effect (improvement in mental status or blood glucose level)</li> <li>Dextrose 50%: 25g SLOW push, titrated to desired effect (improvement in mental status or blood glucose level)</li> </ul>	
Pediatric Dose / Route	HYPOGLYCEMIA: Dextrose 10%: 5 mL/kg (0.5 g/kg, max 25 g) slow IV. May repeat x 1 following reassessment if partial or no improvement or blood glucose remains <60 mg/dL Dextrose 25%: 25g / 50mL SLOW push Dextrose 12.5%: 2 mL/kg	
Action(s)	<ul> <li>Increases blood glucose concentrations</li> </ul>	
Indications	<ul> <li>Hypoglycemia: blood glucose &lt;60 mg/dL, or signs and symptoms of hypoglycemia and blood glucose reading unavailable</li> <li>If heart failure (or history of) &amp; lungs clear: dose as usual, slow infusion rate to 50 mL increments, followed by reassessment</li> <li>If heart failure &amp; crackles or wheezes: Contact Medical Direction for orders</li> </ul>	
Contra- indications	<ul> <li>Normal or "high" blood glucose</li> <li>Do not give subcutaneous or IM</li> <li>Giving too forcefully can result in loss of IV line and damage to surrounding tissues <ul> <li>Ensure IV patency prior to infusing</li> <li>If IV infiltrates / extravasates, stop infusion &amp; inform Medical Direction</li> </ul> </li> <li>If transport refused after dextrose, assure that patient eats &amp; calls Primary Care Provider</li> </ul>	
Side Effects	<ul> <li>Hyperglycemia</li> <li>Warmth/burning from IV injection</li> <li>Diuresis</li> <li>Thrombophlebitis</li> <li>Tissue necrosis if IV/IO infiltrates</li> <li>Pulmonary edema</li> </ul>	

DIAZEPAM RECTAL GEL (DIASTAT®)		
Classification: Benzodiazepine, Anticonvulsant		
Adult Dose / Route	SEIZURE / STATUS EPILEPTICUS: Dosing of the AcuDial <sup>™</sup> dosing system is set according to the prescription. There are two delivery systems, capable of delivering up to 10 (5, 7.5 or 10) or 20 (12.5, 15, 17.5 or 20) mg. Compare the label dose to the dose window on the side of the device before administering.	
Pediatric Dose / Route	SEIZURE / STATUS EPILEPTICUS: Dosing of the AcuDial <sup>™</sup> dosing system is set according to the prescription. There are two delivery systems, capable of delivering up to 10 (5, 7.5 or 10) or 20 (12.5, 15, 17.5 or 20) mg. Compare the label dose to the dose window on the side of the device before administering.	
Action(s)	<ul> <li>Suppresses seizure activity through presumed GABA receptor activation, resulting in hyperpolarization of the cell membrane that prevents further excitation of the cell; precise mechanism unknown</li> </ul>	
Indications	<ul> <li>If patient has Diastat® prescribed and is having active seizures for &gt;3 min, Paramedics who have been trained may assist or administer at prescribed dose per System-specific procedure</li> </ul>	
Contra- indications	<ul> <li>Known hypersensitivity to diazepam. Diazepam rectal gel may be used in patients with open angle glaucoma who are receiving appropriate therapy but is contraindicated in acute narrow angle glaucoma.</li> </ul>	
Side Effects	<ul> <li>Concomitant use of benzodiazepines and opioids may result in profound sedation, respiratory depression, coma, and death</li> <li>CNS depression</li> <li>Use with caution in: <ul> <li>Renally or hepatically impaired patients</li> <li>Patients with compromised respiratory function (asthma, pneumonia) or neurologic damage</li> <li>Elderly patients (half-life of diazepam increases linearly with age, approximately 7x longer at age 95 than at 18)</li> </ul> </li> </ul>	

DIPHENHYDRAMINE (BENADRYL®)		
Classification: 1 <sup>st</sup> Generation Antihistamine (H1 blocker)		
Adult Dose / Route	ALLERGIC REACTION: 50 mg IM (liquid PO if injectable unavailable) ANAPHYLAXIS: 50 mg slow IV. If no IV, give IM or PO	
Pediatric Dose / Route	ALLERGIC REACTION: 1 mg/kg IM or PO, max 50 mg ANAPHYLAXIS: 1 mg/kg slow IV/IO. If no IV, give IM or PO, max 50 mg	
Action(s)	<ul> <li>Binds and blocks Histamine-1 (H1) receptors through competitive antagonization of H1 receptor sites in the GI tract, uterus, large blood vessels, and bronchial muscles</li> <li>Does not reverse histamine; prevents more from being released</li> <li>Will not act as fast as epinephrine</li> </ul>	
Indications	<ul> <li>Allergic reactions and anaphylaxis</li> </ul>	
Contra- indications	<ul> <li>Acute asthma attack (thickens bronchial secretions). OK to use with hx of asthma with no current bronchoconstriction.</li> <li>Caution in presence of CNS depressants like alcohol and drugs, cardiac history, known sensitivity.</li> </ul>	
Side Effects	• CNS: 	
Note: Pediatric pa	atients are more likely to experience CNS stimulation and subsequent	

excitation as opposed to sedation

DOPAMINE (INTROPIN®)		
Classification: Adrenergic Agonist, Cardiac Dopaminergic Agent, Inotrope, Chronotrope		
Adult Dose / Route	HYPOTENSION / CARDIOGENIC SHOCK / BRADYDYSRHYTHMIAS: IV/IO piggyback infusion of 5-20 mcg/kg/min, titrated to effect 1600 mcg/mL concentration premix infusion (400 mg/250 mL OR 800 mg/500 mL) DOSING CHART	
Pediatric Dose / Route	NOT APPROVED FOR PEDIATRIC USE	
Action(s)	<ul> <li>Stimulates dopaminergic beta-1 and alpha receptors, producing positive chronotropic and inotropic effects on the myocardium, resulting in increased heart rate and cardiac contractility.</li> <li>At higher rates of infusion (10–20 mcg/kg/min) there is some effect on alpha-adrenoceptors, with consequent vasoconstrictor effects and a rise in blood pressure.</li> <li>The predominant effects of dopamine are dose-related, although it should be noted that actual response of an individual patient will largely depend on the clinical status of the patient at the time the drug is administered.</li> </ul>	
Indications	<ul> <li>Symptomatic hypotension in the absence of hypovolemia, secondary to cardiogenic / neurogenic / septic shock</li> <li>Bradycardia refractory to atropine</li> </ul>	
Contra- indications	<ul> <li>Known sensitivity, including to sulfites</li> <li>Pheochromocytoma</li> <li>Hypotension due to hypovolemia or tachydysrhythmia</li> </ul>	
Side Effects	<ul> <li><u>Cardiovascular:</u> <ul> <li><u>Gastrointestinal:</u> <ul></ul></li></ul></li></ul>	

EPINEPHRINE 1 MG / ML (1:1,000) (ADRENALIN®)		
Classification: Catecholamine, Sympathetic Nervous System Agonist, Beta-2 Agonist, Vasopressor		
Adult Dose / Route	ALLERGIC REACTION / BRONCHOSP 0.3 mg (0.3 mL) of 1:1000 solution IM ANAPHYLAXIS If no IV: 0.3 mg (0.3 mL) 1:1000 IM. May CROUP / EPIGLOTTITIS: 3 mg (3 mL) of 1:1000 via nebulizer	ASM: / repeat every 3 minutes.
Pediatric Dose / Route	ALLERGIC REACTION / BRONCHOSP 1:1,000 (1 mg/1 mL) IM $\circ \leq 30 \text{ kg} = 0.15 \text{mg} (0.15 \text{mL})$ $\circ > 30 \text{ kg} = 0.3 \text{mg} (0.3 \text{mL})$ ANAPHYLAXIS: If no IV: 0.01 mL/kg (0.01 mg/kg) 1:1,000 CROUP / EPIGLOTTITIS: 3 mg (3 mL) of 1:1,000 solution via nebul CARDIAC ARREST WITHOUT VASCUL May consider 0.1 mL/kg (0.1 mg/kg) ET. with 5 mL of normal saline and follow with	ASM: IM. lizer AR ACCESS: Maximum dose 2.5 mg ET. Flush h 5 ventilations.
Action(s)	<ul> <li>Beta-2 effects dominate:         <ul> <li>Relaxes bronchial smooth muscle (bronchodilator)</li> <li>Constricts bronchial arterioles (α stimulation) to relieve congestion &amp; edema</li> <li>Inhibits histamine release &amp; antagonizes effects on end organs</li> </ul> </li> </ul>	<ul> <li>Beta-1 effects         <ul> <li>↑ Automaticity; myocardial electrical activity</li> <li>↑ HR (positive chronotropy)</li> <li>↑ CO (positive inotropy)</li> <li>↑ Conduction velocity (positive dromotropy)</li> </ul> </li> </ul>
Indications	<ul> <li>Allergic reaction (IM)</li> <li>Anaphylaxis (IM if no IV)</li> <li>Acute asthma with wheezing (IM)</li> <li>Croup / epiglottitis (HHN)</li> <li><u>Note</u>: Epinephrine absorption is rapid and complete if administered IM in the anterolateral aspect of the thigh</li> </ul>	
Contra- indications	<ul> <li>None in cardiac arrest or anaphylaxis.</li> <li>Use with caution if:         <ul> <li>Hx of hypertension, angina, CAD</li> <li>HR &gt;100</li> <li>Current HTN or heart failure</li> <li>Pt taking digitalis (causes heart to be sensitive to epi à dysrhythmias)</li> <li>Pt taking MAO inhibitors, TCAs, levothyroxine sodium (potentiates effects resulting in severe HTN)</li> </ul> </li> </ul>	
Side Effects	<u>Cardiovascular:</u> <u>CNS:</u>	

EPINEPHRINE 0.1 MG / ML (1:10,000) (ADRENALIN®)		
Classification: Catecholamine, sympathetic nervous system agonist		
Adult Dose / Route	CARDIAC ARREST:         1 mg (10 mL) of 1:10,000 solution IV/IO         Repeat every 3-5 min during pulselessness         ANAPHYLAXIS:         0.1 mg (1 mL) 1:10,000 IV/IO every 3 minutes up to 0.5 mg         EDWARD EMS and CDH EMS Providers ONLY:         POST-CARDIAC ARREST HYPOTENSION OR IMPENDING ARREST:         100 mcg (1 mL) IV/IO, may repeat x 2	
Pediatric Dose / Route	CARDIAC ARREST: 0.1 mL/kg (0.01 mg/kg) 1:10,000 solution IV/IO If no IV/IO, consider 0.1 mL/kg (0.1 mg/kg) of 1:1000 ET (dilute with 2 mL of NS) Repeat every 3-5 min during pulselessness BRADYDYSRHYTHMIA: 0.1 mL/kg (0.01 mg/kg) 1:10,000 solution IV/IO Repeat every 3-5 min if no response NEWLY BORN RESUSCITATION: 0.1 mL/kg (0.01 mg/kg) 1:10,000 IV/IO OR 0.3 mL/kg (0.03 mg/kg) of 1:10,000 ET Repeat every 3 min during pulselessness ANAPHYLAXIS: 0.1 mL/kg (0.01 mg/kg) 1:10,000 solution IV/IO up to 0.5 mg	
Action(s)	<ul> <li>Alpha and Beta receptor effects:</li> <li>Peripheral vasoconstrictor; ↑ SVR &amp; BP</li> <li>Makes CPR more effective <ul> <li>↑ Coronary perfusion pressure</li> <li>↑ Brain perfusion</li> <li>↑ Vigor &amp; intensity of VF to ↑ success of success defibrillation</li> </ul> </li> <li>Shortens repolarization</li> <li>May generate perfusing rhythm in asystole or bradydysrhythmias</li> </ul>	
Indications Contra- indications	<ul> <li>Cardiac arrest in adult, pediatric or newly born</li> <li>Anaphylaxis</li> <li>None in cardiac arrest or anaphylaxis.</li> <li>Use with caution if: <ul> <li>Hx of hypertension, angina, CAD</li> <li>HR &gt;100</li> <li>Current HTN or heart failure</li> <li>Pt taking digitalis (causes heart to be sensitive to epi → dysrhythmias)</li> </ul> </li> <li>Pt taking MAO inhibitors, TCAs, levothyroxine sodium (potentiates effects resulting in severe HTN)</li> </ul>	
Side Effects		

# **ETOMIDATE (AMIDATE®)**

Classification: Sedative-Hypnotic General Anesthetic without analgesic effect		
Adult Dose / Route	DRUG ASSISTED INTUBATION (DAI): 0.6 mg/kg slow (over 30-60 seconds) IV/IO. Max dose 40 mg. No repeat dose.	
Pediatric Dose / Route	NOT APPROVED FOR PEDIATRIC USE	
Action(s)	<ul> <li>Non-barbiturate hypnotic without analgesic properties, exerting minimal effects on cardiac or respiratory symptoms</li> <li>Onset 10-20 seconds</li> <li>May cause transient decrease in cerebral blood flow</li> <li>Induces moderate decrease in intracranial pressure, lasting for several minutes</li> </ul>	
Indications	<ul> <li>Induction of sedation to facilitate endotracheal intubation in the adult patient</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity</li> <li>Use in pregnancy only if potential benefits justify potential risk to fetus</li> <li>Sepsis / Septic patients</li> </ul>	
Side Effects	<ul> <li><u>Musculoskeletal:</u> <ul> <li>Myoclonus</li> </ul> </li> <li><u>Respiratory:</u> <ul> <li>Hyper/hypo ventilation</li> <li>Apnea</li> <li>Laryngospasm</li> </ul> </li> <li><u>Cardiovascular:</u> <ul> <li>Hypertension / Hypotension</li> <li>Tachycardia / Bradycardia</li> </ul> </li> <li><u>Gastrointestinal:</u> <ul> <li>Nausea / Vomiting</li> </ul> </li> <li>Adrenal suppression (decreased cortisol levels)</li> <li>Side effects more likely with decreased renal function</li> <li>Etomidate causes a mild increase in airway resistance but may be used in patients with bronchospasm.</li> </ul>	

FENTANYL (SUBLIMAZE®)			
Classification: Synthetic Opioid Agonist. Analgesic			
Adult Dose / Route	PAIN CONTROL (≤ 65 YEARS OF AGE): Initial: 1 mcg/kg ROUNDED TO NEAREST 10 (max 100 mcg) slow IV (over 1-2 minutes) or IO/IN. Repeat: 0.5 mcg/kg ROUNDED TO NEAREST 10 (max 50 mcg) slow IV or IO/IN.		
	PAIN CONTROL (>65 YEARS OF AGE):         Initial: 0.5 mcg/kg ROUNDED TO NEAREST 10 (max 50 mcg) slow IV or IO/IN.         Repeat: 0.25 mcg/kg ROUNDED TO NEAREST 10 (max 25 mcg) slow IV or IO/IN         When rounding fentanyl doses, round to the nearest 10 mcg number, with 5 and greater being rounded up.         Dosage rounding refers to patients ≥20 kg. Patients <20 kg should		
	receive the exact weight calculated dose.		
Pediatric Dose / Route	PAIN CONTROL <20 KG BODY WEIGHT: 1 mcg/kg slow IV or IO/IN (max 100 mcg). No repeat dose standing order – contact Medical Direction.		
	PAIN CONTROL ≥20 KG BODY WEIGHT: 1 mcg/kg ROUNDED TO NEAREST 10 (max 100 mcg) slow IV (over 1-2 minutes) or IO/IN. No repeat dose standing order – contact Medical Direction.		
	When rounding fentanyl doses, round to the nearest 10 mcg number, with 5 and greater being rounded up. Dosage rounding refers to patients ≥20 kg. Patients <20 kg should receive the exact weight calculated dose.		
Action(s)	<ul> <li>Binds to opiate receptors creating analgesia and sedation.</li> <li>Potent opioid analgesic with rapid onset (almost immediate via IV) with peak onset in 3-5 min. Usual analgesic duration is 30 - 60 min.</li> </ul>		
Indications	<ul> <li>Moderate to severe pain (≥4/10)</li> </ul>		
Contra- indications	<ul> <li>Known hypersensitivity to fentanyl or other opioid analgesics.</li> <li>Do not give to pediatrics less than 2 years of age.</li> <li>Hypotension (Adult SPB &lt;90mmHg, Pediatric SBP &lt;(70 + 2x age in years)</li> <li>Respiratory Depression</li> <li>Myasthenia Gravis</li> </ul>		
Side Effects	CNS:       Resp:       Gastrointestinal:         • Sedation       • Respiratory       • Nausea / Vomiting         • Confusion       • depression       • Nausea / Vomiting         • Dizziness       • Hypoventilation <u>CV</u> :         • Euphoria       • Hypotension         • Muscle       • Bradycardia         rigidity       • Myoclonic         • Myoclonic       • Myoclonic		

<b>GLUCAGON (GLUCAGEN®)</b>		
Classification: Hormone, Anti-hypoglycemic agent		
Adult Dose / Route	DIABETIC/GLUCOSE EMERGENCIES:         1 mg IM         BETA BLOCKER / CALCIUM CHANNEL BLOCKER OVERDOSE:         1 mg slow IV/IO, may repeat x 1	
Pediatric Dose / Route	DIABETIC/GLUCOSE EMERGENCIES: >8 years: 1 mg IM ≤ 8 years: 0.5 mg IM BETA BLOCKER / CALCIUM CHANNEL BLOCKER OVERDOSE: 0.5 mg IV/IO, may repeat x 1	
Action(s)	<ul> <li>Increases blood glucose by converting liver glycogen stores to glucose</li> <li>Cardiac stimulant (positive inotrope) - causes release of catecholamines &amp; stimulates c-AMP in cells to increase cardiac output</li> <li>Relaxes GI smooth muscle</li> </ul>	
Indications	<ul> <li>Hypoglycemia without vascular access</li> <li>Symptomatic bradycardia w/ pulse if on beta blockers &amp; unresponsive to atropine &amp; pacing</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity to glucagon or proteins</li> <li>Adrenal insufficiency or tumor</li> </ul>	
Side Effects	<ul> <li>Nausea / vomiting are common. Ensure airway protected before giving glucagon.</li> <li>Tachycardia</li> <li>Dyspnea</li> </ul>	
Note: Not as effective for hypoglycemia if no glycogen stores (pediatrics, malnourished, uremic or liver disease)		

GLUCOSE, ORAL (INSTA-GLUCOSE ®, GLUTOSE 15®)		
Classification: Oral Anti-Hypoglycemic, Carbohydrate		
Adult Dose / Route	HYPOGLYCEMIA: One tube (15 g of glucose)	
Pediatric Dose / Route	HYPOGLYCEMIA: One tube (15 g of glucose)	
Action(s)	<ul> <li>Carbohydrate, increases serum glucose level (onset of approximately 10 minutes).</li> </ul>	
Indications	<ul> <li>Hypoglycemia in patients with normal mental status and intact gag reflex.</li> </ul>	
Contra- indications	<ul> <li>Altered mental status with no gag reflex.</li> </ul>	
Side Effects	<ul> <li>Nausea, potential for aspiration in patients with impaired airway reflexes.</li> </ul>	

HYDROXOCOBALAMIN (CYANOKIT®)		
Classification: Systemic Cyanide Antidote		
Adult Dose / Route	KNOWN OR SUSPECTED CYANIDE POISONING: 5 g over 15 min (15 mL/min)	Note: Hydroxocobalamin (Cyanokit®) requires its
Pediatric Dose / Route	KNOWN OR SUSPECTED CYANIDE POISONING: 70 mg/kg over 15 min, not to exceed 5 g	own dedicated IV line. Do not piggyback onto existing IV line.
Action(s)	<ul> <li>Each hydroxocobalamin molecule can bind one cyanocobalamin, which is then excreted in the molecular weight ratio of 50:1, 5g hydroxocobal cyanide.</li> </ul>	cyanide ion to form urine. Based on the amin will bind 250mg of
Indications	<ul> <li>Known or suspected cyanide poisoning</li> <li>Patients receiving hydroxocobalamin therapy for cyanide poisoning should also receive aggression</li> </ul>	r known or suspected ve supportive care
Contra- indications	<ul> <li>None in the presence of known or suspected cy</li> </ul>	vanide poisoning
Side Effects	<ul> <li>Use caution in the management of patients with reactions to hydroxocobalamin or cyanocobalam</li> <li>Allergic reactions may include: <ul> <li>Anaphylaxis</li> <li>Chest tightness</li> <li>Edema</li> <li>Urticarial</li> <li>Pruritus</li> <li>Dyspnea</li> <li>Rash</li> </ul> </li> <li>Allergic reactions including angioneurotic edem</li> <li>Transient elevations in blood pressure were obstest subjects</li> </ul>	a known anaphylactic nin. a have also been reported. served in 18% of healthy

# **IPRATROPIUM BROMIDE / ALBUTEROL (DUONEB®)**

Classification: Combination therapy; Short-acting antimuscarinic agent / short-acting selective beta-2 adrenergic agonist

Adult Dose / Route	ASTHMA OR COPD WITH WHEEZING / REACTIVE LOWER AIRWAY DISEASE: 0.5 mg / 2.5 mg in 3 mL or 0.5 mg / 3 mg in 3 mL
Pediatric Dose / Route	REACTIVE LOWER AIRWAY DISEASE / ASTHMA: 0.5 mg / 2.5 mg in 3 mL or 0.5 mg / 3 mg in 3 mL
Action(s)	<ul> <li>Simultaneous administration of both an anticholinergic drug and a beta-2 agonist produces a greater bronchodilator effect</li> <li>Ipratropium antagonizes the action of acetylcholine by blocking muscarinic cholinergic receptors that are present in the airways and other body organs. The actions of ipratropium parallel those of atropine on the bronchial smooth muscle, salivary glands, GI tract, and heart when administered by the intravenous route. When administered by oral inhalation, however, ipratropium exhibits greater antimuscarinic activity on the bronchial smooth muscle; systemic effects are minimal.</li> <li>Albuterol is a moderately selective beta2-adrenergic agonist that stimulates receptors of the smooth muscle. The net result of albuterol binding to beta2-receptors in the lungs is relaxation of bronchial smooth muscles, which in turn relieves bronchospasm, reduces airway resistance, facilitates mucous drainage, and increases vital capacity.</li> </ul>
Indications	<ul> <li>Wheezing associated with         <ul> <li>Asthma</li> <li>Bronchitis with bronchospasm</li> <li>COPD</li> <li>Epiglottitis</li> <li>Allergic reaction / anaphylaxis</li> <li>Inhalation burns</li> </ul> </li> </ul>
Contra- indications	<ul> <li>Angioedema</li> <li>Laryngomalacia</li> <li>Hypersensitivity to albuterol or levalbuterol.</li> <li>Use with extreme caution in patients taking MAOIs</li> <li>Use with caution in lactating patients, or patients with cardiovascular disease history</li> </ul>
Side Effects	<ul> <li>Dizziness</li> <li>Tachycardia</li> <li>Blurred vision</li> <li>Dry mouth</li> <li>Hypertension</li> <li>Paradoxical bronchospasm</li> <li>Urinary retention</li> <li>Headache</li> </ul>

KETAMINE (KETALAR®)		
Classification: Nonbarbiturate General Anesthetic		
Adult Dose / Route	SEDATION TO FACILITATE ENDOTRACHEAL INTUBATION:         Initial: 2 mg/kg slow IV/IO (over 30-60 seconds, max dose of 500 mg)         Repeat: 1 mg/kg after 60 seconds (max dose 250 mg) if insufficient sedation achieved.         POST-INTUBATION SEDATION:         Initial: 50 mg slow IV/IO over 60 seconds         Repeat: 50 mg slow IV/IO over 60 seconds         Repeat: 50 mg slow IV/IO over 60 seconds every 5 minutes up to 200mg post-intubation total         PAIN CONTROL:         ≥15 years of age and <65 years of age         Initial: 0.1 mg/kg slow IV/IO (over 30-60 seconds, max dose 30 mg)         Repeat: 0.05 mg/kg (max dose 15 mg) after 5 minutes if insufficient pain control achieved.	
Pediatric Dose / Route	<ul> <li>SEDATION TO FACILITATE ENDOTRACHEAL INTUBATION:</li> <li>Initial: 2 mg/kg slow IV/IO (over 30-60 seconds) max TOTAL dose of 500 mg</li> <li>Repeat: 1 mg/kg after 60 seconds if insufficient sedation achieved with a max repeat dose of 250 mg</li> </ul>	
Action(s)	<ul> <li>Produces anesthetic state characterized by profound analgesia with minimal cardiovascular or respiratory effects. Rapid onset (&lt;1 min) and short-duration (half-life ~ 10 min).</li> <li>NMDA receptor antagonism induces analgesia</li> </ul>	
Indications	<ul> <li>Sedation for Drug Assisted Intubation in both adults and pediatrics</li> <li>Non-narcotic analgesic in adults &lt;65 years of age</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity</li> <li>Caution in patients with schizophrenia, psychosis, or bipolar mania.</li> </ul>	
Side Effects	<ul> <li>Muscular tonicity with random purposeless movements</li> <li>Hiccoughing</li> <li>Transient laryngospasm</li> <li>Transient apnea or respiratory depression</li> <li>Nausea / Vomiting</li> <li>Headache</li> <li>Recovery agitation (Emergency Phenomena)</li> </ul>	
KETOROLAC (TORADOL®)		
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	Classification: Nonsteroidal Anti-Inflammatory (NSAID)	
Adult Dose / Route	PAIN CONTROL:         Age 15-65 years         15 mg IM or slow IV/IO         >65 years         No Dose	
Pediatric Dose / Route	NOT APPROVED FOR PEDIATRIC USE	
Action(s)	<ul> <li>Decreases prostaglandin synthesis resulting in anti-inflammatory activity through COX-1 and COX-2 isoenzymes</li> <li>Inhibits further production of prostaglandins which sensitize pain receptors, resulting in analgesic properties</li> </ul>	
Indications	<ul> <li>Moderate to severe pain</li> <li>Expect longer onset of action when compared to an opiate</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity</li> <li>Impaired renal function</li> <li>Dialysis patient</li> <li>Multi system trauma</li> <li>Hypotension due to sepsis</li> <li>Allergy</li> <li>Aspirin sensitivity</li> <li>Pregnancy</li> <li>GI bleed</li> </ul>	
Side Effects	<ul> <li>Acute kidney injury</li> <li>Risk of bleeding</li> <li>Gastritis</li> <li>Use with caution in patients with liver disease</li> </ul>	

LEVALBUTEROL (XOPENEX®)	
Classification: Combination therapy; Short-acting antimuscarinic agent / short-acting selective beta-2 adrenergic agonist	
Adult Dose / Route	ASTHMA OR COPD WITH WHEEZING / REACTIVE LOWER AIRWAY DISEASE: 0.63 mg / 3 mL via nebulizer
Pediatric Dose / Route	REACTIVE LOWER AIRWAY DISEASE / ASTHMA: 0.63 mg / 3 mL via nebulizer
Action(s)	<ul> <li>Levalbuterol is the R-isomer of albuterol. It is a moderately selective beta2-adrenergic agonist that stimulates receptors of the smooth muscle in the lungs, uterus, and vasculature supplying skeletal muscle.</li> <li>Levalbuterol has approximately 2-fold greater binding affinity than racemic albuterol and approximately 100-fold greater binding affinity than (S)-albuterol</li> </ul>
Indications	<ul> <li>Wheezing associated with <ul> <li>Asthma</li> <li>Bronchitis with bronchospasm</li> <li>COPD</li> <li>Epiglottitis</li> <li>Allergic reaction / anaphylaxis</li> <li>Inhalation burns</li> </ul> </li> </ul>
Contra- indications	<ul> <li>Angioedema</li> <li>Laryngomalacia</li> <li>Hypersensitivity to albuterol or levalbuterol.</li> <li>Use with caution in lactating patients, or patients with cardiovascular disease history</li> </ul>
Side Effects	<ul> <li>Dizziness</li> <li>Tachycardia</li> <li>Blurred vision</li> <li>Dry mouth</li> <li>Hypertension</li> <li>Paradoxical bronchospasm</li> <li>Urinary retention</li> <li>Headache</li> </ul>

LIDOCAINE 2% (XYLOCAINE®)	
NOTE: Amiodarone is the preferred antiarrhythmic agent in Region VIII; Lidocaine is to be used when Amiodarone is not available.	
	Classification: Antiarrhythmic, Class I-B
Adult Dose / Route	PULSELESS VENTRICULAR TACHYCARDIA / VENTRICULARFIBRILLATION:Initial: 1 mg/kg IV/IO (100 mg max initial dose).Repeat: 0.5 mg/kg IV/IO (50 mg max individual doses) every 3-5 min as long as arrest VT/VF arrest persists, up to 3 mg/kg (300 mg) total.RETURN OF SPONTANEOUS CIRCULATION: Bolus at 1 mg/kg IV/IO (100 mg max initial dose) After ten minutes repeat 0.5 mg/kg (50 mg max single dose) 
Pediatric Dose / Route	PULSELESS VENTRICULAR TACHYCARDIA / VENTRICULARFIBRILLATION:Initial: 1 mg/kg IV/IO loading dose.Repeat: 0.5 mg/kg every 3-5 min up to 3 mg/kg total while in shockablepulseless arrest.
Action(s)	<ul> <li>Inhibits influx of sodium through the "fast" channels of the myocardium, increasing the recovery period after repolarization</li> <li>Suppresses spontaneous depolarizations in the ventricles by inhibiting reentry mechanisms</li> <li>Exerts antidysrhythmic action by suppressing automaticity in the His-Purkinje system and by elevating electrical stimulation threshold for ventricular dysrhythmias. Use to lower the threshold for electrical conversion.</li> </ul>
Indications	<ul> <li>Post-defibrillation in ventricular fibrillation and unstable ventricular tachycardia, persistent stable ventricular tachycardia</li> </ul>
Contra- indications	<ul> <li>AV blocks</li> <li>ST-elevation in leads II, III and aVF (possible Inferior Wall MI)</li> <li>Bleeding</li> <li>Thrombocytopenia</li> <li>Known sensitivity to lidocaine, sulfite or paraben</li> <li>Use with caution if history of liver or renal disease, CHF, hypoxia or elderly.</li> </ul>
Side Effects	<ul> <li>Toxicity</li> <li>Dizziness</li> <li>Anxiety</li> <li>Blurred vision</li> <li>Seizures without warning</li> <li>Euphoria</li> <li>Nervousness</li> <li>Disorientation</li> </ul>

MAGNESIUM SULFATE			
Classification: A	Classification: Antidysrhythmic-Class V, Smooth Muscle Relaxant, Anticonvulsant, Electrolyte		
Adult Dose / Route	REFRACTORY ASTHMA:         2 g infusion (mix in 50 – 100 mL of D <sub>5</sub> W or NS) over 10 minutes (200 mg/min).         PRE-ECLAMPSIA:         2 g infusion (mix in 50 – 100 mL of D <sub>5</sub> W or NS) over 10 minutes (200 mg/min).         ECLAMPSIA (SEIZURES):         2 g over 2 minutes (1 g/min). May repeat x 1 after 5 minutes if seizures persist, to a total of 4 g IV/IO.         POLYMORPHIC VENTRICULAR TACHYCARDIA (TORSADES DE POINTES)         (PULSELESS or WITH PULSE)         2 g IV/IO over 2 minutes (1 g/min). May repeat x 1 after 5 minutes if rhythm persists, to a total of 4 g IV/IO.		
Pediatric Dose / Route	REFRACTORY ASTHMA: 25 mg/kg (maximum 2 g) infusion (mix in 50 – 100 mL of D5W or NS) over 10 minutes.		
Action(s)	<ul> <li>Intracellular cation responsible for metabolic processes &amp; enzymatic reactions. Critical in glycolysis (need for ATP production)</li> <li>Membrane stabilizer</li> <li>Blocks neuromuscular transmission and muscular excitability</li> <li>Acts like a calcium channel blocker - causes smooth muscle relaxation (vasodilation- and bronchodilation)</li> </ul>		
Indications	<ul> <li>Severe asthma that responds poorly to nebulizers and epinephrine</li> <li>Preeclampsia / eclampsia to prevent or treat seizures</li> <li>Polymorphic Ventricular Tachycardia (Torsades de Pointes)</li> </ul>		
Contra- indications	<ul> <li>Hypocalcemia</li> <li>Heart block</li> <li>Renal dysfunction</li> <li>Precautions: <ul> <li>Continuously monitor ECG, RR &amp; BP during administration</li> <li>Use with caution if patient taking digitalis</li> </ul> </li> </ul>		
Side Effects	<ul> <li>If given rapidly, increased risk of:         <ul> <li><u>CNS</u>: Lightheadedness, drowsiness, sedation, confusion</li> <li><u>CV</u>: Bradycardia, dysrhythmia, vasodilation with hypotension</li> <li><u>Respiratory</u>: Depression or arrest</li> <li><u>MS</u>: Weakness, paralysis</li> <li><u>Skin</u>: Flushing, sweating, pain at injection site</li> <li>Put cold pack over IV site to relieve burning</li> <li><u>Metabolic</u>: Hypothermia</li> </ul> </li> <li>Put cold pack over infusion site to relieve burning</li> </ul>		

MIDAZOLAM (VERSED®)	
Classification: Benzodiazepine, Anticonvulsant, Anxiolytic, Sedative/Hypnotic	
Adult Dose / Route	DRUG ASSISTED INTUBATION:         5 mg IV/IO, may repeat 2 mg IV/IO in 5 minutes (if SBP ≥90mmHg), if needed         POST-INTUBATION SEDATION         2 mg increments IV/IO every 2 minutes, up to 10 mg total as needed         ECLAMPSIA WITH SEIZURES:         2 mg increments IV/IO every 2 minutes, up to 10 mg total as needed OR 4 mg IN         ACTIVE SEIZURES, BEHAVIORAL EMERGENCIES or COMBATIVE HEAD         INJURY:         2 mg slow IV increments every 2 minutes up to 10 mg total as needed         If unable to start IV, weight-based IM/IN dosing <ul> <li>&lt; &lt;70 kg = 2.5 mg IM/IN</li> <li>&lt; ≥70 kg = 5 mg IM/IN</li> <li>&lt; ≥70 kg = 5 mg IM/IN</li> <li>&lt; 2 mg increments IV/IM/IN every 2 min up to 10 mg total as needed</li> </ul>
Pediatric Dose / Route	DRUG ASSISTED INTUBATION:         0.1 mg/kg IV/IO, max dose 10 mg         SEIZURES, COMBATIVE HEAD INJURY, LONG BONE FRACTURE WITH         DISPLACEMENT/SPASM:         0.1 mg/kg slow IV/IO (max single dose 2 mg) OR         0.2 mg/kg IN/IM (max single dose 4 mg) (IN dosing not for use in combative patients)         If seizures continue >5 minutes, may repeat 0.1 mg/kg slow IV/IO (max single dose 2 mg) or 0.2 mg/kg IN/IM (max single dose 4 mg) every 2 minutes         POST-INTUBATION SEDATION         0.1 mg/kg slow IV/IO (max single dose 2 mg) or 0.2 mg/kg IN (max single dose 4 mg)
Action(s)	<ul> <li>Short acting benzodiazepine with CNS depressant, muscle relaxant, amnestic and anticonvulsant effects.</li> </ul>
Indications	<ul> <li>To induce sedation and amnesia prior to procedures</li> <li>Anticonvulsant for seizure patients</li> <li>Skeletal muscle relaxant for long bone fractures with muscle spasm</li> <li>Sedative for combative or agitated psychiatric or head injured patients.</li> </ul>
Contra- indications	<ul> <li>Hypersensitivity</li> <li>Narrow-angle glaucoma</li> <li>Amnesia</li> <li>Use Caution in         <ul> <li>COPD, Renal failure CHF, Elderly, Pregnancy, or concomitant alcohol or CNS depressant medication use</li> </ul> </li> </ul>
Side Effects	<ul> <li>Respiratory depression</li> <li>Agitation</li> <li>Tremors</li> <li>Dizziness</li> <li>Hypotension</li> </ul>
NULES.	Warned to a total of 1.0 ml, and admin half in each nere may 1 ml, each

• Dilute all intranasal Versed to a total of 1-2 mL, and admin half in each nare, max 1 mL each

Can be give to Adult Nerve Gas exposure patients per Medical Direction

MORPHINE SULFATE	
Classification: Opioid Analgesic Agonist	
Adult Dose / Route	PAIN CONTROL: 2 mg slow IV/IO up to total of 10 mg.
Pediatric Dose / Route	PAIN CONTROL: 0.1 mg/kg slow IV/IO, max dose 10 mg. No repeat dose standing order – contact Medical Direction
Action(s)	<ul> <li>Binds with opiate receptors to decrease the perception of pain, also altering the emotional response to pain.</li> <li>Vasodilator</li> </ul>
Indications	<ul> <li>Moderate to severe pain</li> <li>Pulmonary edema</li> <li>Ischemic chest pain</li> </ul>
Contra- indications	<ul> <li>Hypersensitivity to opiates</li> <li>Undiagnosed head injury or acute abdominal pain</li> <li>Hypotension or volume depletion</li> </ul>
Side Effects	<ul> <li>Lightheadedness</li> <li>Dizziness</li> <li>Sedation</li> <li>Nausea / Vomiting</li> <li>Respiratory depression</li> <li>Use with caution in patients with chronic respiratory compromise.</li> </ul>

NALOXONE (NARCAN®)		
	Classification: Opioid Antagonist /	Reversal Agent
Adult Dose / Route	BLS KNOWN OR SUSPECTED OPIOID OVERDOSE: 2 mg IN every 2 minutes until adequate respirations return	ALS KNOWN OR SUSPECTED OPIOID OVERDOSE Inadequate Resp. 1 mg IV/IO (2 mg IN) every 2 minutes up to 6 mg IV/IO (12mg IN) until adequate respirations return Apneic 2 mg IV/IO/IN every 2 minutes, up to 12 mg until adequate respirations return.
Pediatric Dose / Route	BLS KNOWN OR SUSPECTED OPIOID OVERDOSE: BLS 2 mg IN	ALS KNOWN OR SUSPECTED OPIOID OVERDOSE: ≤ 20 kg or < 5 YO: 0.1 mg/kg IV/IO/IN up to a max of 2 mg > 20 kg or ≥ 5 YO: 2 mg IV/IO/IN
Action(s)	Pure opioid antagonist that competes for opiate receptor sites, this inhibiting the toxic and clinical effects of opiates	
Indications	Opioid overdoses, reversal of adminis	tered opioids.
Contra- indications	<ul> <li>None in suspected or confirmed opioid overdose.</li> <li>Use with caution in patients with known opioid abuse, in whom sudden reversal of opioid effects may produce seizures or other untoward reactions.</li> </ul>	
Side Effects	<ul> <li>Withdrawal symptoms</li> <li>Tachycardia</li> <li>Hypertension</li> <li>Seizures</li> <li>Consider restraint use</li> </ul>	

NITROGLYCERIN (NITROSTAT®)		
	Classification: Organic Nitrate, Vasodilator	
Adult Dose / Route	ACUTE CORONARY SYNDROMES, OR CONGESTIVE HEART FAILURE WITH PULMONARY EDEMA: SBP >140mmHg 0.4 mg sublingual tablet <u>OR 0.4 mg SL spray</u>	
Pediatric Dose / Route	CONTACT MEDICAL DIRECTION FOR ORDERS	
Action(s)	• Converted to nitric acid, a reactive free radical, which indirectly stimulates release of calcium ions from smooth muscle fibers, causing muscle relaxation and vasodilation. System vasodilation increases venous capacitance and decreases arteriole resistance, reducing preload and afterload, subsequently lowering myocardial oxygen demand	
Indications	<ul> <li>Ischemic chest pain (angina, AMI), pulmonary edema.</li> </ul>	
Contra- indications	<ul> <li>Elevated ICP</li> <li>hypotension</li> <li>hypovolemia</li> <li>Caution of history of glaucoma</li> <li>Certain oral medications may potentiate the effect of nitrates <ul> <li>Erectile dysfunction / BPH</li> <li>Viagra (sildenafil)</li> <li>Levitra (vardenafil)</li> <li>Cialis (tadalafil)</li> <li>Adcirca (tadalafil)</li> <li>Staxyn (vardenafil)</li> <li>Pulmonary hypertension</li> <li>Revatio (sildenafil)</li> <li>Adempas (riociguat)</li> </ul> </li> </ul>	
Side Effects	<ul> <li>Headache, hypotension, nausea/vomiting, flushing, orthostatic hypotension/syncope.</li> </ul>	

NITROUS OXIDE (NITRONOX®)	
	Classification: Inhaled Analgesic Agent
Adult Dose / Route	PAIN CONTROL: Provides 50% oxygen and 50% nitrous oxide. Self-administered by demand valve mask.
Pediatric Dose / Route	PAIN CONTROL: Provides 50% oxygen and 50% nitrous oxide. Self-administered by demand valve mask.
Action(s)	• Exact mechanism of action unknown. Induces an altered perception of pain similar to that of morphine without the same cardiovascular side effects. Does not induce unconsciousness except at doses exceeding 80%. Rapid onset and short duration of effect
Indications	<ul> <li>Musculoskeletal injuries with mild-to-moderate pain (≥4/10)</li> </ul>
Contra- indications	<ul> <li>Altered mental status</li> <li>History of pulmonary disease</li> <li>Chest injury</li> <li>Alcohol or drug intoxication</li> <li>Face injuries</li> </ul>
Side Effects	<ul> <li>Numbness</li> <li>Lightheadedness</li> <li>Drowsiness/sedation</li> <li>Numbness/tingling in face</li> <li>Slurred speech</li> <li>Nausea / Vomiting</li> </ul>

NORMAL SALINE (0.9% SODIUM CHLORIDE)	
	Classification: Isotonic Crystalloid Solution
Adult Dose / Route	<ul> <li>Saline lock: 5 – 20 mL flush</li> <li>TKO: 15-30 gtts/min</li> <li>Fluid Bolus: Titrate infusion and volume based on clinical presentation, to maintain SBP &gt;90 mmHg or MAP &gt;65 mmHg; repeat as necessary. Reassess vital signs every 5 minutes and closely monitor for respiratory changes.</li> <li><u>SEPSIS</u>: Attempt to administer at least 1000 mL normal saline prior to ED arrival (attempt total recommended dose of 30 mL/kg to be continued in the ED if not completed in the field). Administer via pressure bag.</li> </ul>
Pediatric Dose / Route	Fluid Bolus: 20 mL/kg IVP; may repeat X 2 as needed to max of 60 mL/kg
Action(s)	Restores intravascular volume, improving perfusion to critical organs. Because of the isotonic nature, administered fluid remains in the extracellular compartment. Contains 154 mEq/L sodium ions and 154 mEq/L chloride ions, at a pH of 4.5 – 7.0
Indications	<ul> <li>Need for IV medication route</li> <li>Volume replacement</li> <li>Diluent for medications that need reconstitution</li> </ul>
Contra- indications	<ul> <li>Precautions:         <ul> <li>Limit volume in patients with heart failure</li> <li>Limit volume to target SBP in trauma patients</li> </ul> </li> </ul>
Side Effects	<ul> <li>Fluid overload if excess volume/infused too rapidly</li> <li>Pulmonary edema</li> <li>Acidosis resulting from high chloride load when given in large volumes</li> </ul>
Notes:	

• When giving fluid boluses, reassess vital signs every 5 min. If patient has history of heart disease or failure, reassessment should include breath sound auscultation.

• Max total of fluid boluses for medical patients (NOT including sepsis) is 1,000mL.

ONDANSETRON (ZOFRAN®)	
Clas	ssification: Serotonin 5HT3 Antagonist Antiemetic / Antinauseant
Adult Dose / Route	INITIAL MEDICAL CARE (NAUSEA, VOMITING): 4 mg oral disintegrating tablet (ODT) x 1 dose only OR 4 mg slow IV x 1 dose only.
Pediatric Dose / Route	INITIAL MEDICAL CARE (NAUSEA, VOMITING): ≥40 kg: 4 mg oral disintegrating tablet (ODT) x 1 dose only or 4 mg slow IV x 1 dose only. <a href="#ref44">&lt;40 kg</a> : 2 mg slow IV x 1 dose only. No oral dose for <40 kg.
Action(s)	<ul> <li>Selective serotonin 5-HT3 receptor antagonist. Although other neurotransmitters are involved in emetogenesis, serotonin is believed to play a major role. Blocks the 5-HT3 receptor site, stopping the vomiting reflex</li> </ul>
Indications	Nausea / Vomiting
Contra- indications	• Hypersensitivity
Side Effects	<ul> <li>Diarrhea</li> <li>Headache</li> <li>Lightheadedness</li> <li>Prolonged QT interval</li> </ul>

SODIUM BICARBONATE	
	Classification: Alkalinizing Agent, Electrolyte
Adult Dose / Route	CARDIAC ARREST: 50 mEq of 8.4% solution IV/IO after 4 <sup>th</sup> epinephrine administration ADULT CRUSH / ENTRAPMENT, UNSTABLE SUSPECTED HYPERKALEMIA: 50 mEq of 8.4% solution IV/IO STABLE SUSPECTED HYPERKALEMIA, SUSPENSION INJURIES, CYCLIC ANTIDEPRESSANT / SODIUM CHANNEL BLOCKER OVERDOSES: 1 mEq/kg of 8.4% solution IV/IO up to 50 mEq
Pediatric Dose / Route	CYCLIC ANTIDEPRESSANT / SODIUM CHANNEL BLOCKER OVERDOSES: 1 mEq/kg of 8.4% solution IV
Action(s)	<ul> <li>After IV administration, sodium bicarbonate dissociates to bicarbonate ions, which make up the base portion of the body's extracellular buffer system. Restores acid-base balance in patients with metabolic or respiratory acidosis, however resulting metabolic alkalosis can occur. Excess bicarbonate ions are excreted in urine, alkalinizing the urine. Alkalinization decreases renal absorption and increases the clearance of certain drugs, intoxicants, and weak acids.</li> <li>Slows uptake of cyclic antidepressants.</li> </ul>
Indications	<ul> <li>Cyclic antidepressant / sodium channel blocker overdose</li> <li>Hyperkalemia</li> <li>Persistent adult cardiac arrest</li> <li>Crush injuries, suspension injuries, entrapment</li> </ul>
Contra- indications	None when used as indicated.
Side Effects	<ul> <li>Minimal when used as indicated.</li> <li>Metabolic alkalosis</li> <li>Extravasation can lead to tissue necrosis</li> </ul>
NOTE: It is important to ensure prolonged adequacy of ventilation in an attempt to mitigate	

respiratory acidosis before using sodium bicarbonate in cardiac arrest.

TERBUTALINE (BRETHINE®)			
	Classification: Parenteral Beta-2 Agonist		
Adult Dose / Route	MILD WHEEZING ASSOCIATED WITH ASTHMA, COPD OR LOCALIZED ALLERGIC REACTION: 0.25 mg subcutaneously (SQ)		
Pediatric Dose / Route	12 YEARS OR OLDER, MILD WHEEZING ASSOCIATED WITH ASTHMA, COPD OR LOCALIZED ALLERGIC REACTION: 0.01 mg/kg subcutaneously (SQ) up to a maximum single dose of 0.25 mg NO REPEAT DOSE		
Action(s)	<ul> <li>Selective beta<sub>2</sub>-adrenergic bronchodilator</li> <li>Smooth muscle relaxant.</li> </ul>		
Indications	<ul> <li>Stable wheezing</li> <li>Bronchospasm in patients with asthma, COPD, emphysema, allergic reaction</li> </ul>		
Contra- indications	<ul> <li>&lt;12 years of age</li> <li>Heart Rate &gt;150 (Adults)</li> <li>Heart Rate &gt;200 (pediatric)</li> <li>Known hypersensitivity or allergy</li> <li>Use with caution in patients being treated with MAO inhibitors or tricyclic antidepressants (or within two weeks of discontinuation of same) since terbutaline action on the vascular system may be potentiated</li> <li>Terbutaline sulfate, like all sympathomimetic amines, should be used with caution in patients with cardiovascular disorders, especially coronary insufficiency, cardiac arrhythmias, and hypertension</li> </ul>		
Side Effects	<ul> <li>Nervousness</li> <li>Drowsiness</li> <li>Tremor</li> <li>Headache</li> <li>Palpitations</li> <li>Pain at injection site</li> <li>Dizziness</li> <li>Tachycardia</li> <li>Nausea / Vomiting</li> <li>Weakness</li> </ul>		

TETRACAINE 0.5% (PONTOCAINE®, TETRAVISC®)		
	Classification: Topical Ophthalmic Anesthetic	
Adult Dose / Route	OPHTHALMIC INJURIES (CHEMICAL SPLASH/BURN OR CORNEAL ABRASION): 1 drop of 0.5% solution in affected eye(s) May repeat until pain relief achieved	
Pediatric Dose / Route	OPHTHALMIC INJURIES (CHEMICAL SPLASH/BURN OR CORNEAL ABRASION): 1 drop of 0.5% solution in affected eye(s). May repeat until pain relief achieved.	
Action(s)	<ul> <li>Tetracaine blocks sodium ion channels required for the initiation and conduction of neuronal impulses, thereby inducing reversible neuromuscular blockage</li> </ul>	
Indications	<ul> <li>Pain / spasm due to corneal abrasion or chemical injury to the eye</li> <li>Anesthetic to facilitate eye irrigation</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity to tetracaine or ester-type anesthetics</li> <li>Inflamed or infected tissue</li> <li>Ruptured globe or penetrating injury</li> </ul>	
Side Effects	<ul> <li>Transient stinging for 30 seconds after instillation</li> <li>Epithelial damage if excessive or prolonged use</li> </ul>	

TRANEXAMIC ACID (LYSTEDA®, CYKLOKAPRON®)		
Classification: Synthetic Antifibrinolytic		
Adult Dose / Route	SUSPECTED TRAUMATIC HEMORRHAGE WITH HYPOTENSION:         1g in 100mL over 10 minutes x 1 dose         Post-Partum Hemorrhage (CDHEMS Only):         1g in 100mL over 10 minutes x 1 dose	
Pediatric Dose / Route	NOT APPROVED FOR PEDIATRIC USE	
Action(s)	• Hemostatic agent that binds to fibrin on the plasminogen/plasmin molecule. Prevents the binding plasminogen to fibrin, preserving and stabilizing the matrix of fibrin, subsequently diminishing the ability of plasmin to lyse fibrin clots.	
Indications	<ul> <li>Suspected or known hemorrhage with hypotension (90mmHg) AND arrival time at a Level 1 Trauma Center &gt;30 minutes from onset of injury.</li> </ul>	
Contra- indications	<ul> <li>Hypersensitivity</li> <li>Known subarachnoid or intracranial hemorrhage</li> <li>Administration &gt;3 HOURS from onset of injury</li> </ul>	
Side Effects	<ul> <li>Cerebral infarct</li> <li>Headache</li> <li>Seizure</li> <li>Hypotension</li> <li>Arterial or Venous thrombosis</li> </ul>	
Note: Tranexamio injury. Serious a	c acid must NOT be administered greater than 3 hours after onset of dverse effects can occur.	

## GENERAL

## **CHANGELOG**

EFFECTIVE: 04/02/2019

APPROVED FOR USE BY:

ALL SYSTEMS

REVIEWED: 04/01/2023

Date	Bv	SMO	Change / Rationale
		Adult Pulseless Polymorphic	Updated administration time for Magnesium sulfate;
03/25/2024	All	Ventricular Tachycardia	now states to give 2 g IV/IO over 2 minutes
		(Torsades de Pointes)	(previously 5 minutes)
03/25/2024	ΔΙΙ	Drug Appendix – Epinephrine	Added system-specific verbiage to push-dose epi in
00/20/2024		0.1mg/mL	post-cardiac arrest
		Adult Cardiac – Return of	Removed Good Samaritan EMS providers from push-
03/25/2024	All	Spontaneous Circulation	dose epinephrine: moved to right column of SMO
		(RUSC)	Lindeted Opinum (Otetus Enilentieus Desing
2/28/2024	A II	Drug Appendix Midazolam	Opdated Seizure/Status Epilepticus Dosing
2/20/2024	All	Diug Appendix – Midazolam	dose to its own heading
			Added IN dosing. Modified IN/IM dosing to mirror adult
2/28/2024	All	Pediatric Seizure/Status	dosing schedule. Added verbiage that additional
		Epilepticus	doses must be approved by Medical Direction
1/26/2024	A 11	Drug Appandix Katamina	Removed excited delirium and associated dosing
1/20/2024	All	Drug Appendix – Retainine	Removed all excited delirium verbiage
			Removed all verbiage associated with excited delirium
1/26/2024	All	Adult Behavioral Emergencies	Removed Ketamine completely
			Added de-escalation attempt verbiage
			Clarified Law Enforcement involvement verblage
9/1/2023	All	OB/GTN – Emergency	Added transport guideline verbiage
		Drug Appendix –	Updated dosing to reflect dosing of $2.5 - 3$ mg / $0.5$
9/1/2023	All	Ipratropium/Albuterol	ma
<u></u>		Pediatric Reactive Lower Airway	Updated ipratropium/albuterol (DuoNeb®) to reflect
9/1/2023	All	Disease / Asthma	dosing of 2.5 – 3 mg / 0.5 mg
		Adult Asthma or COPD with	Undated invatronium/albuteral (DuoNeb®) to reflect
9/1/2023	All	Wheezing / Reactive Airway	dosing of $2.5 - 3 \text{ mg} / 0.5 \text{ mg}$
		Disease	
7/04/0000	A 11	Adult Return of Spontaneous	Removed push-dose epinephrine for Loyola EMS;
//24/2023	All	Circulation (ROSC)	added decision table based on EMS system (Good
			Added transport decision verbiage based on patient
7/24/2023	All	OB/GYN – Emergency	presentation to direct transport of patient to
172472020	7 11	Childbirth	appropriate OB-capable facility when needed
7/4/0000	A 11		Made all decision points all caps and underlined.
7/1/2023	All	Various	Underlined all BLS/ALS and ALS identifiers
7/1/2023	All	Various	Replaced verbiage "en route" to "while transporting"
7/1/2023	All	Various	Replaced verbiage 'q' to 'every'
7/1/2023	All	Pediatric Post-Intubation	New SMO
11 11 2020	7 11	Sedation	
7/1/2023	All	Adult OB/GYN Delivery	Separated into individual SMOs; Added "clock icon" to
		Complications	Shoulder Dystocia, Prolapsed Cord, and Breech Birth
7/1/2023	All	START® / JumpSTART®	MOVed SMOS out of Trauma and Into new Disaster /
		Pediatric Abdominal/Pelvic	
7/1/2023	All	Iniuries	New SMO
7/1/2023	All	Adult Abdominal/Pelvic Iniuries	New SMO
7/1/0000	A 11	Adult Return of Spontaneous	New CMO
1/1/2023	All	Circulation (ROSC)	

			SMOs removed; Morgan Lens SMO placed in Trauma
7/1/2023	All	Addendum Section	section; Non-Traumatic Cardiac Arrest placed in
			Cardiac Section
7/1/2022	A 11	Pediatric Allergic Reaction:	Separated non-anaphylaxis and anaphylaxis into
1/1/2023	All	Anaphylaxis	individual SMOs
7/4/0000	A 11	Pediatric Allergic Reaction: Non-	Separated non-anaphylaxis and anaphylaxis into
7/1/2023	All	Anaphylaxis	individual SMOs
7/4/0000		Adult Allergic Reaction:	Separated non-anaphylaxis and anaphylaxis into
7/1/2023	All	Anaphylaxis	individual SMOs
7///0000		Adult Allergic Reaction: Non-	Separated non-anaphylaxis and anaphylaxis into
7/1/2023	All	Anaphylaxis	individual SMOs
7/1/2023	All	Adult Post-Intubation Sedation	New SMO
7/4/0000			Re-titled SMO to "Adult Asthma or COPD with
7/1/2023	All	Adult Asthma	Wheezing / Reactive Airway Disease"
7/4/0000			Altered verbiage regarding airway management, de-
7/1/2023	All	Pediatric Inhalation Burns	emphasized intubation
= / / / 0.000			Altered verbiage regarding airway management, de-
7/1/2023	All	Adult Inhalation Burns	emphasized intubation
			New SMO: Removed Parkland Formula, replaced with
		Pediatric Burns – General	flat fluid rate infusion of 500 ml /hr: Added verbiage
7/1/2023	All	Guidelines	regarding avoiding IM/SO medication administration
			through hurned tissue
			New SMO: Undated fluid flow rate based on age:
7/1/2023		Adult Burns – General	Added verbiage regarding avoiding IM/SO medication
111/2025		Guidelines	administration through hurned tissue
			Created new SMO section: existing SMOs broken out
7/1/2023	All	Pediatric Burns	into individual documents
			Created new SMO section: existing SMOs broken out
7/1/2023	All	Adult Burns	into individual documents
7/1/2022	A II	Rediatria Classow Come Scale	Moved to "Concred SMO" agostion
7/1/2023		Adult Glasgow Coma Scale	Moved to "General SMO" section
7/1/2023		Adult Glasgow Coma Scale	All Tax SMOs broken apart into individual SMOs
7/1/2023		Adult Toxicological Section	All Tox SMOs broken apart into individual SMOs
7/1/2023		Adult Toxicological Section	All Tox SMOs broken apart into individual SMOs
7/1/2023		Drug Appondix	All Trauma Sivios broken apart into individual Sivios
7/1/2023	All		Added Levelbuterel (Venenev®)
7/1/2023	All	Drug Appendix	Added Levalbulerol (Abutaral (DuaNab®)
7/1/2023	All	Drug Appendix Dedictric Consis	
7/1/2023	All	Pediatric Sepsis	
7/1/2023	All	Pediatric Hemorrhagic Shock	
7/1/2023	All	Adult Hemorrhagic Shock	New SMO
7/1/2023	All	Pediatric Hypovolemic Shock	
7/1/2023	All	Adult Hypovolemic Shock	
7/1/2023	All		
7/1/2023	All	Adult Blast Injuries	
7/1/2023	All	Pediatric High-Altitude	New SMO
		Emergencies	
7/1/2023	All	Pediatric Diving / SCUBA	New SMO
		Emergencies	
//1/2023	All	Adult High-Altitude Emergencies	New SMO
7/1/2023	All	Adult Diving / SCUBA	New SMO
		Emergencies	
			Documented fully reformatted; new section headers
4/01/2022	All	ALL	created; SMOs moved to new locations throughout
			document. New color scheme applied.
4/02/2022		Various	Replaced terminology "Medical Control" with "Medical
			Direction" in accordance with IDPH guidance
7/31/2022		Withdrawing or Withholding	Revised POLST to remove witness signature
1/01/2022		Resuscitation	requirement

7/31/2022	All	Withdrawing or Withholding Resuscitation	Added POLST Notes that Illinois POLST form is preferred but other forms are acceptable as long as they meet criteria
10/1/2021	All	Adult Torsades de Pointes	SMO REINSERTED with MAGNESIUM SUI FATE
10/1/2021	All	Adult Acute Asthma	
10/1/2021	All	Adult OB Pre-Eclampsia + Eclampsia	RE-TITLED SMO. Added MAGNESIUM SULFATE.
10/1/2021	All	Peds Resp Distress – Reactive Lower Airway Disease	Added MAGNESIUM SULFATE
10/1/2021	CDH	Addendum – System - Specific SMOs	Added <u>MAGNESIUM SULFATE</u> to <u>ADULT</u> and <u>PEDS</u> Asthma
10/1/2021	All	Drug Appendix	Added MAGNESIUM SULFATE
10/1/2021	All	Adult Behavioral	Clarified verbiage of Excited Delirium use of KETAMINE
10/1/2021	All	Adult Supraventricular Bradycardia	Added clarifying language to SMO definition of Unstable
10/1/2021	All	Adult Narrow Complex Tachycardia	Added clarifying language to SMO definition of Unstable
10/1/2021	All	Opioid OD & Narcan Drug Appendix	Standardized the dose timing to 2 minutes
5/10/2021	CDH	Addendum	Added <u>ADULT</u> and <u>PEDIATRIC</u> Respiratory Distress SMOs (with Terbutaline, System-Specific)
5/10/2021	CDH	Drug Appendix	Added TERBUTALINE to Drug Appendix
5/10/2021	Edward	Addendum	Added ADULT NON-TRAUMATIC CARDIAC ARREST SMO (System-Specific)
2/12/2020	DS	Trauma Field Triage Guidelines	Changed "intubated" to "advanced airway" to accommodate non-ET advanced airways
2/12/2020	DS	Peds Respiratory Arrest	Dextrose hyperlink fixed (benzocaine)
2/12/2020	All	Peds Initial Trauma Care	Atropine hyperlink fixed (aspirin)
2/12/2020	All	Peds Anaphylaxis	Epinephrine 1:1000, took out "May repeat IV q 3 min" following IM dosing
2/12/2020	All	Drug Appendix Atropine	Added /kg to Muscarinic poisoning dosing
2/12/2020	All	Peds Tox Muscarinic	Atropine hyperlink fixed (aspirin)
2/12/2020	All	Drug Appendix Albuterol	Changed drug appendix to match SMO (Albuterol, may repeat x 1)
8/27/2019	PS	Drug Appendix Atropine	Classification was misspelled – anticholinergic
8/27/2019	PS	Drug Appendix Albuterol	Concentration under Hyperkalemia was corrected – 5 mg (6 mL)
8/27/2019	PS	Drug Appendix Amiodarone	Corrected spelling error in Torsades de Pointes
7/23/2019	DS	Communications	Added note about calling EMS Resource Hospital for
			System-specific standing orders or procedures
7/23/2019	DS	Ketamine, Peds DAI	in both Peds DAI SMO and drug appendix
7/23/2019	DS	Ketamine, Adult DAI	Removed Hypertensive crisis verbiage from SMO and drug appendix. Added STEMI to caution list in drug appendix.
7/23/2019	DS	Adult hypoglycemia / Dextrose 10%	Changed Adult Diabetic / Hypoglycemia SMO and Drug Appendix to standardize on fluid increments to align with markings on the infusion bag.
7/23/2019	DS	Edward System-Specific Dextrose 10% SMO	Removed as redundant
7/23/2019	DS	Specialty Transport Provider List	Removed Edward Ambulance from bariatric transport list. Added note to header about as-available.
7/23/2019	DS	Epinephrine Drug Appendix	Added maximum dose for epinephrine in peds anaphylaxis
7/23/2019	DS	Peds Allergic / Anaphylaxis	Added maximum dose for epinephrine
7/23/2019	DS	Adult Sepsis	Added note about only one pressure bag infusion needed
7/23/2019	DS	Peds Versed in Drug Appendix	Changed repeat dose to match SMO verbiage

7/23/2019	ns	Initiation of ALS Care	Added note to Initiation of ALS Care about "slow"
1120/2013	DO		medication administration being over 2 minutes
3/22/2019	PS	тос	Added Adult Diabetic / Hypoglycemic – Edward SMO
3/20/2019	PS		Fixed pagination and numbering errors on several
		Addendum Adult Disbetie /	SMUS Created a system apacific SMO for Edward
3/10/2019	PS	Addendum – Adult Diabelic /	created a system-specific SMO for Edward
3/8/2010	PS	Document	Found/fixed the last occurrence of "closets"
5/0/2019	10		Added Hyperkalemia back to the table of possible
3/8/2019	PS	Adult Asystole / PEA	causes
			Revised the D-50% dosing to match tie D-10% dosing
3/8/2019	PS	Adult Diabetic / Hypoglycemic	(12.5g initial dose followed by reassessment)
2/7/0040	DO		Searched document and standardized display format
3///2019	P5	Drug Appendix Adenocard	"Adenocard (adenosine)"
			Fixed drug appendix dosing to match changes in SMO
3/7/2019	PS		(matching epi pen / kit dosing), added Cardiac Arrest
		1.1000	ET dosing for peds
3/7/2019	PS	Drug Appendix Fentanyl	Removed reference to IM, added missing IN dosing
3/7/2019	PS	Drug Appendix Versed	Re-wrote table of dosages to match SMOs, including
2/7/0040	DO	De de Dule ele es Arrest	adding some
3/7/2019	P5	Peas Puiseless Arrest	Added max dosing of amiodarone
3/ 7/2019	PS	Drug Appendix and SMO	Standardized terminology of aspirin, removing baby
			Page-by-page review and standardization of most
3/7/2019	PS	Drug Appendix	comma-separated lists into hullet lists
			Fixed drug appendix dosages for Ketamine to match
3/5/2019	PS	Drug Appendix Ketamine	new SMO dosing
0.000.000.00	50		"Special Considerations" format bold & underlined in
2/23/2019	PS	Special Considerations	SMO footers
2/22/2010	De	Childhirth SMO	Formatted all four phases of Childbirth into one large
2/23/2019	P3		SMO with hyperlinks from TOC for simplicity and flow
2/23/2019	PS	Eclampsia & Pre-Eclampsia	Added bookmarks, and hyperlinks from TOC
2/23/2019	PS	Benadryl PO	Clarified language in drug appendix which implied PO
2/20/2010			was preferred route in some non-emergent patients
2/21/2019	PS	Adult Pain	Nitrous Oxide link fixed
2/21/2019	PS	Adult IMC	Level 1 Trauma link fixed
2/21/2019	PS DC	Adult V I /pulse	VF/pV1 link fixed
2/21/2019	PS	Adult Allergic	Epi 10,000 link fixed
2/21/2019	PS	Adult Syncope	Opioid link fixed
2/21/2019	PS	Adult Seizures	Opiold link fixed
2/21/2019	PS		
2/21/2019	PS	Adult Tox	Cyanokit link fixed
2/21/2019	PS	Adult Chest Injury	SIVIR IINK TIXED
2/21/2019	PS	Crush Injury	Excessive words in hyperlink fixed
2/21/2019	PS	Chest Injury Tamponade	Bookmark fixed
2/21/2019	PS	Burns / Rule of 9s	
2/21/2019	PS		Nitrous Oxide link fixed
2/21/2019	P3	Epi 10,000 Dada Tay Oniaid	Bookmark fixed
2/21/2019	P3	Peds Tox Opiola	Bookmark fixed
2/21/2019	P3	Peas IIC Dada Dain Control	Bookmark lixed
212012019	г <b>о</b>		Changed Fontanyl and nitrous syide to link to Dede
2/20/2019	PS	Peds Musculoskeletal	Pain Control
			Entered space between 2 and mg. Fived missnelling
2/20/2019	PS	Adult Suspected Opioid	of INTURATION
2/20/2019	PS	Multiple	Search/Replace ml with ml
		Adult Pre-Eclamosia /	Fixed numbering and added Pre-eclamosia symptom
2/20/2019	PS	Eclampsia	bullet list back in
2/18/19	PS	Changelog	Added Changelog

2/18/19	PS	Newly Born Resuscitation	Hyperlink Epi Fixed
2/18/19	PS	Drug Appendix Epi 0.1 mg/mL	Fixed dosage display
2/18/19	PS	VF/pVT	Hyperlink from TOC fixed

<u>REFERENCE TABLE FOR EFFECTIVE /</u> <u>REVIEWED / REVISED DATES</u>		
PPROVED FOR USE BY:	ALL SYSTEMS	
Reviewed: N/A	REVISED: N/A	
	REVIEWED / R	

#### DOCUMENT CONTROL

# **DOCUMENT COLOR SCHEME**

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 07/01/2023

**REVIEWED: N/A** 

Table of Contents and SMO Headers			
Description	Color	Hex	
General SMO Section and SMO Header		#D9D9D9	
Adult & Pediatric Airway/Respiratory Section and SMO Header		#00CFFF	
Adult & Pediatric Cardiac Section and SMO Header		#FFF200	
Adult & Pediatric Medical Section and SMO Header		#B589D6	
Adult & Pediatric Toxicological Section and SMO Header		#FF9933	
Adult & Pediatric Environmental Section and SMO Header		#D2B48C	
Adult & Pediatric Trauma Section and SMO Header		#57C84D	
Adult & Pediatric Burns Section and SMO Header		#FF6666	
Disaster / MCI / MVI Section and SMO Header		#000000	
OB/GYN Section and SMO Header		#FF89A3	
Drug Appendix Section and SMO Header		#9CB8E7	

#### DOCUMENT CONTROL

# SMO COLOR CODING AND USAGE CHART

APPROVED FOR USE BY:

ALL SYSTEMS

EFFECTIVE: 07/01/2023

**REVIEWED: N/A** 

SMO Color Coding and Usage Chart			
Level or Tier	Color	Hex	
Assessment level, least sick – Tier 1		#A8D08D	
Assessment level, least sick – Tier 2		#C5E0B3	
Assessment level, least sick – Tier 3		#E2EFD9	
Assessment level, sicker – Tier 1		#FFD966	
Assessment level, sicker – Tier 2		#FFE599	
Assessment level, sicker – Tier 3		#FFF2CC	
Assessment level, sickest/critical – Tier 1		#FF7C80	
Assessment level, sickest/critical – Tier 2		#FF9999	
Assessment level, sickest/critical – Tier 3		#FFCCCC	
Decision point / level of care differentiation / emphasis block – Tier 1		#F4B083	
Decision point / level of care differentiation / emphasis block – Tier 2		#F7CAAC	
Decision point / level of care differentiation / emphasis block – Tier 3		#FBE4D5	
Decision point / level of care differentiation / emphasis block – Tier 1		#9CC2E5	
Decision point / level of care differentiation / emphasis block – Tier 2		#BDD6EE	
Decision point / level of care differentiation / emphasis block – Tier 3		#DEEAF6	
Decision point / level of care differentiation / emphasis block – Tier 1		#D581FF	
Decision point / level of care differentiation / emphasis block – Tier 2		#DBB7FF	
Decision point / level of care differentiation / emphasis block – Tier 3		#F0E1FF	
Decision point / level of care differentiation / emphasis block – Tier 1		#D2B48C	
Decision point / level of care differentiation / emphasis block – Tier 2		#E3CFB7	
Decision point / level of care differentiation / emphasis block – Tier 3		#F1E7DB	

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EFFECTIVE: 07/01/2023

**REVIEWED: N/A** 

CATEGORY	<u>SMO TITLE</u>		
CATEGORI	Approved for Use By:	ALL SYSTEMS	
EFFECTIVE: 07/01/2023 REVIEWED: N/A		REVISED: N/A	

- 1. SMO CATEGORY
  - Arial, all caps, size 36 font, bold
  - Black background with white lettering
  - Categories include: ADULT, PEDS, ADULT & PEDS, OB/GYN, GENERAL, and DOCUMENT CONTROL
- 2. SMO TITLE
  - Arial, all caps, size 36 font, bold/underlined
  - Format based on appropriate style gallery
    - Cell fill is mirrored based on style gallery color (refer to color scheme for Hex code)
  - Values in this field are reflected in the Table of Contents
- 3. APPROVED FOR USE BY
  - Arial, size 24, Small caps, Bold
  - System-specific SMOs will have the EMS system name listed in the box to the right of this field
    - EMS system name will be formatted as follows:
      - (1) Arial, size 24, All caps, white, with dark red fill (Hex #C00000)
- 4. EFFECTIVE / REVIEWED / REVISED
  - Arial, size 24, Small caps, Bold
  - Formatted using Style "SMO Header Details"
  - Values in these fields will populate into the reference table for effective/reviewed/revised dates